



**Come Follow Me 2022**  
**Psalms 49-86**





# COME FOLLOW ME: OLD TESTAMENT





## **Psalm 49:10,15**

**10 For he seeth that wise men die, likewise the fool and the brutish person perish, and leave their wealth to others.**

**15 But God will redeem my soul from the power of the grave: for he shall receive me. Selah.**





20 Man *that is* in honour, and understandeth not, is like the beasts *that* perish.

## PSALM 50

*Asaph speaks of the Second Coming—The Lord accepts the sacrifices of the righteous and will deliver them—Those whose conduct is right will see the salvation of God.*

A Psalm of Asaph.

THE mighty God, *even* the LORD, hath spoken, and called the earth from the rising of the sun unto the going down thereof.

2 Out of Zion, the <sup>a</sup>perfection of

## **Asaph (BD)**

“A cymbal-playing Levite appointed leader of David’s choir.”



## **Psalm 50:3-4**

**3 Our God shall come, and shall not keep silence: a fire shall devour before him, and it shall be very tempestuous round about him.**

**4 He shall call to the heavens from above, and to the earth, that he may judge his people.**



# COME FOLLOW ME: OLD TESTAMENT







## Psalm 51

Let's look through 4 different lenses: What do we learn about -

- Unrepented sin
- Repentance
- Forgiveness
- The nature of God



To the chief Musician, A Psalm of David,  
when Nathan the prophet came unto him,  
after he had gone in to Bath-sheba.

HAVE <sup>a</sup>mercy upon me, O God, according to thy <sup>b</sup>lovingkindness: according unto the multitude of thy tender mercies <sup>c</sup>blot out my <sup>d</sup>transgressions.

2 Wash me thoroughly from mine iniquity, and <sup>a</sup>cleanse me from my sin.

3 For I <sup>a</sup>acknowledge my transgressions: and my <sup>b</sup>sin is ever before me.

4 Against thee, thee only, have I <sup>a</sup>sinned, and done *this* evil in thy sight: that thou mightest be <sup>b</sup>justified when thou speakest, *and* be clear when thou judgest.

5 Behold, I was shapen in iniquity; and in sin did my mother

## 2 Corinthians 7:10

10 For godly sorrow worketh repentance to salvation not to be repented of: but the sorrow of the world worketh death.



## President Ezra Taft Benson

**“Godly sorrow is a gift of the Spirit. It is a deep realization that our actions have offended our Father and our God. It is the sharp and keen awareness that our behavior caused the Savior, He who knew no sin, even the greatest of all, to endure agony and suffering. Our sins caused Him to bleed at every pore. This very real mental and spiritual anguish is what the scriptures refer to as having ‘a broken heart and a contrite spirit.’ (See 3 Ne. 9:20; Moro. 6:2; D&C 20:37; 59:8; Ps. 34:18; 51:17; Isa. 57:15.) Such a spirit is the absolute prerequisite for true repentance”**

*(President Ezra Taft Benson, “A Mighty Change of Heart,” Ensign, Oct. 1989, 4).*



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5 Behold, I was shapen in iniquity; and in sin did my mother <sup>a</sup>conceive me.

6 Behold, thou desirest truth in the inward parts: and in the hidden *part* thou shalt make me to know wisdom.

## Other Translations

I was sinful from my creation or from my beginning.

38:5 (4–5);

100:17.

:7.

hat authority

51 1 *a* Ps. 25:7.

*b* TG Kindness.

*c* Acts 3:19.

*d* TG Sin.



## **Psalm 51:6**

**6 Behold, thou desirest truth in the inward parts: and in the hidden part thou shalt make me to know wisdom.**

### **New International Version**

Yet you desired faithfulness even in the womb; you taught me wisdom in that secret place.

### **English Standard Version**

Behold, you delight in truth in the inward being, and you teach me wisdom in the secret heart.

### **Douay-Rheims Bible**

For behold thou hast loved truth: the uncertain and hidden things of thy wisdom thou hast made manifest to me.



## Numbers 19:18

18 And a clean person shall take hyssop, and dip it in the water, and sprinkle it upon the tent, and upon all the vessels, and upon the persons that were there, and upon him that touched a bone, or one slain, or one dead, or a grave:

7 Purge me with <sup>a</sup>hyssop, and I shall be clean: wash me, and I shall be whiter than snow.

8 Make me to hear joy and gladness; *that* the bones *which* thou hast broken may rejoice.

9 Hide thy face from my sins, and blot out all mine iniquities.

10 Create in me a <sup>a</sup>clean heart, O God; and <sup>b</sup>renew a right spirit within me.

11 Cast me not away from thy <sup>a</sup>presence; and take not thy <sup>b</sup>holy spirit from me.

12 Restore unto me the joy of thy salvation; and uphold me *with thy* free spirit.

13 *Then* will I teach transgressors thy ways; and sinners shall be <sup>a</sup>con-



## Alma 22:15

Yea, what shall I do that I may be born of God, having this wicked spirit rooted out of my breast, and receive his Spirit, that I may be filled with joy

7 Purge me with <sup>a</sup>hyssop, and I shall be clean: wash me, and I shall be whiter than snow.

8 Make me to hear joy and gladness; *that* the bones *which* thou hast broken may rejoice.

9 Hide thy face from my sins, and blot out all mine iniquities.

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## 1 Samuel 15:22

22 And Samuel said, Hath the Lord as great delight in burnt offerings and sacrifices, as in obeying the voice of the Lord? Behold, to obey is better than sacrifice, and to hearken than the fat of rams.

salvation; and uphold me *with thy free spirit*.

13 *Then* will I teach transgressors thy ways; and sinners shall be <sup>a</sup>converted unto thee.

14 <sup>a</sup>Deliver me from bloodguiltiness, O God, thou God of my salvation: *and* my tongue shall sing aloud of thy righteousness.

15 O Lord, open thou my lips; and my mouth shall shew forth thy praise.

16 For thou desirest not <sup>a</sup>sacrifice; else would I give *it*: thou delightest not in burnt offering.

17 The <sup>a</sup>sacrifices of God *are* a broken spirit: a broken and a <sup>b</sup>contrite heart, O God, thou wilt not despise.

18 Do good in thy good <sup>a</sup>pleasure unto Zion: build thou the walls of



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18 Do good in thy good <sup>a</sup>pleasure unto Zion: build thou the walls of Jerusalem.

19 Then shalt thou be pleased with the sacrifices of righteousness, with burnt offering and whole burnt offering: then shall they offer bullocks upon thine altar.

## PSALM 52

*David says that wicked tongues de-*

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# COME FOLLOW ME: OLD TESTAMENT

A scroll of aged parchment is unrolled, showing the text 'Psalm 69' written in a dark red, cursive font. The scroll is held by two wooden handles with metal rings. The parchment has a textured, yellowish-brown appearance with some fraying at the edges.

*Psalm 69*





# Psalm 69

**Messianic Psalm**



## **Psalm 69:9**

**9 For the zeal of thine house hath eaten me up; and the reproaches of them that reproached thee are fallen upon me.**

## **John 2:17**

**17 And his disciples remembered that it was written, The zeal of thine house hath eaten me up.**





## Psalm 69:20

**20 Reproach hath broken my heart; and I am full of heaviness: and I looked for some to take pity, but there was none; and for comforters, but I found none.**



## **Psalm 69:21**

**21 They gave me also gall for my meat; and in my thirst they gave me vinegar to drink.**

## **Matthew 27:34**

**34 ¶ They gave him vinegar to drink mingled with gall: and when he had tasted thereof, he would not drink.**



## **Psalm 69:34-35**

**34 Let the heaven and earth praise him, the seas, and every thing that moveth therein.**

**35 For God will save Zion, and will build the cities of Judah: that they may dwell there, and have it in possession.**



# COME FOLLOW ME: OLD TESTAMENT



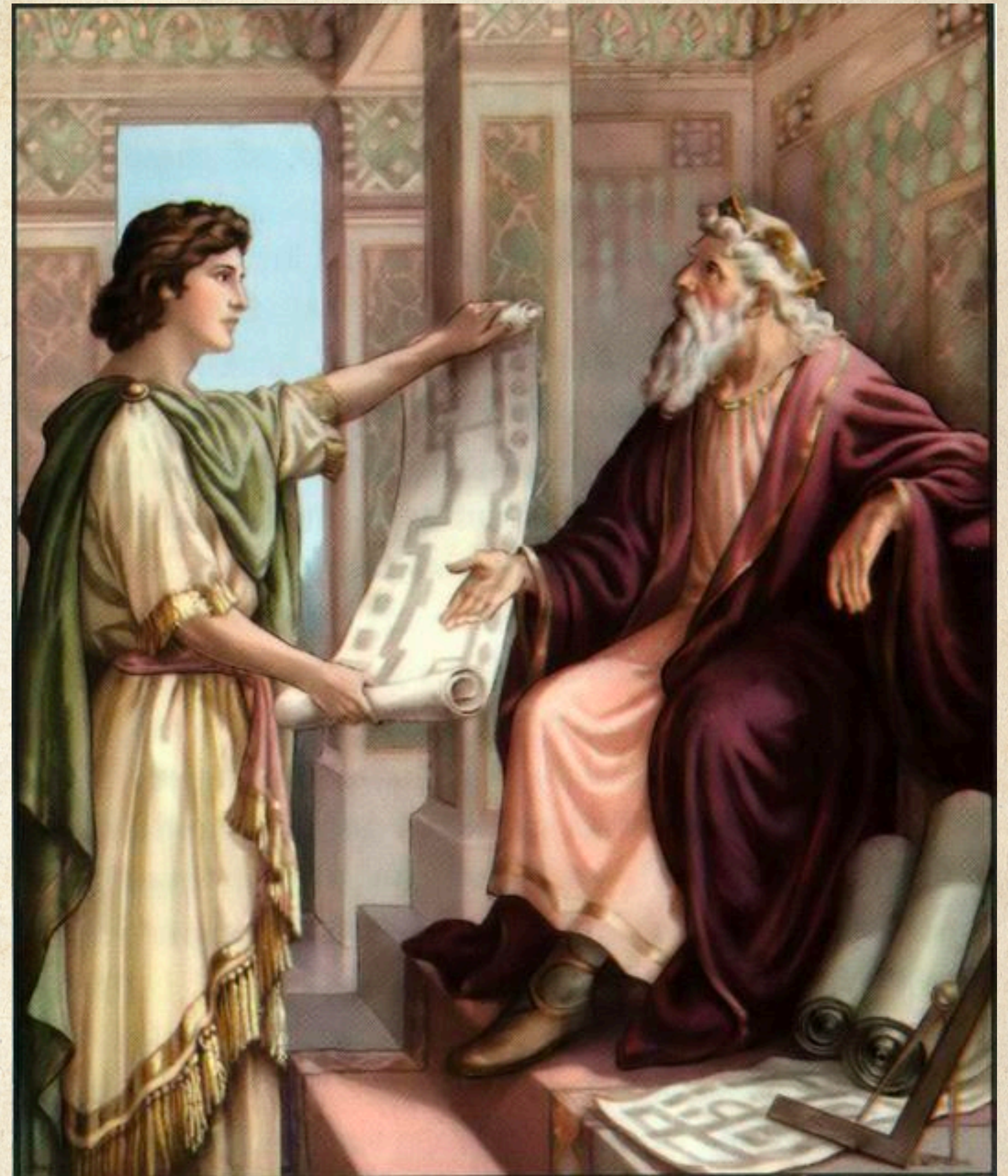


## Psalm 72:18-20

18 Blessed be the Lord God, the God of Israel, who only doeth wondrous things.

19 And blessed be his glorious name for ever: and let the whole earth be filled with his glory; Amen, and Amen.

20 The prayers of David the son of Jesse are ended.





Aaron.

## PSALM 78

*The Israelites are to teach the Lord's law to their children—Disobedient Israel provoked the Lord in the wilderness—The Egyptian plagues are recounted—The Lord chooses and blesses Judah and David.*

Maschil of Asaph.

GIVE <sup>a</sup>ear, O my people, *to my law*:  
incline your ears to the words of  
my mouth.

2 I will open my mouth in a  
<sup>a</sup>parable: I will utter dark sayings



## PSALM 81

*Israel is commanded to sing praises to God—If the Israelites had walked in the Lord's ways, they would have triumphed over their enemies.*

To the chief Musician upon Gittith,  
*A Psalm of Asaph.*

SING aloud unto God our strength:  
make a joyful noise unto the God  
of Jacob.

2 Take a psalm, and bring hither  
the timbrel, the pleasant harp with  
the psaltery.

3 Blow up the <sup>a</sup>trumpet in the



*A Psalm of Asaph.*

SING aloud unto God our strength:  
make a joyful noise unto the God  
of Jacob.

2 Take a psalm, and bring hither  
the timbrel, the pleasant harp with  
the psaltery.

3 Blow up the <sup>a</sup>trumpet in the  
new moon, in the time appointed,  
on our solemn feast day.

4 For this *was* a statute for Israel,  
*and* a law of the God of Jacob.

5 This he ordained in Joseph *for*  
a testimony, when he went out  
through the land of Egypt: *where*  
I heard a <sup>a</sup>language *that* I under-



## **Psalm 85:11**

**11 Truth shall spring out of the earth; and righteousness shall look down from heaven.**

## **Moses 7:62**

**62 And righteousness will I send down out of heaven; and truth will I send forth out of the earth, to bear testimony of mine Only Begotten; his resurrection from the dead; yea, and also the resurrection of all men; and righteousness and truth will I cause to sweep the earth as with a flood, to gather out mine elect from the four quarters of the earth, unto a place which I shall prepare, an Holy City, that my people may gird up their loins, and be looking forth for the time of my coming; for there shall be my tabernacle, and it shall be called Zion, a New Jerusalem.**