



**Come Follow Me 2022**  
**Jonah; Micah**





# COME FOLLOW ME: OLD TESTAMENT





## **Old Testament Seminary Manual**

**Although this book is clearly about the prophet Jonah, it was written by a later, unknown author (see Bible Dictionary, "Jonah"). Jonah, who was the son of Amittai, was from a town called Gath-hepher in Zebulun, a territory in Israel (see Jonah 1:1; 2 Kings 14:25). Jonah ministered and prophesied during the reign of Jeroboam II of Israel, which lasted from about 790 to 749 B.C. (see 2 Kings 14:23–25; see also Bible Chronology).**



900 BC

800 BC

700 BC

600 BC

500 BC

200 years

NORTHERN KINGDOM  
(ISRAEL)

ASSYRIA

BABYLON

Daniel

Ezekiel

Jeroboam

Jehu

Elijah

Jonah

Hosea

Amos

Elisha

Habakkuk

Jeremiah

Ahijah

Nahum

Rehoboam

Micah

Zephaniah

Joel

Isaiah

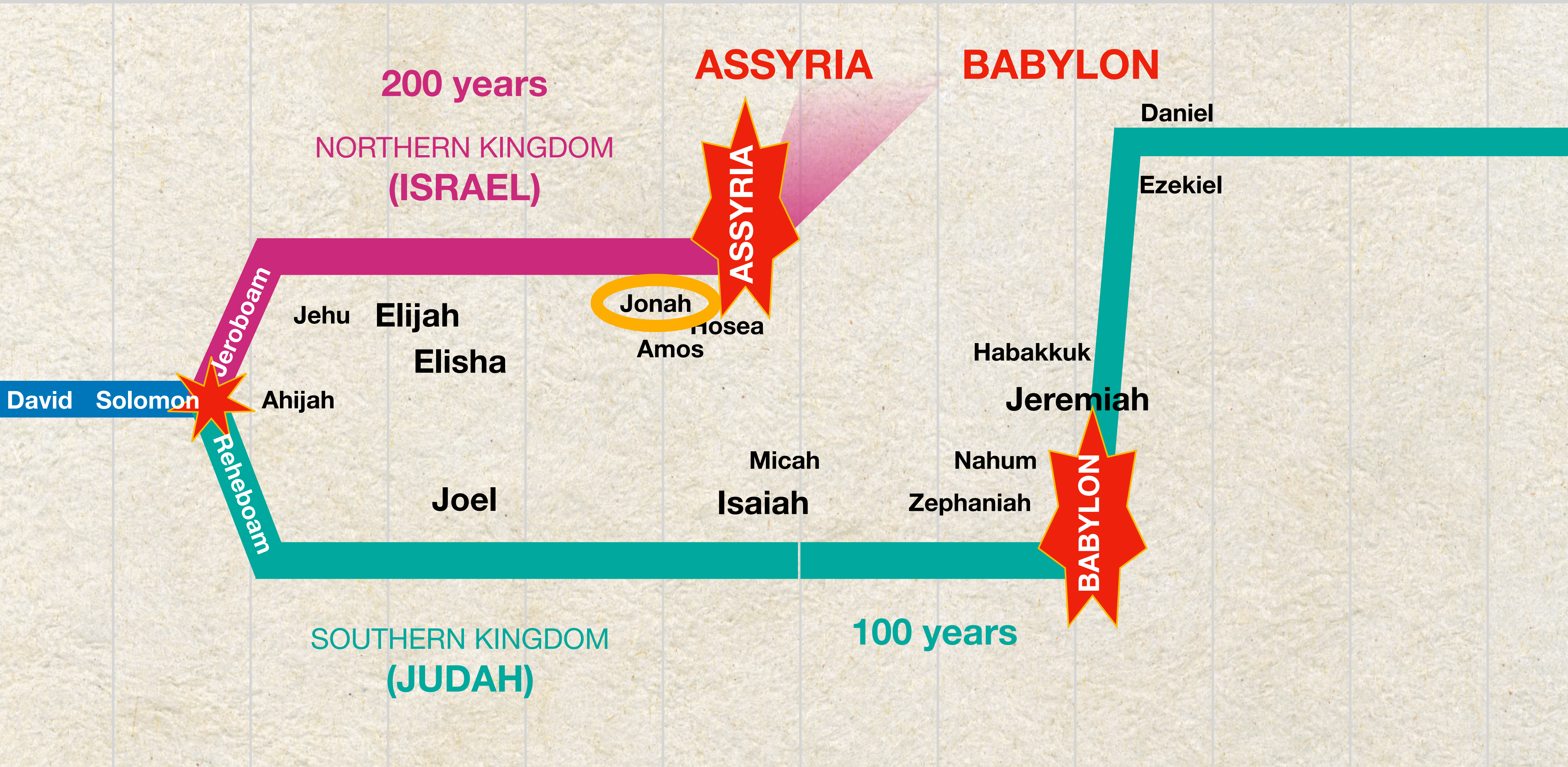
BABYLON

SOUTHERN KINGDOM  
(JUDAH)

100 years

David

Solomon





## **Old Testament Seminary Manual**

**Unlike other prophetic books in the Old Testament, the book of Jonah is not a record of Jonah's prophecies but a narrative about the prophet's experiences. The account contains details that appear to be exaggerations, which has raised questions for some readers about how much of the book is historical. Nevertheless, its literary elements make it a "beautiful poem" (Bible Dictionary, "Jonah") containing valuable lessons. Jesus Christ referred to Jonah's three days and nights in the belly of the whale as a sign of His death and Resurrection (see Matthew 12:39–40; 16:4; Luke 11:29–30).**



## **Old Testament Seminary Manual**

**Jonah's actions may reflect the hostile feelings and attitudes some Israelites held toward the Gentiles. The book's testimony of God's mercy to the Ninevites echoes the messages of Old Testament prophets who taught of God's concern for people outside of Israel (see Isaiah 49:6; 60:3; Jeremiah 16:19), and it foreshadows the future incorporation of Gentiles into the Church in New Testament times.**



# COME FOLLOW ME: OLD TESTAMENT

A scroll of aged parchment is unrolled, showing the text 'Jonah 1' written in a dark red, cursive font. The scroll is held by two wooden handles with silver-colored metal rings. The parchment is yellowed and has a slightly textured appearance.

*Jonah 1*



neither shouldst thou have <sup>a</sup>rejoiced over the children of Judah in the day of their destruction; neither shouldst thou have spoken proudly in the day of distress.

13 Thou shouldst not have entered into the gate of my people in the day of their calamity; yea, thou shouldst not have looked on their affliction in the day of their calamity, nor have laid *hands* on their substance in the day of their calamity;

14 Neither shouldst thou have stood in the crossway, to cut off those of his that did escape; neither shouldst thou have delivered up those of his that did remain in the day of distress.

15 For the <sup>a</sup>day of the LORD is near upon all the <sup>b</sup>heathen: as thou hast <sup>c</sup>done, it shall be done unto thee: thy <sup>a</sup>reward shall return upon thine own head.

16 For as ye have <sup>a</sup>drunk upon my holy mountain, so shall all the heathen drink continually, yea, they shall drink, and they shall swallow down, and they shall be as though they had not been.

17 ¶ But upon mount <sup>a</sup>Zion shall be <sup>b</sup>deliverance, and there shall be holiness; and the house of Jacob shall <sup>c</sup>possess their possessions.

18 And the house of Jacob shall be a <sup>a</sup>fire, and the house of Joseph a flame, and the house of <sup>b</sup>Esau for stubble, and they shall kindle in them, and devour them; and there shall not be *any* remaining of the house of Esau; for the LORD hath spoken *it*.

19 And *they* of the south shall possess the mount of Esau; and *they* of the plain the <sup>a</sup>Philistines: and they shall possess the fields of Ephraim, and the fields of Samaria: and Benjamin *shall possess* Gilead.

20 And the captivity of this host of the children of Israel *shall possess* that of the Canaanites, *even* unto Zarephath; and the captivity of Jerusalem, which is in Sepharad, shall possess the cities of the south.

21 And <sup>a</sup>saviours shall come up on <sup>b</sup>mount Zion to <sup>c</sup>judge the mount of Esau; and the <sup>a</sup>kingdom shall be the LORD's.

# JONAH

## CHAPTER 1

*Jonah is sent to call Nineveh to repentance—He flees on a ship, is cast into the sea, and is swallowed by a great fish.*

**N**OW the word of the LORD came unto <sup>a</sup>Jonah the son of Amittai, saying,

2 Arise, go to Nineveh, that great city, and <sup>a</sup>cry against it; for their <sup>b</sup>wickedness is come up before me.

12<sup>a</sup> Prov. 17:5.

15<sup>a</sup> Joel 3:14 (11–21).

<sup>b</sup> TG Heathen.

<sup>c</sup> Ezek. 35:15.

<sup>d</sup> TG Reward.

16<sup>a</sup> Jer. 25:28 (15–33); 49:12 (7–12).

2 Ne. 15:24; 20:17;

3 Ne. 20:16.

<sup>b</sup> Isa. 34:5;

Jer. 49:17 (7–22);

Ezek. 25:14 (12–14);

Amos 9:12.

19<sup>a</sup> Zeph. 2:5 (5–7);

Saints;

Salvation for the Dead.

<sup>b</sup> D&C 76:66.

<sup>c</sup> D&C 64:37 (31–38).

<sup>d</sup> Ps. 22:28;

2 Ne. 33:12 (11–12).

Jonah Is Thrown into the Sea

Jonah Flees the Presence of the Lord

3 But Jonah rose up to <sup>a</sup>flee unto Tarshish from the <sup>b</sup>presence of the LORD, and went down to Joppa; and he found a ship going to Tarshish: so he paid the fare thereof, and went down into it, to go with them unto Tarshish from the presence of the LORD.

4 ¶ But the LORD sent out a great wind into the sea, and there was a mighty <sup>a</sup>tempest in the sea, so that the ship was like to be broken.

5 Then the mariners were afraid, and cried every man unto his god, and cast forth the wares that *were* in the ship into the sea, to lighten *it* of them. But Jonah was gone down into the sides of the ship; and he lay, and was fast asleep.

6 So the shipmaster came to him, and said unto him, What meanest thou, O sleeper? arise, <sup>a</sup>call upon thy God, if so be that God will think upon us, that we perish not.

7 And they said every one to his fellow, Come, and let us cast lots, that we may know for whose cause this evil is upon us. So they cast lots, and the lot fell upon Jonah.

8 Then said they unto him, Tell us, we pray thee, for whose cause this evil is upon us; What is thine occupation? and whence comest thou? what is thy country? and of what people *art* thou?

9 And he said unto them, I *am* an Hebrew; and I fear the <sup>a</sup>LORD, the God of heaven, which hath made the sea and the dry *land*.

10 Then were the men exceedingly afraid, and said unto him, Why hast thou done this? For the men knew that he fled from the presence of the LORD, because he had told them.

11 ¶ Then said they unto him, What shall we do unto thee, that the sea may be calm unto us? for the sea wrought, and was tempestuous.

12 And he said unto them, Take

3<sup>a</sup> TG Procrastination.

<sup>b</sup> Ps. 139:7 (1–16).

9<sup>a</sup> TG Jesus Christ,

Jeherah

in Anticipation.

2<sup>a</sup> TG Affliction

me up, and cast me forth into the sea; so shall the sea be calm unto you: for I know that for my sake this great tempest is upon you.

13 Nevertheless the men rowed hard to bring *it* to the land; but they could not: for the sea wrought, and was tempestuous against them.

14 Wherefore they cried unto the LORD, and said, We beseech thee, O LORD, we beseech thee, let us not perish for this man's life, and lay not upon us innocent blood: for thou, O LORD, hast done as it pleased thee.

15 So they took up Jonah, and cast him forth into the sea: and the sea ceased from her raging.

16 Then the men feared the LORD exceedingly, and offered a sacrifice unto the LORD, and made vows.

17 ¶ Now the LORD had prepared a great fish to swallow up Jonah. And Jonah was in the belly of the fish <sup>a</sup>three days and three nights.

## CHAPTER 2

*Jonah prays to the Lord, and the fish vomits him out on dry ground.*

THEN Jonah prayed unto the LORD his God out of the fish's belly,

2 And said, I cried by reason of mine <sup>a</sup>affliction unto the LORD, and he heard me; out of the belly of <sup>b</sup>hell cried I, *and* thou heardest my voice.

3 For thou hadst cast me into the deep, in the midst of the seas; and the floods compassed me about: all thy billows and thy waves passed over me.

4 Then I said, I am cast out of thy sight; yet I will look again toward thy holy <sup>a</sup>temple.

5 The waters compassed me about, <sup>a</sup>even to the soul: the depth closed me round about, the weeds were wrapped about my head.

6 I went down to the bottoms of the mountains; the earth with her bars

Jonah's Prayer



# NAH

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...at

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15:24; 20:17;  
20:16.  
4:5;  
9:17 (7-22);  
25:14 (12-14);  
9:12.  
2:5 (5-7);

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6 So the shipmaster came to him, and said unto him, What meanest thou, O sleeper? arise, <sup>a</sup>call upon thy God, if so be that God will think upon us, that we perish not.

7 And they said every one to his fellow, Come, and let us cast lots,





**Jerusalem**



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*vomits him out on dry ground.*

THEN Jonah prayed unto the LORD his God out of the fish's belly,

2 And said, I cried by reason of mine <sup>a</sup>affliction unto the LORD, and he heard me; out of the belly of <sup>b</sup>hell cried I, *and* thou heardest my voice.

3 For thou hadst cast me into the deep, in the midst of the seas; and the floods compassed me about: all thy billows and thy waves passed over me.

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## Institute Manual

The Hebrew word *taneen* used in Jonah and the Greek word *katos* used in the New Testament describe any sea creature of immense proportion. Sharks are common to the Mediterranean and have throats sufficiently large to admit the body of a man. Of course, the miraculous nature of this event lies in the fact that Jonah could survive in the digestive tract of a large fish for three days as much as in the fact that he could be swallowed whole.



# COME FOLLOW ME: OLD TESTAMENT





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Jonah's Prayer

Jonah Goes to Nineveh

*was* about me for ever: yet hast thou <sup>a</sup>brought up my life from corruption, O LORD my God.

7 When my soul fainted within me I <sup>a</sup>remembered the LORD: and my <sup>b</sup>prayer came in unto thee, into thine holy <sup>c</sup>temple.

8 They that observe <sup>a</sup>lying vanities forsake their own mercy.

9 But I will sacrifice unto thee with the voice of thanksgiving; I will pay *that* that I have <sup>a</sup>vowed. <sup>b</sup>Salvation *is* of the LORD.

10 ¶ And the LORD spake unto the fish, and it vomited out Jonah upon the dry *land*.

CHAPTER 3

*Jonah prophesies the downfall of Nineveh—The people repent, and the city is saved.*

AND the word of the LORD came unto Jonah the second time, saying,

2 Arise, go unto Nineveh, that great city, and <sup>a</sup>preach unto it the preaching that I bid thee.

3 So Jonah arose, and went unto Nineveh, according to the word of the LORD. Now Nineveh was an <sup>a</sup>exceeding great city of three days' <sup>b</sup>journey.

4 And Jonah began to enter into the city a day's journey, and he cried, and said, Yet forty days, and Nineveh shall be overthrown.

5 ¶ <sup>a</sup>So the people of <sup>b</sup>Nineveh believed God, and proclaimed a <sup>c</sup>fast, and put on sackcloth, from the greatest of them even to the least of them.

6 For word came unto the king

6a TG Jesus Christ, Prophecies about.

7a Ps. 107:6 (5–6); Hel. 12:3.

b TG Prayer.

c Ps. 18:6.

8a TG Honesty.

9a TG Vow.

b TG Salvation

environs.

5a Alma 31:5.

b Matt. 12:41.

c TG Fast, Fasting.

6a Mosiah 11:25.

8a Alma 19:33;

3 Ne. 20:26.

9a JST Jonah 3:9 . . . we will repent, and turn unto

way *and repented*; and God *turned away* the evil that he had said he would *bring upon them*.

d D&C 56:4 (4–6).

4 2a TG Mercy.

b HEB relentest; i.e., Jonah knew that God could revoke the calamity.

of Nineveh, and he arose from his throne, and he laid his robe from him, and covered *him* with <sup>a</sup>sackcloth, and sat in ashes.

7 And he caused *it* to be proclaimed and published through Nineveh by the decree of the king and his nobles, saying, Let neither man nor beast, herd nor flock, taste any thing: let them not feed, nor drink water:

8 But let man and beast be covered with sackcloth, and cry mightily unto God: yea, let them <sup>a</sup>turn every one from his evil way, and from the violence that *is* in their hands.

9 Who can tell if <sup>a</sup>God will turn and repent, and turn away from his fierce anger, that we perish not?

10 ¶ And God <sup>a</sup>saw their works, that they <sup>b</sup>turned from their <sup>c</sup>evil way; and God repented of the evil, that he had said that he would do unto them; and he did *it* <sup>d</sup>not.

CHAPTER 4

*Jonah is displeased with the Lord for His mercy upon the people—The Lord rebukes him.*

BUT it displeased Jonah exceedingly, and he was very angry.

2 And he prayed unto the LORD, and said, I pray thee, O LORD, *was* not this my saying, when I was yet in my country? Therefore I fled before unto Tarshish: for I knew that thou *art* a gracious God, and <sup>a</sup>merciful, slow to anger, and of great kindness, and <sup>b</sup>repentest thee of the evil.

3 Therefore now, O LORD, take, I beseech thee, my life from me; for *it is* better for me to die than to live.



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*Jonah prophesies the downfall of Nineveh—The people repent, and the city is saved.*

AND the word of the LORD came





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2 Arise, go unto Nineveh, that  
great city, and <sup>a</sup>preach unto it the  
preaching that I bid thee.

3 So Jonah arose, and went unto  
Nineveh, according to the word  
of the LORD. Now Nineveh was an  
<sup>a</sup>exceeding great city of three days'  
<sup>b</sup>journey.

4 And Jonah began to enter into  
the city a day's journey, and he  
cried, and said, Yet forty days, and  
Nineveh shall be overthrown.

5 ¶ <sup>a</sup>So the people of <sup>b</sup>Nineveh  
believed God, and proclaimed a  
<sup>c</sup>fast, and put on sackcloth, from  
the greatest of them even to the  
least of them.

6 For word came unto the king

## CHAPTER 4

*Jonah is displeased with the Lord for  
His mercy upon the people—The Lord  
rebukes him.*

BUT it displeased Jonah exceedingly,  
and he was very angry.

2 And he prayed unto the LORD,  
and said, I pray thee, O LORD, *was*  
not this my saying, when I was yet in  
my country? Therefore I fled before  
unto Tarshish: for I knew that thou  
*art* a gracious God, and <sup>a</sup>merciful,  
slow to anger, and of great kindness,  
and <sup>b</sup>repentest thee of the evil.

3 Therefore now, O LORD, take, I  
beseech thee, my life from me; for  
*it is better for me to die than to live.*

6a TG Jesus Christ,  
Prophecies about.

7a Ps. 107:6 (5–6);  
Hel. 12:3.

1–3 P.

environs.

5a Alma 31:5.

b Matt. 12:41.

c TG Fast, Fasting.

6–7 Mos. 1:11–25

way and repented;

and God *turned away* the  
evil that he had said he  
would *bring upon them*.

1 D&C 56:1 (4, 6)



and published through Nineveh by the decree of the king and his nobles, saying, Let neither man nor beast, herd nor flock, taste any thing: let them not feed, nor drink water:

8 But let man and beast be covered with sackcloth, and cry mightily unto God: yea, let them <sup>a</sup>turn every one from his evil way, and from the violence that *is* in their hands.

9 Who can tell *if* <sup>a</sup>God will turn and repent, and turn away from his fierce anger, that we perish not?

10 ¶ And God <sup>a</sup>saw their works, that they <sup>b</sup>turned from their <sup>c</sup>evil way; and God repented of the evil, that he had said that he would do unto them; and he did *it* <sup>d</sup>not.

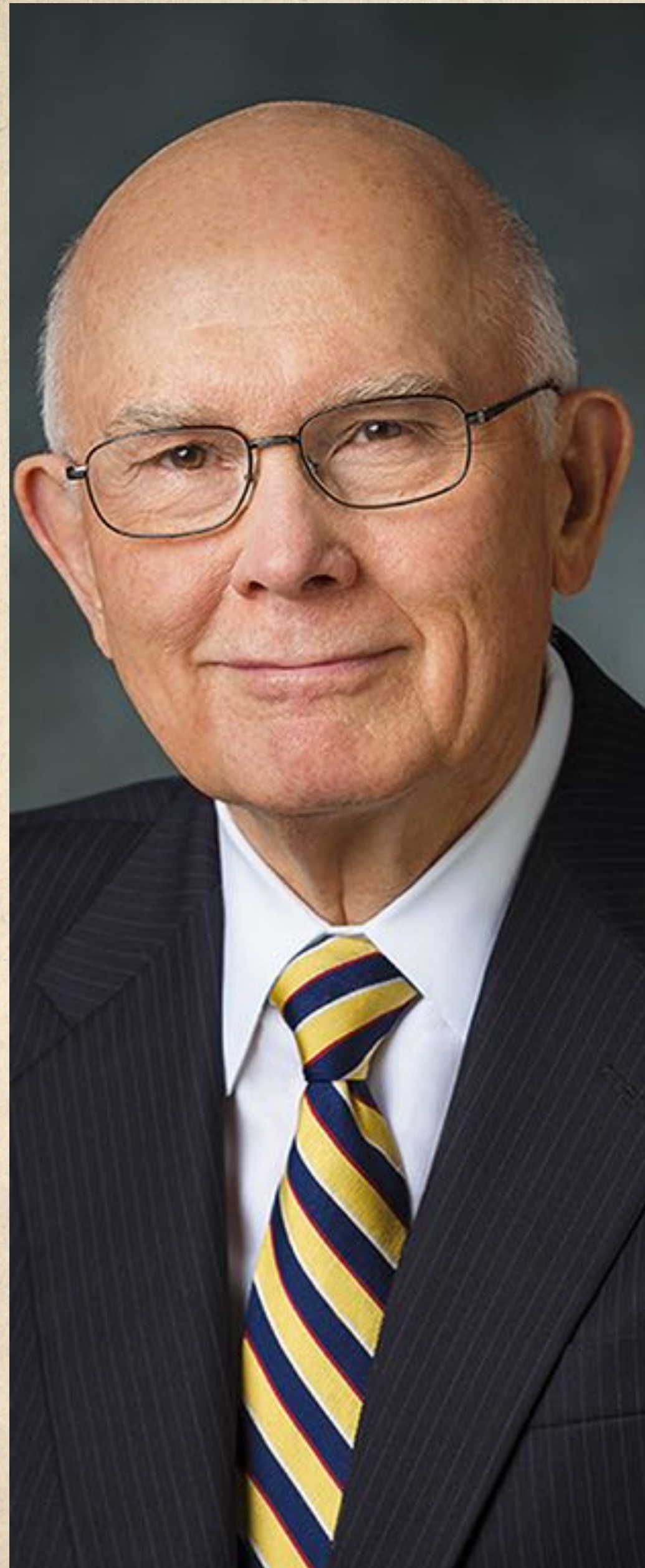
## CHAPTER 4

*Jonah is displeased with the Lord for His mercy upon the people—The Lord rebukes him.*

JST Jonah 3:9 ... we will repent, and turn unto God, but he will turn away from us his fierce anger ...

JST Jonah 3:10 ... evil way and repented; and God turned away the evil that he had said he would bring upon them.





## President Dallin H. Oaks

**“We should never set ourselves up as judges of who is ready and who is not. The Lord knows the hearts of all of His children, and if we pray for inspiration, He will help us find persons He knows to be ‘in a preparation to hear the word’ (Alma 32:6)”**

*(“Sharing the Restored Gospel,” Oct 2016 GC, Ensign or Liahona, Nov. 2016, 58–59).*



# COME FOLLOW ME: OLD TESTAMENT

A scroll of aged, yellowish parchment is unrolled, showing the text 'Jonah 4' written in a dark red, cursive font. The scroll is held by two wooden handles with silver-colored metal rings. The parchment has a slightly textured appearance and some minor discoloration.

Jonah 4



was about me for ever: yet hast thou <sup>a</sup>brought up my life from corruption, O LORD my God.

7 When my soul fainted within me I <sup>a</sup>remembered the LORD: and my <sup>b</sup>prayer came in unto thee, into thine holy <sup>c</sup>temple.

8 They that observe <sup>a</sup>lying vanities forsake their own mercy.

9 But I will sacrifice unto thee with the voice of thanksgiving; I will pay *that* that I have <sup>a</sup>vowed. <sup>b</sup>Salvation is of the LORD.

10 ¶ And the LORD spake unto the fish, and it vomited out Jonah upon the dry *land*.

### CHAPTER 3

*Jonah prophesies the downfall of Nineveh—The people repent, and the city is saved.*

AND the word of the LORD came unto Jonah the second time, saying,

2 Arise, go unto Nineveh, that great city, and <sup>a</sup>preach unto it the preaching that I bid thee.

3 So Jonah arose, and went unto Nineveh, according to the word of the LORD. Now Nineveh was an <sup>a</sup>exceeding great city of three days' <sup>b</sup>journey.

4 And Jonah began to enter into the city a day's journey, and he cried, and said, Yet forty days, and Nineveh shall be overthrown.

5 ¶ <sup>a</sup>So the people of <sup>b</sup>Nineveh believed God, and proclaimed a <sup>c</sup>fast, and put on sackcloth, from the greatest of them even to the least of them.

6 For word came unto the king

of Nineveh, and he arose from his throne, and he laid his robe from him, and covered *him* with <sup>a</sup>sackcloth, and sat in ashes.

7 And he caused *it* to be proclaimed and published through Nineveh by the decree of the king and his nobles, saying, Let neither man nor beast, herd nor flock, taste any thing: let them not feed, nor drink water:

8 But let man and beast be covered with sackcloth, and cry mightily unto God: yea, let them <sup>a</sup>turn every one from his evil way, and from the violence that *is* in their hands.

9 Who can tell *if* <sup>a</sup>God will turn and repent, and turn away from his fierce anger, that we perish not?

10 ¶ And God <sup>a</sup>saw their works, that they <sup>b</sup>turned from their <sup>c</sup>evil way; and God repented of the evil, that he had said that he would do unto them; and he did *it* <sup>a</sup>not.

### CHAPTER 4

*Jonah is displeased with the Lord for His mercy upon the people—The Lord rebukes him.*

BUT it displeased Jonah exceedingly, and he was very angry.

2 And he prayed unto the LORD, and said, I pray thee, O LORD, *was* not this my saying, when I was yet in my country? Therefore I fled before unto Tarshish: for I knew that thou *art* a gracious God, and <sup>a</sup>merciful, slow to anger, and of great kindness, and <sup>b</sup>repentest thee of the evil.

3 Therefore now, O LORD, take, I beseech thee, my life from me; for *it is better* for me to die than to live.

The People of Nineveh Repent

Jonah's Anger and the Lord's Compassion

4 ¶ Then said the LORD, Doest thou well to be angry?

5 So Jonah went out of the city, and sat on the east side of the city, and there made him a <sup>a</sup>booth, and sat under it in the shadow, till he might see what would become of the city.

6 And the LORD God prepared a <sup>a</sup>gourd, and made *it* to come up over Jonah, that it might be a shadow over his head, to deliver him from his grief. So Jonah was exceeding glad of the gourd.

7 But God prepared a worm when the morning rose the next day, and it smote the gourd that it withered.

8 And it came to pass, when the sun did arise, that God prepared a vehement <sup>a</sup>east wind; and the sun

beat upon the head of Jonah, that he fainted, and wished in himself to die, and said, *It is better* for me to die than to live.

9 And God said to Jonah, Doest thou well to be <sup>a</sup>angry for the gourd? And he said, I do well to be angry, *even* unto death.

10 Then said the LORD, Thou hast had pity on the gourd, for the which thou hast not laboured, neither madest it grow; which came up in a night, and perished in a night:

11 And should not I <sup>a</sup>spare Nineveh, that great city, wherein are more than sixscore thousand <sup>b</sup>persons that cannot <sup>c</sup>discern between their right hand and their left hand; and *also* much cattle?

## MICAH

### CHAPTER 1

*Micah prophesies the downfall of Samaria and Jerusalem.*

THE word of the LORD that came to <sup>a</sup>Micah the Morasthite in the days of <sup>b</sup>Jotham, <sup>c</sup>Ahaz, and <sup>a</sup>Hezekiah, kings of Judah, which he saw concerning Samaria and Jerusalem.

2 Hear, all ye people; hearken, O earth, and all that therein is: and let the Lord GOD be witness against you, the Lord from his holy temple.

3 For, behold, the <sup>a</sup>LORD <sup>b</sup>cometh forth out of his place, and will come down, and tread upon the high places of the earth.

4 And the <sup>a</sup>mountains shall be molten under him, and the valleys shall be cleft, as <sup>b</sup>wax before the fire, and as the waters *that are* poured down a steep place.

5 For the <sup>a</sup>transgression of Jacob is all this, and for the sins of the house of Israel. What is the transgression of Jacob? *is it* not Samaria? and what *are* the high places of Judah? *are they* not Jerusalem?

6 Therefore I will make <sup>a</sup>Samaria as an heap of the field, and as plantings of a vineyard: and I will pour down the stones thereof into the valley, and I will <sup>b</sup>discover the foundations thereof.

7 And all the graven images thereof

6a TG Jesus Christ, Prophecies about.

7a Ps. 107:6 (5–6); Hel. 12:3.

b TG Prayer.

c Ps. 18:6.

8a TG Honesty.

9a TG Vow.

environs.

5a Alma 31:5.

b Matt. 12:41.

c TG Fast, Fasting.

6a Mosiah 11:25.

8a Alma 19:33;

3 Ne. 20:26.

9a JST Jonah 3:9 . . . we will

way and repented;

and God *turned away* the evil that he had said he would *bring upon them*.

d D&C 56:4 (4–6).

4 2a TG Mercy.

b HEB relentest; i.e., Jonah knew that God could

5a OR shelter.

6a OR castor bean plant.

Spiritually Reborn.

[MICAH]

b TG Dispensations.

4a Judg. 5:5 (4–5);



great city, and <sup>a</sup>preach unto it the preaching that I bid thee.

3 So Jonah arose, and went unto Nineveh, according to the word of the LORD. Now Nineveh was an <sup>a</sup>exceeding great city of three days' <sup>b</sup>journey.

4 And Jonah began to enter into the city a day's journey, and he cried, and said, Yet forty days, and Nineveh shall be overthrown.

5 ¶ <sup>a</sup>So the people of <sup>b</sup>Nineveh believed God, and proclaimed a <sup>c</sup>fast, and put on sackcloth, from the greatest of them even to the least of them.

6 For word came unto the king

*Jonah is displeased with the Lord for His mercy upon the people—The Lord rebukes him.*

BUT it displeased Jonah exceedingly, and he was very angry.

2 And he prayed unto the LORD, and said, I pray thee, O LORD, *was not this my saying, when I was yet in my country? Therefore I fled before unto Tarshish: for I knew that thou art a gracious God, and <sup>a</sup>merciful, slow to anger, and of great kindness, and <sup>b</sup>repentest thee of the evil.*

3 Therefore now, O LORD, take, I beseech thee, my life from me; for *it is better for me to die than to live.*

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c TG Fast, Fasting.

6a Mosiah 11:25.

8a Alma 19:33:

*way and repented; and God turned away the evil that he had said he would bring upon them.*

a D&C 56:4 (4–6).

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4 ¶ Then said the LORD, Doest thou well to be angry?

5 So Jonah went out of the city, and sat on the east side of the city, and there made him a <sup>a</sup>booth, and sat under it in the shadow, till he might see what would become of the city.

6 And the LORD God prepared a <sup>a</sup>gourd, and made *it* to come up over Jonah, that it might be a shadow over his head, to deliver him from his grief. So Jonah was exceeding glad of the gourd.

7 But God prepared a worm when the morning rose the next day, and it smote the gourd that it withered.

8 And it came to pass, when the sun did arise, that God prepared a vehement <sup>a</sup>east wind; and the sun

beat upon the head of Jonah, that he fainted, and wished in himself to die, and said, *It is better for me to die than to live.*

9 And God said to Jonah, Doest thou well to be <sup>a</sup>angry for the gourd? And he said, I do well to be angry, *even* unto death.

10 Then said the LORD, Thou hast had pity on the gourd, for the which thou hast not laboured, neither madest it grow; which came up in a night, and perished in a night:

11 And should not I <sup>a</sup>spare Nineveh, that great city, wherein are more than sixscore thousand <sup>b</sup>persons that cannot <sup>c</sup>discern between their right hand and their left hand; and *also* much cattle?



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7 But God prepared a worm when the morning rose the next day, and it smote the gourd that it withered.

8 And it came to pass, when the sun did arise, that God prepared a vehement <sup>a</sup>east wind; and the sun

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11 And should not I <sup>a</sup>spare Nineveh, that great city, wherein are more than sixscore thousand <sup>b</sup>persons that cannot <sup>c</sup>discern between their right hand and their left hand; and *also* much cattle?

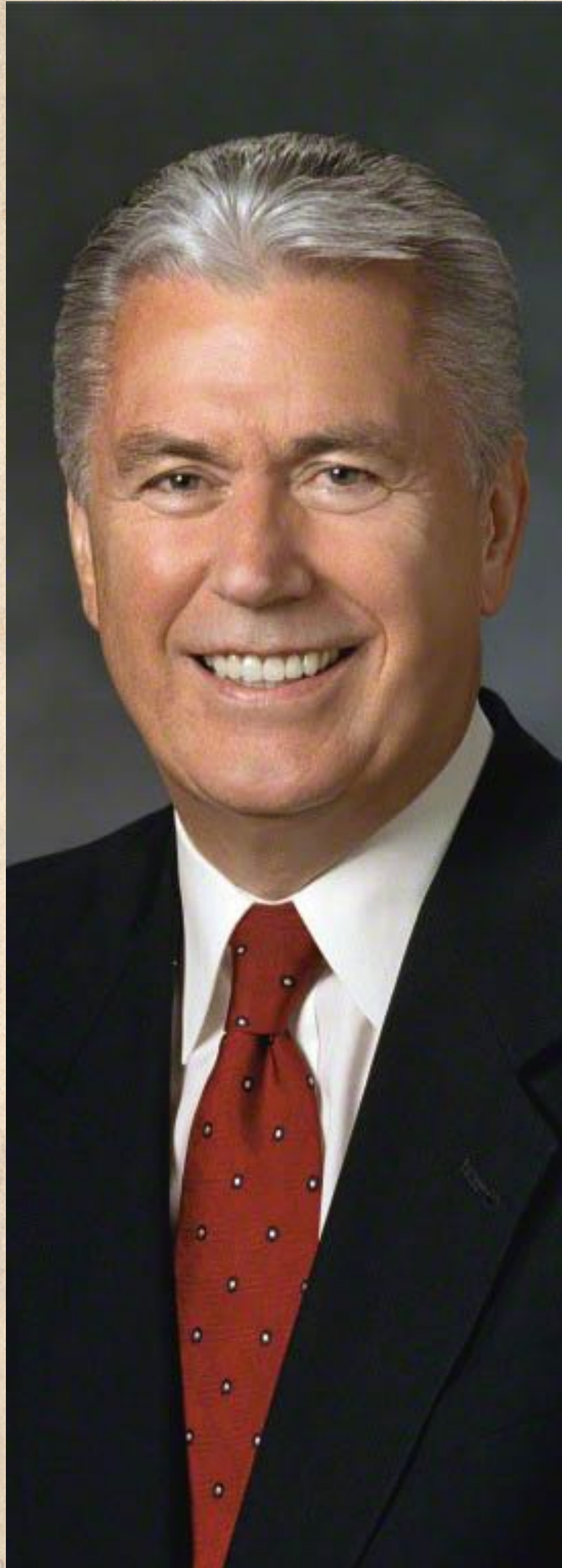


## **Dieter F. Uchtdorf**

**“When it comes to hating, gossiping, ignoring, ridiculing, holding grudges, or wanting to cause harm, please apply the following:**

**“Stop it!**

**“It’s that simple. We simply have to stop judging others and replace judgmental thoughts and feelings with a heart full of love for God and His children. ...**

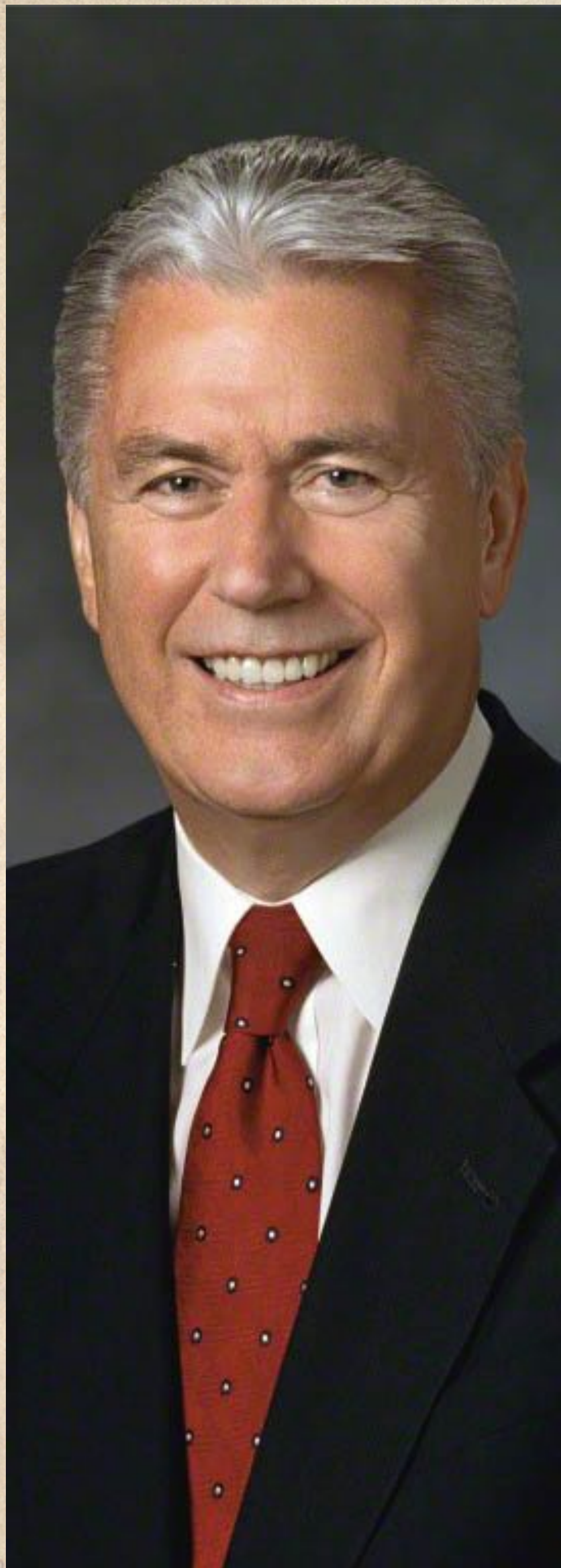




## Dieter F. Uchtdorf

**“Because we all depend on the mercy of God, how can we deny to others any measure of the grace we so desperately desire for ourselves? ...**

**“The pure love of Christ can remove the scales of resentment and wrath from our eyes, allowing us to see others the way our Heavenly Father sees us: as flawed and imperfect mortals who have potential and worth far beyond our capacity to imagine. Because God loves us so much, we too must love and forgive each other”** *(Dieter F. Uchtdorf, “The Merciful Obtain Mercy,” April 2012 GC, Ensign or Liahona, May 2012, 75–76).*





# COME FOLLOW ME: OLD TESTAMENT



Micah 1-4



## **Old Testament Seminary Manual**

**Although we do not know who wrote this book, the book contains the prophecies of the prophet Micah. Micah was from Moresheth-gath, a small rural town in the kingdom of Judah (see Micah 1:1, 14). According to Micah 1:1, Micah prophesied during the reigns of the kings Jotham, Ahaz, and Hezekiah of Judah, who ruled from about 740 to 697 B.C. Therefore, he was likely a contemporary of the prophets Amos, Hosea, Jonah, and Isaiah. Micah addressed his words to the kingdoms of Judah and Israel.**



## **Old Testament Seminary Manual**

**Micah ministered during a time when the people of Israel were thriving economically but suffering spiritually (see Thomas E. McComiskey, "Micah," in *The Expositor's Bible Commentary*, ed. Frank E. Gaebelein, 12 vols. [1976–1992], 7:395). This environment allowed for the upper class to place increasing burdens upon the lower class. Micah was particularly concerned with the oppression of the poor by the wealthy, and he counted this injustice among Judah and Israel's greatest sins.**



## **Old Testament Seminary Manual**

**Micah's origins from a small town may have given him special sensitivity to the concerns of the poor rural people of the land. Micah is the only book in the Old Testament to name Bethlehem—a town “little among the thousands of Judah” (Micah 5:2)—as the place where the Messiah would be born.**

**Like the teachings of the prophet Isaiah, many of Micah's teachings are written in the style of Hebrew poetry. Micah's prophecy of Jerusalem's destruction was remembered many years later during the time of Jeremiah (see Jeremiah 26:18).**



4 ¶ Then said the LORD, Doest thou well to be angry?

5 So Jonah went out of the city, and sat on the east side of the city, and there made him a booth, and sat under it in the shadow, till he might see what would become of the city.

6 And the LORD God prepared a gourd, and made it to come up over Jonah, that it might be a shadow over his head, to deliver him from his grief. So Jonah was exceeding glad of the gourd.

7 But God prepared a worm when the morning rose the next day, and it smote the gourd that it withered.

8 And it came to pass, when the sun did arise, that God prepared a vehement east wind; and the sun

beat upon the head of Jonah, that he fainted, and wished in himself to die, and said, *It is better for me to die than to live.*

9 And God said to Jonah, Doest thou well to be angry for the gourd? And he said, I do well to be angry, *even unto death.*

10 Then said the LORD, Thou hast had pity on the gourd, for the which thou hast not laboured, neither madest it grow; which came up in a night, and perished in a night:

11 And should not I spare Nineveh, that great city, wherein are more than sixscore thousand persons that cannot discern between their right hand and their left hand; and also much cattle?

# MICAH

## CHAPTER 1

*Micah prophesies the downfall of Samaria and Jerusalem.*

THE word of the LORD that came to Micah the Morasthite in the days of Jotham, Ahaz, and Hezekiah, kings of Judah, which he saw concerning Samaria and Jerusalem.

2 Hear, all ye people; hearken, O earth, and all that therein is: and let the Lord GOD be witness against you, the Lord from his holy temple.

3 For, behold, the LORD cometh forth out of his place, and will come down, and tread upon the high places of the earth.

4 And the mountains shall be molten under him, and the valleys shall be cleft, as wax before the fire, and as the waters that are poured down a steep place.

5 For the transgression of Jacob is all this, and for the sins of the house of Israel. What is the transgression of Jacob? is it not Samaria? and what are the high places of Judah? are they not Jerusalem?

6 Therefore I will make Samaria as an heap of the field, and as plantings of a vineyard: and I will pour down the stones thereof into the valley, and I will discover the foundations thereof.

7 And all the graven images thereof

## The Coming Destruction

shall be beaten to pieces, and all the hires thereof shall be burned with the fire, and all the idols thereof will I lay desolate: for she gathered it of the hire of an harlot, and they shall return to the hire of an harlot.

8 Therefore I will wail and howl, I will go stripped and naked: I will make a wailing like the dragons, and mourning as the owls.

9 For her wound is incurable; for it is come unto Judah; he is come unto the gate of my people, even to Jerusalem.

10 ¶ Declare ye it not at Gath, weep ye not at all: in the house of Aphrah roll thyself in the dust.

11 Pass ye away, thou inhabitant of Saphir, having thy shame naked: the inhabitant of Zaanan came not forth in the mourning of Beth-ezel; he shall receive of you his standing.

12 For the inhabitant of Maroth waited carefully for good: but evil came down from the LORD unto the gate of Jerusalem.

13 O thou inhabitant of Lachish, bind the chariot to the swift beast: she is the beginning of the sin to the daughter of Zion: for the transgressions of Israel were found in thee.

14 Therefore shalt thou give presents to Moresheth-gath: the houses of Achzib shall be a lie to the kings of Israel.

15 Yet will I bring an heir unto thee, O inhabitant of Mareshah: he shall come unto Adullam the glory of Israel.

16 Make thee bald, and poll thee for thy delicate children; enlarge thy baldness as the eagle; for they are gone into captivity from thee.

## CHAPTER 2

*The destruction of Israel is lamented—The Lord will gather the remnant of Israel.*

10a 1 Sam. 17:4.

b IE Dust or Ashes. (Each

16a OR cut off thy hair.

2 2a TG Covet.

9a Mosiah 4:12;

D&C 81:4 (3-4);

5a OR shelter.  
6a OR castor bean plant.  
8a Mosiah 7:31; 12:6.  
9a TG Anger.  
11a 2 Ne. 26:33;

Spiritually Reborn.  
[MICAH]  
1 1a Jer. 26:18.  
b Isa. 1:1.

b TG Dispensations.  
4a Judg. 5:5 (4-5);  
Isa. 64:3 (1-3);  
D&C 49:23.  
b Ps. 68:2; 97:5.



and <sup>a</sup>falsehood do lie, *saying*, I will prophesy unto thee of wine and of strong drink; he shall even be the <sup>b</sup>prophet of this people.

12 ¶ I will surely assemble, O Jacob, all of thee; I will surely <sup>a</sup>gather the <sup>b</sup>remnant of Israel; I will put them together as the sheep of <sup>c</sup>Bozrah, as the flock in the midst of their fold: they shall make great noise by reason of *the multitude of men*.

13 The breaker is come up before them: they have broken up, and have passed through the gate, and are gone out by it: and their <sup>a</sup>king shall pass before them, and the LORD on the head of them.

### CHAPTER 3

*Priests who teach for hire and prophets who divine for money bring a curse upon the people.*

AND I said, Hear, I pray you, O heads of Jacob, and ye princes of the house of Israel; *Is it not for you to know judgment?*

2 Who hate the good, and love the evil; who pluck off their skin from off them, and their flesh from off their bones;

3 Who also eat the flesh of my people, and flay their skin from off them; and they break their bones, and chop them in pieces, as for the pot, and as flesh within the caldron.

4 Then shall they <sup>a</sup>cry unto the LORD, but he will not hear them: he will even hide his face from them at that time, as they have behaved themselves ill in their doings.

5 ¶ Thus saith the LORD concerning the <sup>a</sup>prophets that make my people

err, that bite with their teeth, and cry, <sup>b</sup>Peace; and he that putteth not into their mouths, they even prepare <sup>c</sup>war against him.

6 Therefore <sup>a</sup>night *shall be* unto you, that ye shall not have a vision; and it shall be dark unto you, that ye shall not <sup>b</sup>divine; and the <sup>c</sup>sun shall go down over the <sup>a</sup>prophets, and the day shall be dark over them.

7 Then shall the seers be <sup>a</sup>ashamed, and the <sup>b</sup>diviners confounded: yea, they shall all cover their lips; for *there is* <sup>c</sup>no answer of God.

8 ¶ But truly I am full of <sup>a</sup>power by the <sup>b</sup>spirit of the LORD, and of judgment, and of might, to declare unto Jacob his <sup>c</sup>transgression, and to Israel his sin.

9 Hear this, I pray you, ye heads of the house of Jacob, and princes of the house of Israel, that abhor judgment, and pervert all equity.

10 They build up Zion with blood, and Jerusalem with iniquity.

11 The heads thereof judge for reward, and the priests thereof teach for hire, and the <sup>a</sup>prophets thereof divine for <sup>b</sup>money: yet will they lean upon the LORD, and say, *Is not the LORD among us? none evil can come upon us.*

12 Therefore shall Zion for your <sup>a</sup>sake be <sup>b</sup>plowed *as a field*, and <sup>c</sup>Jerusalem shall become <sup>a</sup>heaps, and the mountain of <sup>e</sup>the house as the high places of the forest.

### CHAPTER 4

*In the last days, the temple will be built, Israel will gather to it, the millennial era will commence, and the Lord will reign in Zion.*

## Rulers and Prophets Denounced

## The Mountain of the Lord

BUT in the last days it shall come to pass, *that* the <sup>a</sup>mountain of the house of the LORD shall be <sup>b</sup>established in the top of the mountains, and it shall be exalted above the hills; and people shall flow unto it.

2 And many nations shall come, and say, Come, and let us go up to the <sup>a</sup>mountain of the LORD, and to the house of the God of Jacob; and he will teach us of his ways, and we will <sup>b</sup>walk in his paths: for the <sup>c</sup>law shall go forth of <sup>d</sup>Zion, and the word of the LORD from <sup>e</sup>Jerusalem.

3 ¶ And he shall judge among many people, and rebuke strong nations afar off; and they shall beat their <sup>a</sup>swords into plowshares, and their spears into pruninghooks: nation shall not lift up a sword against nation, neither shall they learn <sup>b</sup>war any more.

4 But they shall sit every man under his <sup>a</sup>vine and under his fig tree; and none shall make *them* afraid: for the mouth of the LORD of hosts hath spoken *it*.

5 For all people will walk every one in the <sup>a</sup>name of his god, and we will walk in the <sup>b</sup>name of the LORD our God for ever and ever.

6 In that day, saith the LORD, will I assemble her that <sup>a</sup>halteth, and I will <sup>b</sup>gather her that is driven out, and her that I have afflicted;

7 And I will make her that halted a remnant, and her that was cast far off a strong nation: and the LORD shall <sup>a</sup>reign over them in mount <sup>b</sup>Zion from henceforth, even for ever.

8 ¶ And thou, O tower of the flock, the strong hold of the daughter of Zion, unto thee shall it come, even the first dominion; the kingdom

shall come to the daughter of Jerusalem.

9 Now why dost thou cry out aloud? *is there* no king in thee? is thy counsellor perished? for pangs have taken thee as a woman in travail.

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13 Arise and thresh, O daughter of Zion: for I will make thine horn iron, and I will make thy hoofs brass: and thou shalt <sup>a</sup>beat in pieces many people: and I will <sup>b</sup>consecrate their gain unto the LORD, and their substance unto the Lord of the whole earth.

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## **Old Testament Institute Manual** *(James Moffatt, A New Translation of the Bible [1954], p. 1009.)*

### **Literal Translation - Micah 1:10–14**

“Weep tears at Teartown (Bochim),  
grovel in the dust at Dustown (Beth-ophrah)  
fare forth stripped, O Fairtown (Saphir)!  
Stirtown (Zaanán) dare not stir,

Beth-êsel ...

And Maroth hopes in vain;  
for doom descends from the Eternal  
to the very gates of Jerusalem.

“To horse and drive away, O Horsetown (Lakhish)

O source of Sion’s sin,  
where the crimes of Israel centre!  
O maiden Sion, you must part with  
Morêsheth of Gath;  
and Israel’s kings are ever balked  
at Balkton (Achzib).”

### **KJV Translation - Micah 1:10–14**

10 ¶ Declare ye it not at Gath, weep ye not at all: in the house of Aphrah roll thyself in the dust.

11 Pass ye away, thou inhabitant of Saphir, having thy shame naked: the inhabitant of Zaanán came not forth in the mourning of Beth-ezel; he shall receive of you his standing.

12 For the inhabitant of Maroth waited carefully for good: but evil came down from the Lord unto the gate of Jerusalem.

13 O thou inhabitant of Lachish, bind the chariot to the swift beast: she is the beginning of the sin to the daughter of Zion: for the transgressions of Israel were found in thee.

14 Therefore shalt thou give presents to Moresheth-gath: the houses of Achzib shall be a lie to the kings of Israel.



and <sup>a</sup>falsehood do lie, *saying*, I will prophesy unto thee of wine and of strong drink; he shall even be the <sup>b</sup>prophet of this people.

12 ¶ I will surely assemble, O Jacob, all of thee; I will surely <sup>a</sup>gather the <sup>b</sup>remnant of Israel; I will put them together as the sheep of <sup>c</sup>Bozrah, as the flock in the midst of their fold: they shall make great noise by reason of *the multitude of men*.

13 The breaker is come up before them: they have broken up, and have passed through the gate, and are gone out by it: and their <sup>a</sup>king shall pass before them, and the LORD on the head of them.

### CHAPTER 3

*Priests who teach for hire and prophets who divine for money bring a curse upon the people.*

AND I said, Hear, I pray you, O heads of Jacob, and ye princes of the house of Israel; *Is it not for you to know judgment?*

2 Who hate the good, and love the evil; who pluck off their skin from off them, and their flesh from off their bones;

3 Who also eat the flesh of my people, and flay their skin from off them; and they break their bones, and chop them in pieces, as for the pot, and as flesh within the caldron.

4 Then shall they <sup>a</sup>cry unto the LORD, but he will not hear them: he will even hide his face from them at that time, as they have behaved themselves ill in their doings.

5 ¶ Thus saith the LORD concerning the <sup>a</sup>prophets that make my people

err, that bite with their teeth, and cry, <sup>b</sup>Peace; and he that putteth not into their mouths, they even prepare <sup>c</sup>war against him.

6 Therefore <sup>a</sup>night shall be unto you, that ye shall not have a vision; and it shall be dark unto you, that ye shall not <sup>b</sup>divine; and the <sup>c</sup>sun shall go down over the <sup>a</sup>prophets, and the day shall be dark over them.

7 Then shall the seers be <sup>a</sup>ashamed, and the <sup>b</sup>diviners confounded: yea, they shall all cover their lips; for *there is* <sup>c</sup>no answer of God.

8 ¶ But truly I am full of <sup>a</sup>power by the <sup>b</sup>spirit of the LORD, and of judgment, and of might, to declare unto Jacob his <sup>c</sup>transgression, and to Israel his sin.

9 Hear this, I pray you, ye heads of the house of Jacob, and princes of the house of Israel, that abhor judgment, and pervert all equity.

10 They build up Zion with blood, and Jerusalem with iniquity.

11 The heads thereof judge for reward, and the priests thereof teach for hire, and the <sup>a</sup>prophets thereof divine for <sup>b</sup>money: yet will they lean upon the LORD, and say, *Is not the LORD among us?* none evil can come upon us.

12 Therefore shall Zion for your <sup>a</sup>sake be <sup>b</sup>plowed as a field, and <sup>c</sup>Jerusalem shall become <sup>a</sup>heaps, and the mountain of <sup>e</sup>the house as the high places of the forest.

### CHAPTER 4

*In the last days, the temple will be built, Israel will gather to it, the millennial era will commence, and the Lord will reign in Zion.*

## Rulers and Prophets Denounced

## The Mountain of the Lord

BUT in the last days it shall come to pass, *that* the <sup>a</sup>mountain of the house of the LORD shall be <sup>b</sup>established in the top of the mountains, and it shall be exalted above the hills; and people shall flow unto it.

2 And many nations shall come, and say, Come, and let us go up to the <sup>a</sup>mountain of the LORD, and to the house of the God of Jacob; and he will teach us of his ways, and we will <sup>b</sup>walk in his paths: for the <sup>c</sup>law shall go forth of <sup>d</sup>Zion, and the word of the LORD from <sup>e</sup>Jerusalem.

3 ¶ And he shall judge among many people, and rebuke strong nations afar off; and they shall beat their <sup>a</sup>swords into plowshares, and their spears into pruninghooks: nation shall not lift up a sword against nation, neither shall they learn <sup>b</sup>war any more.

4 But they shall sit every man under his <sup>a</sup>vine and under his fig tree; and none shall make *them* afraid: for the mouth of the LORD of hosts hath spoken *it*.

5 For all people will walk every one in the <sup>a</sup>name of his god, and we will walk in the <sup>b</sup>name of the LORD our God for ever and ever.

6 In that day, saith the LORD, will I assemble her that <sup>a</sup>halteth, and I will <sup>b</sup>gather her that is driven out, and her that I have afflicted;

7 And I will make her that halted a remnant, and her that was cast far off a strong nation: and the LORD shall <sup>a</sup>reign over them in mount <sup>b</sup>Zion from henceforth, even for ever.

8 ¶ And thou, O tower of the flock, the strong hold of the daughter of Zion, unto thee shall it come, even the first dominion; the kingdom

shall come to the daughter of Jerusalem.

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# COME FOLLOW ME: OLD TESTAMENT





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The Lord Shall Rescue Zion

The Ruler to Be Born in Bethlehem

*though* thou be little among the thousands of <sup>b</sup>Judah, yet out of thee shall he come forth unto me *that is* to be <sup>c</sup>ruler in Israel; whose goings forth *have been* from of old, from <sup>d</sup>everlasting.

3 Therefore will he give them up, until the time *that* she which travaileth hath brought forth: then the <sup>a</sup>remnant of his brethren shall return unto the children of Israel.

4 ¶ And he shall stand and <sup>a</sup>feed in the <sup>b</sup>strength of the LORD, in the majesty of the name of the LORD his God; and they shall abide: for now shall he be great unto the ends of the earth.

5 And this *man* shall be the <sup>a</sup>peace, when the Assyrian shall come into our land: and when he shall tread in our palaces, then shall we raise against him seven shepherds, and eight principal men.

6 And they shall waste the land of Assyria with the sword, and the land of <sup>a</sup>Nimrod in the entrances thereof: thus shall he deliver *us* from the Assyrian, when he cometh into our land, and when he treadeth within our borders.

7 And the remnant of Jacob shall be in the midst of many people as a dew from the LORD, as the showers upon the grass, that tarrieth not for man, nor waiteth for the sons of men.

8 ¶ And the <sup>a</sup>remnant of Jacob shall be among the Gentiles in the midst of many people as a <sup>b</sup>lion among the beasts of the forest, as a young <sup>c</sup>lion among the flocks of <sup>d</sup>sheep: who, if he go through, both treadeth down, and teareth in pieces, and none can deliver.

9 Thine hand shall be lifted up upon thine adversaries, and all thine enemies shall be cut off.

10 And it shall come to pass in

that day, saith the LORD, that I will cut off thy <sup>a</sup>horses out of the midst of thee, and I will destroy thy chariots:

11 And I will cut off the cities of thy land, and throw down all thy strong holds:

12 And I will cut off witchcrafts out of thine hand; and thou shalt have no *more* <sup>a</sup>soothsayers:

13 Thy graven images also will I cut off, and thy standing images out of the midst of thee; and thou shalt no more worship the work of thine hands.

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#### CHAPTER 6

*In spite of all His goodness to them, the people have not served the Lord in spirit and in truth—They must act righteously, love mercy, and walk humbly before Him.*

HEAR ye now what the LORD saith; Arise, contend thou before the mountains, and let the hills hear thy voice.

2 Hear ye, O mountains, the LORD's <sup>a</sup>controversy, and ye strong foundations of the earth: for the LORD hath a controversy with his people, and he will <sup>b</sup>plead with Israel.

3 O my people, what have I done unto thee? and wherein have I wearied thee? testify against me.

4 For I brought thee up out of the land of Egypt, and <sup>a</sup>redeemed thee out of the house of servants; and I sent before thee Moses, Aaron, and Miriam.

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11a Joel 3:2 (1-2, 9-14);

2b Isa. 11:1;  
Heb. 7:14.

5a 2 Ne. 19:6;  
D&C 19:23; 27:16; 111:8.

10a Hag. 2:22 (20-23);  
Zech. 9:10 (9-11).

A Remnant Shall Be Delivered

The Indictment of the Lord



## Institute Manual

**Ironically, this prophecy was used by some of the Jews to try to disprove that Jesus was the Messiah. Not knowing that he was born in Bethlehem but thinking he was from Nazareth, these people cited Micah to show that Jesus could not be the Messiah (see John 7:40–43).**

**2 But thou, <sup>a</sup>Beth-lehem Ephratah,**

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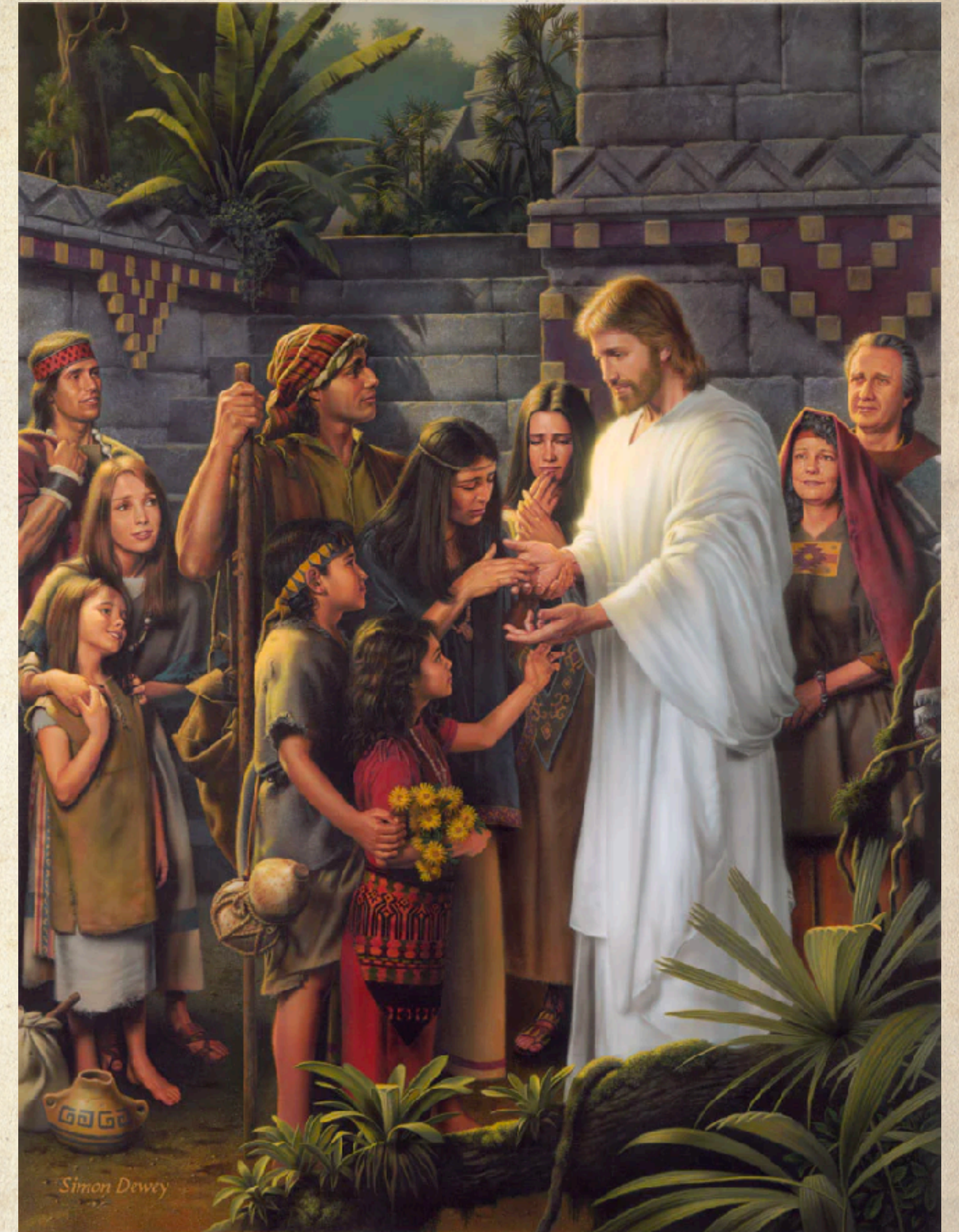
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5 O my people, remember now



## Bruce R. McConkie

**“These words of our Lord to the Nephites are quoted from Micah 5:8–9 and have reference to the desolations and ultimate burning that shall destroy the wicked at the Second Coming. ... The righteous—here called the remnant of Jacob—shall abide the day. And then, in the prophetic imagery, it will be as though the remnant of Israel overthrew their enemies as a young lion among the flocks of sheep”** (*Bruce R. McConkie, The Millennial Messiah: The Second Coming of the Son of Man* [1982], 248).







**It is well known that the Savior quoted Isaiah and the Psalms. Did you know that He also quoted Micah several times?**

- **In 3 Nephi 20:18-20, Jesus quotes Micah 4:11-13**
- **In 3 Nephi 21:12-21, Jesus quotes Micah 5:8-15**
- **In Matthew 10:35-36, Jesus quotes Micah 7:5-7**



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The Indictment of the Lord

What Does the Lord Require?

Destruction of the Wicked

what <sup>a</sup>Balak king of Moab consulted, and what Balaam the son of Beor answered him from Shittim unto Gilgal; that ye may know the righteousness of the LORD.

6 ¶ Wherewith shall I come before the LORD, *and* bow myself before the high God? shall I come before him with burnt offerings, with calves of a year old?

7 Will the LORD be pleased with thousands of <sup>a</sup>rams, or with ten thousands of rivers of oil? shall I give my <sup>b</sup>firstborn for my <sup>c</sup>transgression, the fruit of my body for the sin of my soul?

8 He hath shewed thee, O man, what is good; and what doth the LORD <sup>a</sup>require of thee, but to do <sup>b</sup>justly, and to love <sup>c</sup>mercy, and to <sup>d</sup>walk <sup>e</sup>humbly with thy God?

9 The LORD’s voice crieth unto the city, and *the man of wisdom* shall see thy name: hear ye the rod, and who hath appointed it.

10 ¶ Are there yet the <sup>a</sup>treasures of wickedness in the house of the wicked, and the scant measure *that* is abominable?

11 Shall I count *them* <sup>a</sup>pure with the wicked <sup>b</sup>balances, and with the bag of deceitful weights?

12 For the rich men thereof are full of <sup>a</sup>violence, and the inhabitants thereof have spoken lies, and their tongue is deceitful in their mouth.

13 Therefore also will I make *thee* sick in smiting thee, in making *thee* desolate because of thy sins.

14 Thou shalt eat, but not be <sup>a</sup>satisfied; and <sup>b</sup>thy casting down *shall be* in the midst of thee; and thou shalt take hold, but shalt not deliver; and *that* which thou deliverest will I give up to the sword.

5a Num. 22:2 (2–5).

7a 1 Sam. 15:22;  
Heb. 10:6 (4–6).

b TG Firstborn.

c TG Transgression.

c TG Mercy.

d TG Walking with God.

e TG Children of Light;

Humility.

10a TG Treasure.

15 Thou shalt <sup>a</sup>sow, but thou shalt not reap; thou shalt tread the olives, but thou shalt not anoint thee with oil; and sweet wine, but shalt not drink wine.

16 ¶ For the statutes of <sup>a</sup>Omri are kept, and all the works of the house of Ahab, and ye walk in their counsels; that I should make thee a <sup>b</sup>desolation, and the inhabitants thereof an hissing: therefore ye shall bear the <sup>c</sup>reproach of my people.

#### CHAPTER 7

*Though the people of Israel have rebelled, yet in the last days the Lord will have mercy on them—He will have compassion and pardon their iniquities.*

WOE is me! for I am as when they have gathered the summer fruits, as the grape gleanings of the vintage: *there is no cluster to eat*: my soul desired the firstripe fruit.

2 The good *man* is perished out of the earth: and *there is none* upright among men: they all lie in wait for blood; they hunt every man his <sup>a</sup>brother with a net.

3 ¶ That they may do evil with both hands earnestly, the prince asketh, and the judge *asketh* for a reward; and the great *man*, he uttereth his mischievous desire: so they wrap it up.

4 The best of them is as a brier: the most upright *is sharper* than a thorn hedge: the day of thy watchmen *and thy* <sup>a</sup>visitation cometh; now shall be their perplexity.

5 ¶ <sup>a</sup>Trust ye not in a friend, put ye not confidence in a guide: keep the doors of thy mouth from her that lieth in thy bosom.

6 For the son dishonoureth the

15a Deut. 28:38;

Hag. 1:6.

16a 1 Kgs. 16:25 (16, 25–26).

b Jer. 18:16 (16–17); 24:10.

c Jer. 24:9.

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Wait for the God of Salvation

## NAHUM

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16 ¶ The confounded shall lay *the* their ears s

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18 Who *is* that <sup>a</sup>pard seth by the nant of his not his <sup>b</sup>an <sup>c</sup>delighteth

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20 Thou v Jacob, *and* which tho fathers fro

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2 Ne. 19:6; D&C 19:23; 27:16; 111:8.

10a Hag. 2:22 (20–23); Zech. 9:10 (9–11).



*in spirit and in truth—They must act righteously, love mercy, and walk humbly before Him.*

HEAR ye now what the LORD saith; Arise, contend thou before the mountains, and let the hills hear thy voice.

2 Hear ye, O mountains, the LORD's <sup>a</sup>controversy, and ye strong foundations of the earth: for the LORD hath a controversy with his people, and he will <sup>b</sup>plead with Israel.

3 O my people, what have I done unto thee? and wherein have I wearied thee? testify against me.

4 For I brought thee up out of the land of Egypt, and <sup>a</sup>redeemed thee out of the house of servants; and I sent before thee Moses, Aaron, and Miriam.

5 O my people, remember now

what <sup>a</sup>Balak king of Moab consulted, and what Balaam the son of Beor answered him from Shittim unto Gilgal; that ye may know the righteousness of the LORD.

6 ¶ Wherewith shall I come before the LORD, *and* bow myself before the high God? shall I come before him with burnt offerings, with calves of a year old?

7 Will the LORD be pleased with thousands of <sup>a</sup>rams, or with ten thousands of rivers of oil? shall I give my <sup>b</sup>firstborn for my <sup>c</sup>transgression, the fruit of my body for the sin of my soul?

8 He hath shewed thee, O man, what *is* good; and what doth the LORD <sup>a</sup>require of thee, but to do <sup>b</sup>justly, and to love <sup>c</sup>mercy, and to <sup>d</sup>walk <sup>e</sup>humbly with thy God?

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## Deuteronomy 10:12–13

12 ¶ And now, Israel, what doth the Lord thy God require of thee, but to fear the Lord thy God, to walk in all his ways, and to love him, and to serve the Lord thy God with all thy heart and with all thy soul,

13 To keep the commandments of the Lord, and his statutes, which I command thee this day for thy good?

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13 Therefore also will I make *thee* sick in smiting thee, in making *thee* desolate because of thy sins.

14 Thou shalt eat, but not be <sup>a</sup>satisfied; and <sup>b</sup>thy casting down *shall be* in the midst of thee; and thou shalt take hold, but shalt not deliver; and *that* which thou deliverest will I give up to the sword.

15 Thou shalt <sup>a</sup>sow, but thou shalt not reap; thou shalt tread the olives, but thou shalt not anoint thee with oil; and sweet wine, but shalt not drink wine.

16 ¶ For the statutes of <sup>a</sup>Omri are kept, and all the works of the house of Ahab, and ye walk in their counsels; that I should make thee a <sup>b</sup>desolation, and the inhabitants thereof an hissing: therefore ye shall bear the <sup>c</sup>reproach of my people.

### CHAPTER 7

*Though the people of Israel have rebelled, yet in the last days the Lord will have mercy on them—He will have compassion and pardon their iniquities.*

WOE is me! for I am as when they have gathered the summer fruits, as the grape gleanings of the vintage: *there is* no cluster to eat: my soul desired the firstripe fruit.

2 The good *man* is perished out of the earth: and *there is* none upright among men: they all lie in wait for blood; they hunt every man his <sup>a</sup>brother with a net.

3 ¶ That they may do evil with both hands earnestly, the prince asketh, and the judge *asketh* for a reward; and the great *man*, he uttereth his mischievous desire: so they wrap it up.

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father, the daughter riseth up against her mother, the daughter in law against her mother in law; a man's <sup>a</sup>enemies *are* the men of his own <sup>b</sup>house.

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## **Old Testament Institute Manual**

**“Omri, king of Israel, the father of Ahab, was one of the worst kings the Israelites ever had; and Ahab followed in his wicked father’s steps. The statutes of those kings were the very grossest idolatry. Jezebel, wife of the latter, and daughter of Ithobaal, king of Tyre, had no fellow on earth. From her Shakespeare seems to have drawn the character of Lady Macbeth; a woman, like her prototype, mixed up of tigress and fiend, without addition. Omri, Ahab, and Jezebel, were the models followed by the Israelites in the days of this prophet. ...**



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## **Dale G. Renlund**

**“Jesus Christ’s sacrifice for sin and salvation from spiritual death are available to all who have such a broken heart and contrite spirit (2 Nephi 2:7). A broken heart and contrite spirit prompt us to joyfully repent and try to become more like our Heavenly Father and Jesus Christ. As we do so, we receive the Savior’s cleansing, healing, and strengthening power. We not only do justly and walk humbly with God; we also learn to love mercy the way that Heavenly Father and Jesus Christ do.**





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**“God delights in mercy and does not begrudge its use. In Micah’s words to Jehovah, “Who is a God like unto thee, that pardoneth iniquity, ... will have compassion upon us,” and will “cast all ... sins into the depths of the sea” (Micah 7:18–19). To love mercy as God does is inseparably connected to dealing justly with others and not mistreating them.”**

*(Dale G. Renlund, “Do Justly, Love Mercy, and Walk Humbly with God,” Oct. 2020 GC).*