



Come Follow Me 2022
Psalms 102-150



COME FOLLOW ME: OLD TESTAMENT



Psalms 103-106

Psalms 103-106

These Psalms summarize God's dealings with his people before any kings reigned. The standard Hebrew text of the psalms divides them into 5 "books," perhaps in imitation of the five books of Moses. The psalm that ends the book finishes with an expression of praise (otherwise known as a doxology). Book 4 ends with 106:47-48

Psalm 106:47-48

47 Save us, O Lord our God, and gather us from among the heathen, to give thanks unto thy holy name, and to triumph in thy praise.

48 Blessed be the Lord God of Israel from everlasting to everlasting: and let all the people say, Amen. Praise ye the Lord.

Psalms 107-150

Book 5 of the Psalms (107-150) reflects the closing petition of the previous collection in 106:47. It declares that God does answer prayer (107) and concludes with 5 Hallelujah Psalms (146-150). In between there are several Psalms affirming the validity of the promises to David (Psalms 110; 132; 144), two collections of Davidic Psalms (108-110; 138-145); the longest Psalm, celebrating the value of the law (Psalm 119); and 15 Psalms of ascent for use by pilgrims to Jerusalem (Psalms 120-134).

COME FOLLOW ME: OLD TESTAMENT



anger with their ^ainventions: and the plague brake in upon them.

30 Then stood up ^aPhinehas, and executed judgment: and so the plague was stayed.

31 And that was counted unto him for righteousness unto all generations for evermore.

32 They angered *him* also at the waters of ^astrife, so that it went ill with Moses for their ^bsakes:

33 Because they provoked his spirit, so that he ^aspake unadvisedly with his lips.

34 They did not ^adestroy the nations, concerning whom the LORD commanded them:

35 But were ^amingled among the heathen, and learned their works.

36 And they served their ^aidols: which were a snare unto them.

37 Yea, they sacrificed their sons and their daughters unto devils,

38 And shed innocent ^ablood, *even* the blood of their sons and of their daughters, whom they sacrificed unto the ^bidols of Canaan: and the land was polluted with blood.

39 Thus were they defiled with their own works, and went a whoring with their own inventions.

40 Therefore was the ^awrath of the LORD kindled against his people, insomuch that he abhorred his own inheritance.

41 And he gave them into the hand of the heathen; and they that hated them ruled over them.

42 Their ^aenemies also ^boppressed them, and they were brought into subjection under their hand.

43 Many times did he deliver them; but they provoked *him* with their counsel, and were brought low for their iniquity.

44 Nevertheless he regarded their affliction, when he heard their cry:

45 And he remembered for them his ^acovenant, and ^brepented according to the multitude of his mercies.

46 He made them also to be pitied of all those that carried them captives.

47 Save us, O LORD our God, and gather us from among the heathen, to give thanks unto thy holy name, *and* to triumph in thy praise.

48 ^aBlessed *be* the LORD God of Israel from everlasting to everlasting: and let all the people say, Amen. Praise ye the LORD.

PSALM 107

The people of Israel are to praise and thank the Lord when they are gathered and redeemed—Oh, that men would praise the Lord!—The Lord's providences prevail in the lives of men.

O GIVE thanks unto the LORD, for he is good: for his mercy *endureth* for ever.

2 Let the redeemed of the LORD say so, whom he hath ^aredeemed from the hand of the enemy;

3 And gathered them out of the lands, from the east, and from the west, from the north, and from the south.

4 They ^awandered in the ^bwilderness in a solitary way; they found no city to dwell in.

5 Hungry and thirsty, their soul fainted in them.

6 Then they ^acried unto the LORD in their ^btrouble, *and* he delivered them out of their distresses.

7 And he led them forth by the right way, that they might go to a city of habitation.

8 Oh that *men* would praise the LORD for his goodness, and for his wonderful works to the children of men!

9 For he satisfieth the longing soul, and filleth the hungry soul with goodness.

10 Such as sit in ^adarkness and in the shadow of death, *being* bound in affliction and iron;

11 Because they ^arebelled against the words of God, and contemned the counsel of the most High:

12 Therefore he brought down their heart with labour; they fell down, and *there was* none to help.

13 Then they cried unto the LORD in their trouble, *and* he saved them out of their distresses.

14 He brought them out of darkness and the ^ashadow of death, and brake their bands in sunder.

15 Oh that *men* would praise the LORD for his goodness, and for his wonderful works to the children of men!

16 For he hath ^abroken the gates of brass, and cut the bars of iron in sunder.

17 Fools because of their transgression, and because of their iniquities, are afflicted.

18 Their soul abhorreth all manner of ^ameat; and they draw near unto the gates of death.

19 Then they cry unto the LORD in their trouble, *and* he saveth them out of their distresses.

20 He sent his word, and healed them, and delivered *them* from their destructions.

21 Oh that *men* would praise the LORD for his goodness, and for his wonderful works to the children of men!

22 And let them sacrifice the sacrifices of ^athanksgiving, and declare his works with ^brejoicing.

23 They that go down to the sea in ships, that do business in great waters;

24 These see the works of the LORD, and his wonders in the deep.

25 For he commandeth, and raiseth

the stormy wind, which lifteth up the waves thereof.

26 They mount up to the heaven, they go down again to the depths: their soul is melted because of trouble.

27 They reel to and fro, and stagger like a drunken ^aman, and are at their wits' end.

28 Then they cry unto the LORD in their trouble, and he bringeth them out of their distresses.

29 He ^amaketh the storm a calm, so that the waves thereof are still.

30 Then are they glad because they be quiet; so he bringeth them unto their desired haven.

31 Oh that *men* would praise the LORD for his goodness, and for his wonderful works to the children of men!

32 Let them exalt him also in the ^acongregation of the people, and praise him in the assembly of the elders.

33 He turneth rivers into a wilderness, and the watersprings into dry ground;

34 A fruitful land into barrenness, for the ^awickedness of them that dwell therein.

35 He turneth the ^awilderness into a standing water, and dry ground into watersprings.

36 And there he maketh the hungry to dwell, that they may prepare a city for habitation;

37 And sow the fields, and plant vineyards, which may yield fruits of increase.

38 He blesseth them also, so that they are multiplied greatly; and suffereth not their cattle to decrease.

39 Again, they are ^aminished and brought low through oppression, affliction, and sorrow.

40 He poureth contempt upon princes, and causeth them to wander in the wilderness, *where there is* no way.

29^a HEB doings.

30^a Num. 25:7 (7-8).

32^a Ezek. 47:19.

TG Strife

36^a TG Apostasy of Israel.

38^a Jer. 2:34 (31-37).

^b TG Idolatry.

40^a Moses 7:34

Judg. 2:18;

Moses 8:25.

48^a Ps. 72:18.

107 2^a Deut. 7:8 (7-8).

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**GROUP 2
IN DISTRESS**

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19 Then they cry unto the LORD in their trouble, *and* he saveth them out of their distresses.

20 He sent his word, and healed them, and delivered *them* from their destructions.

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23 They that go down to the sea in ships, that do business in great waters;

24 These see the works of the LORD, and his wonders in the deep.

25 For he commandeth, and raiseth

10a TG Darkness, Spiritual.

22a Lev. 7:12.

trouble.

27 They reel to and fro, and stagger like a drunken ^aman, and are at their wits' end.

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GROUP 4
IN DISTRESS

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13 Let his ^aposterity be cut off; *and* in the generation following let their name be ^bblotted out.

14 Let the ^ainiquity of his fathers be remembered with the LORD; and let not the sin of his mother be blotted out.

15 Let them be before the LORD continually, that he may cut off the memory of them from the earth.

16 Because that he remembered not to shew mercy, but persecuted the ^apoor and needy man, that he might even slay the broken in heart.

17 As he loved cursing, so let it come unto him: as he delighted not in blessing, so let it be far from him.

18 As he clothed himself with cursing like as with his garment, so let it come into his bowels like water, and like oil into his bones.

19 Let it be unto him as the garment *which* covereth him, and for a girdle wherewith he is girded continually.

20 *Let this be* the reward of mine adversaries from the LORD, and of them that speak evil against my soul.

21 But do thou for me, O GOD the Lord, for thy ^aname's sake: because thy mercy *is* good, deliver thou me.

22 For I *am* poor and needy, and my heart is wounded within me.

23 I am gone like the shadow when it declineth: I am tossed up and down as the locust.

24 My knees are weak through fasting; and my flesh faileth of fatness.

25 I became also a reproach unto them: *when* they looked upon me they shook their heads.

26 Help me, O LORD my God: O save me according to thy mercy:

27 That they may know that this

is thy hand; *that* thou, LORD, hast done it.

28 Let them ^acurse, but bless thou: when they arise, let them be ashamed; but let thy servant rejoice.

29 Let mine adversaries be clothed with ^ashame, and let them cover themselves with their own confusion, as with a mantle.

30 I will greatly praise the LORD with my mouth; yea, I will praise him among the multitude.

31 For he shall stand at the ^aright hand of the ^bpoor, to save *him* from those that condemn his soul.

PSALM 110

A messianic psalm of David—Christ will sit on the Lord's right hand—He will be a priest forever after the order of Melchizedek.

A Psalm of David.

THE ^aLORD said unto my ^bLord, Sit thou at my ^cright ^ahand, until I make thine ^eenemies thy footstool.

2 The LORD shall send the ^arod of thy strength out of Zion: rule thou in the midst of thine enemies.

3 Thy people *shall be* willing in the day of thy power, in the beauties of holiness from the womb of the morning: thou hast the dew of thy youth.

4 The LORD hath ^asworn, and will not ^brepent, Thou *art* a ^cpriest for ever after the order of ^dMelchizedek.

5 The Lord at thy right hand shall strike through kings in the day of his wrath.

6 He shall judge among the heathen, he shall fill *the places* with the dead bodies; he shall wound the heads over many countries.

7 He shall drink of the brook in the way: therefore shall he lift up the head.

PSALM 111

The Lord is gracious and full of compassion—Holy and reverend is His name—The fear of the Lord is the beginning of wisdom.

PRAISE ye the LORD. I will praise the LORD with *my* whole heart, in the ^aassembly of the upright, and *in* the congregation.

2 The works of the LORD *are* great, sought out of all them that have pleasure therein.

3 His ^awork *is* ^bhonourable and glorious: and his righteousness endureth for ever.

4 He hath made his wonderful works to be remembered: the LORD *is* gracious and full of compassion.

5 He hath given meat unto them that fear him: he will ever be mindful of his covenant.

6 He hath shewed his people the power of his works, that he may give them the heritage of the ^aheathen.

7 The works of his hands *are* verity and judgment; all his commandments *are* sure.

8 They ^astand fast for ever and ever, *and are* done in truth and uprightness.

9 He sent redemption unto his people: he hath commanded his covenant for ever: holy and ^areverend *is* his name.

10 The fear of the LORD *is* the beginning of ^awisdom: a good ^bunderstanding have all they that do *his commandments*: his praise endureth for ever.

PSALM 112

Blessed is the man who fears the Lord—The righteous will be remembered always.

PRAISE ye the LORD. Blessed is the man *that* ^afearth the LORD, *that* ^bdelighteth greatly in his ^ccommandments.

2 His ^aseed shall be mighty upon earth: the generation of the upright shall be blessed.

3 Wealth and ^ariches *shall be* in his house: and his righteousness endureth for ever.

4 Unto the upright there ariseth ^alight in the darkness: *he is* gracious, and full of compassion, and righteous.

5 A good man sheweth favour, and lendeth: he will guide his affairs with discretion.

6 Surely he shall not be moved for ever: the righteous shall be in everlasting remembrance.

7 He shall not be afraid of evil tidings: his ^aheart is fixed, trusting in the LORD.

8 His heart *is* established, he shall not be afraid, until he see *his desire* upon his enemies.

9 He hath dispersed, he hath ^agiven to the poor; his righteousness endureth for ever; his horn shall be exalted with honour.

10 The wicked shall see *it*, and be grieved; he shall gnash with his teeth, and melt away: the desire of the wicked shall perish.

PSALM 113

Blessed be the name of the Lord—Who is like unto the Lord our God?

PRAISE ye the LORD. Praise, O ye servants of the LORD, praise the name of the LORD.

2 Blessed be the name of the LORD from this time forth and for evermore.

3 From the rising of the sun unto the going down of the same the LORD's name *is* to be praised.

13a Ps. 21:10 (10–11); 37:28; Isa. 14:20; 2 Ne. 24:20; D&C 121:15 (13–15).

b Mosiah 26:36; Alma 5:57 (56–58);

21a Ps. 23:3; 25:11; 31:3. 28a TG Curse.

29a Ps. 71:13.

31a Ps. 16:8.

b D&C 56:18 (15–18).

2a Isa. 11:1; 53:2 (1–3); D&C 113:3 (3–4).

4a TG Oath.

b 1 Sam. 15:35; Ps. 135:14.

c TG High Priest, Mel-

blessing, so let it be far from him.
3 As he clothed himself with
sursing like as with his garment,
let it come into his bowels like
honey, and like oil into his bones.
4 Let it be unto him as the gar-
ment *which* covereth him, and for
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5 *Let this be* the reward of mine
adversaries from the LORD, and of
them that speak evil against my
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6 But do thou for me, O GOD the
LORD, for thy ^aname's sake: because
thy mercy *is* good, deliver thou me.
7 For I *am* poor and needy, and
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8 I am gone like the shadow when
it declineth: I am tossed up and
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9 My knees are weak through fast-

PSALM 110

A messianic psalm of David—Christ will sit on the Lord's right hand—He will be a priest forever after the order of Melchizedek.

A Psalm of David.

THE ^aLORD said unto my ^bLord, Sit thou at my ^cright ^dhand, until I make thine ^eenemies thy footstool.

2 The LORD shall send the ^arod of thy strength out of Zion: rule thou in the midst of thine enemies.

3 Thy people *shall be* willing in the day of thy power, in the beauties of holiness from the womb of the morning: thou hast the dew of thy youth.

4 The LORD hath ^asworn, and will not ^brepent, Thou *art* a ^cpriest for ever after the order of ^dMelchizedek.

Mark 12:35-37

35 ¶ And Jesus answered and said, while he taught in the temple, How say the scribes that Christ is the Son of David?

36 For David himself said by the Holy Ghost, The Lord said to my Lord, Sit thou on my right hand, till I make thine enemies thy footstool.

37 David therefore himself calleth him Lord; and whence is he then his son? And the common people heard him gladly.

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^a Ps. 21:10 (10–11); 37:28;
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28 ^a TC Curse

2 ^a Isa. 11:1; 53:2 (1–3);
D&C 113:3 (3–4)

Hebrews 5:5-6

5 So also Christ glorified not himself to be made an high priest; but he that said unto him, Thou art my Son, to day have I begotten thee.

6 As he saith also in another place, Thou art a priest for ever after the order of Melchisedec.

COME FOLLOW ME: OLD TESTAMENT



unto death.

19 Open to me the gates of righteousness: I will go into them, *and* I will praise the LORD:

20 This gate of the LORD, into which the righteous shall enter.

21 I will praise thee: for thou hast heard me, and art become my salvation.

22 The ^astone *which* the builders refused is become the head *stone* of the ^bcorner.

23 This is the LORD's doing; it is marvellous in our eyes.

24 This is the day *which* the LORD hath made; we will ^arejoice and be glad in it.

25 Save now, I beseech thee, O LORD: O LORD, I beseech thee, send now prosperity.

4 Thou hast commanded *us* to keep thy precepts ^adiligently.

5 O that my ways were directed to keep thy statutes!

6 Then shall I not be ashamed when I have respect unto all commandments.

7 I will praise thee with uprightness of heart, when I shall have learned thy righteous judgments.

8 I will keep thy statutes: O sake me not utterly.

□ BETH

Ponder the precepts and ways of Lord.

9 Wherewithal shall a young man ^acleanse his way? by taking heed *thereto* according to thy word.

10 With my whole ^aheart have

Matthew 21:42-44

42 Jesus saith unto them, Did ye never read in the scriptures, The stone which the builders rejected, the same is become the head of the corner: this is the Lord's doing, and it is marvellous in our eyes?

43 Therefore say I unto you, The kingdom of God shall be taken from you, and given to a nation bringing forth the fruits thereof.

44 And whosoever shall fall on this stone shall be broken: but on whomsoever it shall fall, it will grind him to powder.

20 This gate of the LORD, into which the righteous shall enter.

21 I will praise thee: for thou hast heard me, and art become my salvation.

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26 ^aBlessed be he that cometh in the name of the LORD: we have

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9 Wherewithal shall a young man ^acleanse his way? by taking heed thereto according to thy word.

10 With my whole ^aheart have I sought thee: O let me not wander from thy commandments.

12a Deut. 1:44.

14a TG Strength.

b TG Salvation.

Jesus Christ, Prophecies about; Rock.

b Zach. 10:4

119 1a TG Blessing.

2a TG Children of Li

4a TG Dedication.

PSALM 119

ℵ ALEPH

*Blessed are they who keep the com-
mandments.*

^aBLESSED *are* the undefiled in the
way, who walk in the law of the
LORD.

2 Blessed *are* they that keep his
testimonies, *and that* ^aseek him with
the whole heart.

3 They also do no iniquity: they
walk in his ways.

4 Thou hast commanded *us* to keep

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thrust sore at me that
the LORD helped me.
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come my ^bsalvation.
of rejoicing and sal-
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and art become my
e *which* the builders
ome the head *stone*
e LORD's doing; it is
our eyes.
day *which* the LORD

for ever.

PSALM 119

Ⲱ ALEPH



22

*Blessed are they who keep the com-
mandments.*

^aBLESSED *are* the undefiled in the
way, who walk in the law of the
LORD.

2 Blessed *are* they that keep his
testimonies, *and that* ^aseek him with
the whole heart.

3 They also do no iniquity: they
walk in his ways.

4 Thou hast commanded *us* to keep
thy precepts ^adiligently.

5 O that my ways were directed
to keep thy statutes!

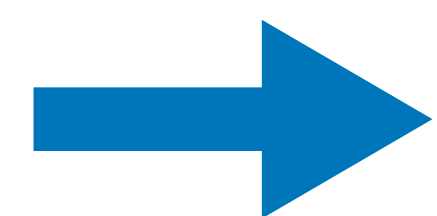
6 Then shall I not be ashamed,
when I have respect unto all thy
commandments.

7 I will praise thee with upright-
ness of heart, when I shall have
learned thy righteous judgments.

8 I will keep thy statutes: O for-
sake me not utterly.

Ⲛ BETH

Ponder the precepts and ways of the



8

176

destroy them.
thrust sore at me that
the LORD helped me.
is my ^astrength and
come my ^bsalvation.
of rejoicing and sal-
^atabernacles of the
right hand of the
liantly.
hand of the LORD is
ht hand of the LORD
y.
die, but live, and de-
s of the LORD.
hath chastened me
th not given me over
e the gates of righ-
ll go into them, *and*
e LORD:
of the LORD, into
teous shall enter.
aise thee: for thou
and art become my
e *which* the builders
ome the head *stone*
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day *which* the LORD

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PSALM 119

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ב BETH

Ponder the precepts and ways of the

Seminary

Is "an acrostic poem with eight
verses for each of the twenty-
two letters of the Hebrew
alphabet. ... One Hebrew letter
and its name appears above
each eight-verse segment" (*Ellis
T. Rasmussen, A Latter-day Saint
Commentary on the Old Testament [1993],
455*). Each eight-verse segment
of the psalm begins with its
corresponding letter of the
Hebrew alphabet.

...of the
right hand of the
...ntly.

...nd of the LORD is
...hand of the LORD

...but live, and de-
...f the LORD.

...th chastened me
...not given me over

...he gates of righ-
...o into them, *and*
...LORD:

...the LORD, into
...us shall enter.

...thee: for thou
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2 Blessed *are* they that keep his testimonies, *and that* ^aseek him with the whole heart.

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4 Thou hast commanded *us* to keep thy precepts ^adiligently.

5 O that my ways were directed to keep thy statutes!

6 Then shall I not be ashamed, when I have respect unto all thy commandments.

7 I will praise thee with upright-

Blessings of the Word of God

Psalm 119:14, 72, 127

14 I have rejoiced in the way of thy testimonies, as much as in all riches.

72 The law of thy mouth is better unto me than thousands of gold and silver.

127 Therefore I love thy commandments above gold; yea, above fine gold.

Psalm 119:24

24 Thy testimonies also are my delight and my counsellors.

Psalm 119:35

35 Make me to go in the path of thy commandments; for therein do I delight.

Psalm 119:54

54 Thy statutes have been my songs in the house of my pilgrimage.

Psalm 119:103

103 How sweet are thy words unto my taste! yea, sweeter than honey to my mouth!

Psalm 119:105

105 Thy word is a lamp unto my feet, and a light unto my path.

COME FOLLOW ME: OLD TESTAMENT



Psalm 127-136

A Song of degrees.

THEY that ^atrust in the LORD shall be as mount Zion, which cannot be removed, but ^babideth for ever.

2 As the mountains *are* round about Jerusalem, so the LORD *is* round about his people from henceforth even for ever.

3 For the rod of the ^awicked shall not rest upon the lot of the righteous; lest the righteous put forth their hands unto iniquity.

4 Do good, O LORD, unto *those that be good*, and to *them that are upright* in their hearts.

5 As for such as turn aside unto their crooked ways, the LORD shall lead them forth with the workers of iniquity: but ^apeace shall be upon Israel.

PSALM 126

The Lord has done great things for His

PSALM 127

Children are a heritage from the Lord.

A Song of degrees for Solomon.

EXCEPT the LORD build the house, they ^alabour in vain that build it: except the LORD ^bkeep the city, the watchman waketh *but* in vain.

2 *It is vain* for you to rise up early, to sit up late, to eat the bread of sorrows: *for* so he giveth his beloved ^asleep.

3 Lo, ^achildren *are* an ^bheritage of the LORD: *and* the fruit of the womb *is* his ^creward.

4 As arrows *are* in the hand of a mighty man; so *are* children of the youth.

5 ^aHappy *is* the man that hath his quiver full of them: they shall not be ashamed, but they shall speak with the enemies in the gate.

Elder Neil L. Andersen

“It is a crowning privilege of a husband and wife who are able to bear children to provide mortal bodies for [the] spirit children of God. We believe in families, and we believe in children.

“When a child is born to a husband and wife, they are fulfilling part of our Heavenly Father’s plan to bring children to earth. ...

“Families are central to God’s eternal plan. I testify of the great blessing of children and of the happiness they will bring us in this life and in the eternities”

(Elder Neil L. Andersen, “Children,” GC Oct. 2011, Ensign or Liahona, Nov. 2011, 28, 31).

Sister Julie B. Beck

“The rising generation need to understand that the command to ‘multiply, and replenish the earth’ [Genesis 1:28; Moses 2:28] remains in force. Bearing children is a faith-based work. ... Motherhood and fatherhood are eternal roles. Each carries the responsibility for either the male or the female half of the plan. Youth is the time to prepare for those eternal roles and responsibilities”

(Sister Julie B. Beck, “Teaching the Doctrine of the Family,” Ensign, March 2011, 15).

Psalm 135

This psalm emphasizes the notion that the God of Israel is above all other “gods” that those of the world may have conjured up. **Verses 6-12** recap the Lord’s power in delivering Israel from Egypt and establishing them in the Promised Land.

15 The idols of the heathen are silver and gold, the work of men’s hands.

16 They have mouths, but they speak not; eyes have they, but they see not;

17 They have ears, but they hear not; neither is there any breath in their mouths.

18 They that make them are like unto them: so is every one that trusteth in them.

Whatsoever the LORD pleased,
he did he in heaven, and in earth,
in the seas, and all deep places.

He causeth the ^avapours to ascend
from the ends of the earth;
he maketh lightnings for the rain;
he bringeth the wind out of his
treasuries.

Who smote the firstborn of
Egypt, both of man and beast.

Who sent tokens and wonders
into the midst of thee, O Egypt,
upon Pharaoh, and upon all his
servants.

Who smote great nations, and
overthrew mighty kings;

^aSihon king of the Amorites,
and ^bOg king of Bashan, and all
the ^ckingdoms of Canaan:

And gave their land for an
inheritance unto Israel.

PSALM 136

*Give thanks unto God for all things, for
His mercy endures forever.*

O GIVE ^athanks unto the LORD; for
*he is good: for his mercy endureth
for ever.*

2 O give thanks unto the ^aGod
of gods: *for his mercy endureth for
ever.*

3 O give thanks to the Lord of lords:
for his mercy endureth for ever.

4 To him who alone doeth great
wonders: *for his mercy endureth
for ever.*

5 To him that by ^awisdom made
the heavens: *for his mercy endureth
for ever.*

6 To him that stretched out the
earth above the waters, for his

Psalm 136 - "for his mercy endureth forever"

Think of our hymnbook...

**Christ the Lord is ris'n today, Alleluia!
Sons of men and angels say, Alleluia!
Raise your joys and triumphs high, Alleluia!
Sing, ye heav'ns, and earth reply, Alleluia!**

Ezra 3:11 "they sang together by course in praising and giving thanks unto the Lord; because he is good, for his mercy endureth for ever"

COME FOLLOW ME: OLD TESTAMENT



Psalm 140-150

Psalm 140:1, 4

1 Deliver me, O Lord, from the evil man: preserve me from the violent man;

4 Keep me, O Lord, from the hands of the wicked; preserve me from the violent man; who have purposed to overthrow my goings.

Psalm 143:8–10

8 Cause me to hear thy lovingkindness in the morning; for in thee do I trust: cause me to know the way wherein I should walk; for I lift up my soul unto thee.

9 Deliver me, O Lord, from mine enemies: I flee unto thee to hide me.

10 Teach me to do thy will; for thou art my God: thy spirit is good; lead me into the land of uprightness.

Psalm 150

HALLELUJAH!

1 Praise ye the Lord. Praise God in his sanctuary: praise him in the firmament of his power.

2 Praise him for his mighty acts: praise him according to his excellent greatness.

3 Praise him with the sound of the trumpet: praise him with the psaltery and harp.

4 Praise him with the timbrel and dance: praise him with stringed instruments and organs.

5 Praise him upon the loud cymbals: praise him upon the high sounding cymbals.

6 Let every thing that hath breath praise the Lord. Praise ye the Lord.