



**Come Follow Me 2023**  
**Ephesians**



## **New Testament Seminary Manual**

**Paul stated that he was a prisoner at the time he wrote the Epistle to the Ephesians (see Ephesians 3:1; 4:1; 6:20). Ephesians may have been written during Paul's first imprisonment in Rome, around A.D. 60–62 (see Guide to the Scriptures, "Pauline Epistles,"). During this time Paul was being held under house arrest, but he had the freedom to receive visitors and teach the gospel (see Acts 28:16–31).**

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**In the King James Version of the Bible, Ephesians 1:1 states that the Epistle to the Ephesians is addressed “to the saints which are at Ephesus.” However, the earliest manuscripts of Ephesians do not contain the words “which are at Ephesus.” This suggests the possibility that Paul may not have written the epistle specifically to the Ephesians but to several congregations of Saints, including those in Ephesus. Ephesus served as Paul’s headquarters during his third missionary journey (see Acts 19:9–10; 20:31), and he had great affection for these people (see Acts 20:17, 34–38).**

## **New Testament Seminary Manual**

**In this letter, Paul addressed Gentile members of the Church (see Ephesians 2:11) who were perhaps recent converts (see Ephesians 1:15). He wrote to help develop the spirituality and testimonies of those who were already members. His main purposes were to help these converts grow in their spiritual knowledge of God and the Church (see Ephesians 1:15–18; 3:14–19); to promote unity, particularly between Gentile and Jewish Saints (see Ephesians 2:11–22; 4:1–16; 5:19–6:9); and to encourage the Saints to withstand the powers of evil (see Ephesians 4:17–5:18; 6:10–18). Many Saints in Ephesus were living righteously enough to be sealed up to eternal life (see Ephesians 1:13; Bruce R. McConkie, *Doctrinal New Testament Commentary*, 2:493–94).**

## **Elder Bruce R. McConkie**

**“Ephesians is an epistle for all the world, for Jew and Gentile, for husband and wife, for parent and child, for master and servant. It was the mind and will of God in Paul’s day; it is the voice of inspiration in our day; it is an epistle of universal appeal and application.**

**“... It contains some of Paul’s best writing, and is a document that deals with fundamentals, with the gospel of God in all its saving glory.”**

*(Bruce R. McConkie, Doctrinal New Testament Commentary, 3 vols. [1965–73], 2:489).*

## **Bible Dictionary (“Ephesus”)**

**“Capital of the Roman province of Asia and a great commercial center. Ephesus was three miles from the sea, on the banks of the navigable river Cayster. It was an important business center, much of the commerce between east and west passing along the great highway that connected Ephesus with the Euphrates. It thus became a natural center for the Christian Church in Asia Minor.”**



**Berea**

**Thessalonica**

**Troas**

*Galatia*

**Antioch**

**Ephesus**

**Iconium**

*Pisidia*

**Lystra**

*Pamphylia*

**Derbe**

*Cilicia*

**Tarsus**

**Corinth**

**Athens**

**Miletus**

*Lycia*

**Antioch**

*Syria*

**Tyre**

**Caesarea**

**Jerusalem**

A brown paper bag is centered in the image. The text "Ephesians 1" is written across the bag in a blue, cursive font. The bag is slightly wrinkled and has a natural brown color.

Ephesians 1



6 Let him that is taught in the word <sup>a</sup>communicate unto him that teacheth in all good things.

7 Be not <sup>a</sup>deceived; God is not <sup>b</sup>mocked: for whatsoever a man <sup>c</sup>soweth, that shall he also <sup>d</sup>reap.

8 For he that soweth to his flesh shall of the flesh reap corruption; but he that soweth to the Spirit shall of the Spirit reap life everlasting.

9 And let us not be <sup>a</sup>weary in well doing: for in due season we shall <sup>b</sup>reap, if we faint not.

10 As we have therefore opportunity, let us do <sup>a</sup>good unto all *men*, especially unto them who are of the household of faith.

11 Ye see how large a letter I have written unto you with mine own hand.

12 As many as desire to make a fair shew in the flesh, they constrain you to be circumcised; only

lest they should suffer <sup>a</sup>persecution for the cross of Christ.

13 For neither they themselves who are circumcised keep the law; but desire to have you circumcised, that they may glory in your flesh.

14 But God forbid that I should glory, save in the cross of our Lord Jesus Christ, by whom the world is crucified unto me, and I unto the world.

15 For in Christ Jesus neither <sup>a</sup>circumcision availeth any thing, nor uncircumcision, but a new creature.

16 And as many as walk according to this rule, <sup>a</sup>peace *be* on them, and mercy, and upon the Israel of God.

17 From henceforth let no man trouble me: for I bear in my body the marks of the Lord Jesus.

18 Brethren, the grace of our Lord Jesus Christ *be* with your spirit. Amen.

¶ Unto the Galatians written from Rome.

Spiritual Blessings in Christ

5 Having <sup>a</sup>predestinated us unto the <sup>b</sup>adoption of children by Jesus Christ to himself, according to the good pleasure of his will,

6 To the praise of the glory of his grace, wherein he hath made us accepted in the beloved.

7 In whom we have <sup>a</sup>redemption through his blood, the <sup>b</sup>forgiveness of sins, according to the <sup>c</sup>riches of his <sup>d</sup>grace;

8 Wherein he hath abounded toward us in all <sup>a</sup>wisdom and <sup>b</sup>prudence;

9 Having made known unto us the <sup>a</sup>mystery of his <sup>b</sup>will, according to his good pleasure which he hath purposed in himself:

10 That in the <sup>a</sup>dispensation of the fulness of times he might <sup>b</sup>gather together in one <sup>c</sup>all things in Christ, both which are in heaven, and which are on earth; *even* in him:

11 In whom also we have obtained an inheritance, being <sup>a</sup>predestinated according to the purpose of him who worketh all things after the counsel of his own will:

12 That we should be to the praise of his glory, who <sup>a</sup>first trusted in Christ.

13 In whom ye also *trusted*, after that ye heard the word of truth, the <sup>a</sup>gospel of your salvation: in whom also after that ye believed, ye were <sup>b</sup>sealed with that holy Spirit of <sup>c</sup>promise,

14 Which is the earnest of our inheritance until the redemption of the purchased possession, unto the praise of his glory.

15 Wherefore I also, after I heard of your <sup>a</sup>faith in the Lord Jesus, and love unto all the saints,

16 Cease not to give thanks for you, making mention of you in my prayers;

17 That the God of our Lord Jesus Christ, the Father of glory, may give unto you the spirit of <sup>a</sup>wisdom and <sup>b</sup>revelation in the knowledge of him:

18 The eyes of your <sup>a</sup>understanding being <sup>b</sup>enlightened; that ye may know what is the hope of his calling, and what the <sup>c</sup>riches of the glory of his <sup>d</sup>inheritance in the saints,

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20 Which he wrought in Christ, when he <sup>a</sup>raised him from the dead, and set *him* at his own right hand in the <sup>b</sup>heavenly *places*,

21 Far above all principality, and power, and might, and dominion, and every <sup>a</sup>name that is named, not only in this world, but also in that which is to come:

22 And hath put <sup>a</sup>all *things* under his <sup>b</sup>feet, and gave him *to be* the <sup>c</sup>head over all *things* to the <sup>d</sup>church,

23 Which is his body, the fulness of him that filleth all in all.

Thanksgiving and Prayer

THE EPISTLE OF PAUL THE APOSTLE TO THE EPHESIANS

CHAPTER 1

*The Saints are foreordained to receive the gospel—The gospel is to be restored in the latter days—The Saints are sealed by the Holy Spirit of Promise—They know God and Christ by revelation.*

**P**AUL, an apostle of Jesus Christ by the will of God, to the <sup>a</sup>saints which are at Ephesus, and to the faithful in Christ Jesus:

2 Grace *be* to you, and peace, from God our Father, and *from* the Lord Jesus Christ.

3 Blessed *be* the God and Father of our Lord Jesus Christ, who hath blessed us with all <sup>a</sup>spiritual blessings in heavenly *places* in Christ:

4 According as he hath <sup>a</sup>chosen us in him <sup>b</sup>before the foundation of the world, that we should be <sup>c</sup>holy and without blame before him in love:

CHAPTER 2

*We are saved by grace through faith—The blood of Christ saves Jew and Gentile alike—The Church is built upon the foundation of apostles and prophets.*

Greeting

6a TG Communication.

9a Luke 8:14 (14–15):

[EPHESIANS]

5a GR foreordained. Eph. 1:11.

TG Foreordination.

b TG Sons and Daughters of God.

7a TG Jesus Christ, Atonement through; Jesus Christ, Redeemer; Redemption.

10a TG Dispensations; Last Days; Restoration of the Gospel.

b TG Israel, Gathering of.

c TG Jesus Christ, Power of.

11a Eph. 1:5.

12a GR trusted, hoped beforehand.

13a D&C 93:51.

b D&C 6:15; 11:13. TG Education.

c TG Treasure.

d TG Inheritance.

19a Col. 2:12.

20a Acts 2:32; 1 Cor. 15:20 (14–20).

b Heb. 7:26.

21a Heb. 1:4.

# EPHESIANS

## NT Institute Manual

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Ephesians contains the only passages in the New Testament that use the phrase translated as “heavenly places” to refer to multiple realms in heaven (see Ephesians 1:3, 20; 2:6; 3:10). In the latter days, the Lord revealed that heaven consists of three realms (see D&C 76:50–112; 88:14–47). Elsewhere Paul wrote about varying degrees of resurrected glory (see 1 Corinthians 15:40–42) and about his experience of being “caught up to the third heaven” (2 Corinthians 12:2).

Luke 8:14 (14–15);  
2 Thes. 3:13; D&C 64:33.  
TG Steadfastness.  
TG Abundant Life.  
Prov. 3:27.  
TG Persecution.  
TG Circumcision.  
Ps. 125:5.

[EPHESIANS]

- 1 1 *a* TG Saints.
- 3 *a* TG Spirituality.
- 4 *a* TG Election;  
Foreordination.
- b* TG Man, Antemortal  
Existence of.
- c* TG Holiness.

# EPHESIANS

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- 1 1 *a* TG Saints.
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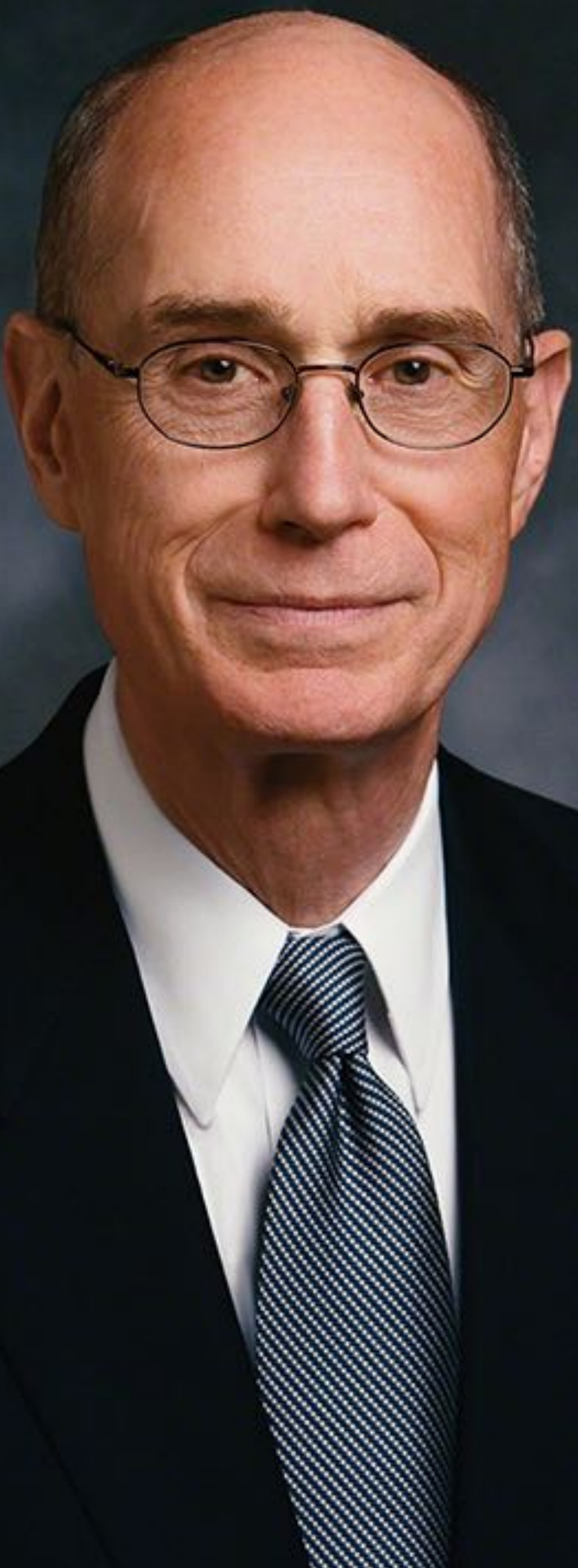
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## **Topics and Questions, “Foreordination”**

**In the premortal spirit world, God appointed certain spirits to fulfill specific missions during their mortal lives. This is called foreordination. Foreordination does not guarantee that individuals will receive certain callings or responsibilities. Such opportunities come in this life as a result of the righteous exercise of agency, just as foreordination came as a result of righteousness in the premortal existence.**

**The doctrine of foreordination applies to all members of the Church, not just to the Savior and His prophets. Before the creation of the earth, faithful women were given certain responsibilities and faithful men were foreordained to certain priesthood duties. As people prove themselves worthy, they will be given opportunities to fulfill the assignments they then received.**



## President Henry B. Eyring

**“[Predestination] does not mean “that God must have determined in advance which of His children He would save and made the gospel available to them, while those who never heard the gospel simply were not ‘chosen.’ ... God’s plan is much more loving and just than that. Our Heavenly Father is anxious to gather and bless all of His family.”**

*(“Gathering the Family of God,” Apr 2017 GC, Ensign or Liahona, May 2017, 20–21).*

**BibleHub (for comparing different translations of a given verse)**

**<https://biblehub.com/>**

**BYU New Rendition of the Epistle to the Ephesians by Philip Abbott (this can be read for free online, and we'll include a link; it's also available to download for free in various other formats):**

**<https://byustudies.byu.edu/further-study-lesson/ephesians/>**

through his blood, the <sup>b</sup>forgiveness of sins, according to the <sup>c</sup>riches of his <sup>d</sup>grace;

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23 Which is his body, the fulness

## **Bible Dictionary, "Dispensation"**

**"A dispensation of the gospel is a period of time in which the Lord has at least one authorized servant on the earth who bears the holy priesthood and the keys, and who has a divine commission to dispense the gospel to the inhabitants of the earth. When this occurs, the gospel is revealed anew, so that people of that dispensation do not have to depend basically on past dispensations for knowledge of the plan of salvation. There have been many gospel dispensations since the beginning. The Bible suggests at least one dispensation identified with Adam, another with Enoch, another with Noah, and so on with Abraham, Moses, and Jesus with His Apostles in the meridian of time"**



through his blood, the <sup>b</sup>forgiveness of sins, according to the <sup>c</sup>riches of his <sup>d</sup>grace;

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## Elder B. H. Roberts

**This is the dispensation of the fullness of times, and we see running into it, as mighty streams rush into the ocean, all the former dispensations, putting us in touch with them, putting them in touch with us; and we see that God has had but one great purpose in view from the beginning, and that has been the salvation of His children. And now has come the final day, the final dispensation, when truth and light and righteousness must flood the earth."**

*(in Conference Report, Oct. 1904, 73; see also D&C 27:13; 121:26–27; 124:41; 128:18–21).*



## Elder David A. Bednar

**“My beloved brothers and sisters, what has been accomplished thus far in this dispensation communicating gospel messages through social media channels is a good beginning—but only a small trickle. I now extend to you the invitation to help transform the trickle into a flood. ... I exhort you to sweep the earth with messages filled with righteousness and truth—messages that are authentic, edifying, and praiseworthy—and literally to sweep the earth as with a flood.”**

*(“To Sweep the Earth as with a Flood” [Brigham Young University Campus Education Week devotional, Aug. 19, 2014]).*

fulness of times he might <sup>o</sup>gather together in one <sup>c</sup>all things in Christ, both which are in heaven, and which are on earth; *even* in him:

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## CHAPTER 2

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**“Revelation is communication from God to His children on the earth and one of the great blessings associated with the gift and constant companionship of the Holy Ghost. The Prophet Joseph Smith taught, ‘The Holy Ghost is a revelator,’ and ‘no man can receive the Holy Ghost without receiving revelations’ (Teachings of Presidents of the Church: Joseph Smith [2007], 132).**

**“The spirit of revelation is available to every person who receives by proper priesthood authority the saving ordinances of baptism by immersion for the remission of sins and the laying on of hands for the gift of the Holy Ghost—and who is acting in faith to fulfill the priesthood injunction to ‘receive the Holy Ghost’” (*“The Spirit of Revelation,” Apr 2011 GC, Ensign or Liahona, May 2011, 87).***

6 Let him that is taught in the word <sup>a</sup>communicate unto him that teacheth in all good things.

7 Be not <sup>a</sup>deceived; God is not <sup>b</sup>mocked: for whatsoever a man <sup>c</sup>soweth, that shall he also <sup>d</sup>reap.

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lest they should suffer <sup>a</sup>persecution for the cross of Christ.

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14 But God forbid that I should glory, save in the cross of our Lord Jesus Christ, by whom the world is crucified unto me, and I unto the world.

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13 In whom ye also *trusted*, after that ye heard the word of truth, the <sup>a</sup>gospel of your salvation: in whom also after that ye believed, ye were <sup>b</sup>sealed with that holy Spirit of <sup>c</sup>promise,

14 Which is the earnest of our inheritance until the redemption of the purchased possession, unto the praise of his glory.

15 Wherefore I also, after I heard of your <sup>a</sup>faith in the Lord Jesus, and love unto all the saints,

16 Cease not to give thanks for you, making mention of you in my prayers;

17 That the God of our Lord Jesus Christ, the Father of glory, may give unto you the spirit of <sup>a</sup>wisdom and <sup>b</sup>revelation in the knowledge of him:

18 The eyes of your <sup>a</sup>understanding being <sup>b</sup>enlightened; that ye may know what is the hope of his calling, and what the <sup>c</sup>riches of the glory of his <sup>d</sup>inheritance in the saints,

19 And what is the exceeding greatness of his <sup>a</sup>power to us-ward who believe, according to the working of his mighty power,

20 Which he wrought in Christ, when he <sup>a</sup>raised him from the dead, and set *him* at his own right hand in the <sup>b</sup>heavenly *places*,

21 Far above all principality, and power, and might, and dominion, and every <sup>a</sup>name that is named, not only in this world, but also in that which is to come:

22 And hath put <sup>a</sup>all *things* under his <sup>b</sup>feet, and gave him *to be* the <sup>c</sup>head over all *things* to the <sup>d</sup>church,

23 Which is his body, the fulness of him that filleth all in all.

Thanksgiving and Prayer

THE EPISTLE OF PAUL THE APOSTLE TO THE EPHESIANS

CHAPTER 1

*The Saints are foreordained to receive the gospel—The gospel is to be restored in the latter days—The Saints are sealed by the Holy Spirit of Promise—They know God and Christ by revelation.*

**P**AUL, an apostle of Jesus Christ by the will of God, to the <sup>a</sup>saints which are at Ephesus, and to the faithful in Christ Jesus:

2 Grace *be* to you, and peace, from God our Father, and *from* the Lord Jesus Christ.

3 Blessed *be* the God and Father of our Lord Jesus Christ, who hath blessed us with all <sup>a</sup>spiritual blessings in heavenly *places* in Christ:

4 According as he hath <sup>a</sup>chosen us in him <sup>b</sup>before the foundation of the world, that we should be <sup>c</sup>holy and without blame before him in love:

CHAPTER 2

*We are saved by grace through faith—The blood of Christ saves Jew and Gentile alike—The Church is built upon the foundation of apostles and prophets.*

Greeting

6a TG Communication.

9a Luke 8:14 (14–15);

[EPHESIANS]

5a GR foreordained. Eph. 1:11.

TG Foreordination.

b TG Sons and Daughters of God.

7a TG Jesus Christ, Atonement through; Jesus Christ, Redeemer; Redemption.

10a TG Dispensations; Last Days; Restoration of the Gospel.

b TG Israel, Gathering of.

c TG Jesus Christ, Power of.

11a Eph. 1:5.

12a GR trusted, hoped beforehand.

13a D&C 93:51.

b D&C 6:15; 11:13. TG Education.

c TG Treasure.

d TG Inheritance.

19a Col. 2:12.

20a Acts 2:32; 1 Cor. 15:20 (14–20).

b Heb. 7:26.

21a Heb. 1:4.



Ephesians 2



AND you *hath he quickened*, who were <sup>a</sup>dead in trespasses and sins;

2 Wherein in time past ye walked according to the course of this <sup>a</sup>world, according to the prince of the power of the air, the spirit that now worketh in the children of <sup>b</sup>disobedience:

3 Among whom also we all had our conversation in times past in the <sup>a</sup>lusts of our flesh, fulfilling the desires of the flesh and of the mind; and were by <sup>b</sup>nature the children of wrath, even as others.

4 But God, who is rich in <sup>a</sup>mercy, for his great love wherewith he loved us,

5 Even when we were dead in sins, hath <sup>a</sup>quickened us together with Christ, (by grace ye are saved;)

6 And hath raised *us* up together, and made *us* sit together in heavenly *places* in Christ Jesus:

7 That in the ages to come he might shew the exceeding <sup>a</sup>riches of his grace in *his* kindness toward us through Christ Jesus.

8 For by <sup>a</sup>grace are ye <sup>b</sup>saved through <sup>c</sup>faith; and that not of yourselves: *it is* the <sup>a</sup>gift of God:

9 Not of works, lest any man should <sup>a</sup>boast.

10 For we are his <sup>a</sup>workmanship, created in Christ Jesus unto good <sup>b</sup>works, which God hath before ordained that we should <sup>c</sup>walk in them.

11 Wherefore remember, that ye *being* in time past Gentiles in the flesh, who are called <sup>a</sup>Uncircumcision by that which is called the Circumcision in the flesh made by hands;

12 That at that time ye were without Christ, being aliens from the commonwealth of Israel, and <sup>a</sup>strangers from the <sup>b</sup>covenants of promise, having no <sup>c</sup>hope, and <sup>a</sup>without God in the world:

13 But now in Christ Jesus ye who sometimes were far off are made nigh by the blood of Christ.

14 For he is our <sup>a</sup>peace, who hath made both one, and hath broken down the middle <sup>b</sup>wall of partition *between us*;

15 Having <sup>a</sup>abolished in his flesh the enmity, *even* the law of commandments *contained* in <sup>b</sup>ordinances; for to make in himself of twain one <sup>c</sup>new man, so making peace;

16 And that he might <sup>a</sup>reconcile both unto God in one body by the cross, having slain the enmity thereby:

17 And came and preached peace to you which were afar off, and to them that were nigh.

18 For through him we both have access by one Spirit unto the Father.

19 Now therefore ye are no more <sup>a</sup>strangers and foreigners, but <sup>b</sup>fellowcitizens with the <sup>c</sup>saints, and of the <sup>a</sup>household of God;

20 And are built upon the foundation of the <sup>a</sup>apostles and <sup>b</sup>prophets, Jesus Christ himself being the chief <sup>c</sup>corner stone;

21 In whom all the building fitly framed together groweth unto an holy temple in the Lord:

22 In whom ye also are builded together for an habitation of God through the Spirit.

One in Christ

The Mystery of the Gospel Revealed

CHAPTER 3

*The Gentiles are fellow heirs with Israel—The love of Christ surpasses all understanding.*

FOR this cause I Paul, the prisoner of Jesus Christ for you Gentiles,

2 If ye have heard of the <sup>a</sup>dispensation of the grace of God which is given me to you-ward:

3 How that by revelation he made <sup>a</sup>known unto me the mystery; (as I <sup>b</sup>wrote afore in few words,

4 Whereby, when ye read, ye may understand my knowledge in the <sup>a</sup>mystery of Christ)

5 Which in other ages was not made known unto the sons of men, as it is now <sup>a</sup>revealed unto his holy apostles and <sup>b</sup>prophets by the Spirit;

6 That the <sup>a</sup>Gentiles should be fellowheirs, and of the same body, and partakers of his promise in Christ by the gospel:

7 Whereof I was made a minister, according to the gift of the grace of God given unto me by the effectual working of his power.

8 Unto me, who am less than the least of all saints, is this <sup>a</sup>grace given, that I should preach among the Gentiles the unsearchable <sup>b</sup>riches of Christ;

9 And to make all *men* see what is the fellowship of the <sup>a</sup>mystery, which from the beginning of the world hath been hid in God, who <sup>b</sup>created all things by <sup>c</sup>Jesus Christ:

10 To the intent that now unto the principalities and powers in heavenly *places* might be known by the church the manifold wisdom of God,

11 According to the eternal <sup>a</sup>purpose which he purposed in Christ Jesus our Lord:

12 In whom we have boldness and

access with confidence by the faith of him.

13 Wherefore I desire that ye faint not at my tribulations for you, which is your glory.

14 For this cause I bow my knees unto the <sup>a</sup>Father of our Lord Jesus Christ,

15 Of whom the whole <sup>a</sup>family in heaven and earth is named,

16 That he would grant you, according to the <sup>a</sup>riches of his glory, to be <sup>b</sup>strengthened with might by his Spirit in the inner man;

17 That Christ may dwell in your hearts by faith; that ye, being <sup>a</sup>rooted and <sup>b</sup>grounded in love,

18 May be able to comprehend with all saints what is the breadth, and length, and depth, and height;

19 And to know the <sup>a</sup>love of Christ, which passeth knowledge, that ye might be filled with all the fulness of God.

20 Now unto him that is able to do exceeding abundantly above all that we ask or think, according to the power that worketh in us,

21 Unto him *be* glory in the church by Christ Jesus throughout all ages, <sup>a</sup>world without end. Amen.

CHAPTER 4

*There is one Lord, one faith, and one baptism—Apostles and prophets are essential to the Church—The Saints are exhorted to live righteously—They are sealed unto the day of redemption.*

I THEREFORE, the prisoner of the Lord, beseech you that ye walk <sup>a</sup>worthy of the <sup>b</sup>vocation wherewith ye are called,

2 With all lowliness and meekness, with longsuffering, <sup>a</sup>forbearing one another in love;

2 1a Col. 1:21; Rev. 3:1.

2a TG Worldliness.

b D&C 121:17.

TG Disobedience.

3a TG Lust.

b TG Man, Natural, Not Spiritually Reborn.

4a TG God, Mercy of.

5a TG Resurrection.

c TG Faith.

d TG God, Gifts of.

9a TG Boast.

10a Ps. 100:3; Isa. 60:21; D&C 29:25.

b TG Good Works.

c TG Walking with God.

11a TG Circumcision.

12a TG Stranger.

15a Col. 2:14.

b TG Ordinance.

c TG Man, New, Spiritually Reborn.

16a TG Jesus Christ, Atonement through.

19a TG Gentiles; Stranger.

b TG Citizenship;

Fellowshipping.

3 2a TG Dispensations.

3a Col. 1:27 (26–27).

b TG Scriptures, Lost.

9a TG Mysteries of

Godliness.

b TG Creation;

16a TG Treasure.

b Col. 1:11.

TG Strength.

AND you *hath he quickened*, who were <sup>a</sup>dead in trespasses and sins;

2 Wherein in time past ye walked according to the course of this <sup>a</sup>world, according to the prince of the power of the air, the spirit that now worketh in the children of <sup>b</sup>disobedience:

3 Among whom also we all had our conversation in times past in the <sup>a</sup>lusts of our flesh, fulfilling the desires of the flesh and of the mind; and were by <sup>b</sup>nature the children of wrath, even as others.

4 But God, who is rich in <sup>a</sup>mercy, for his great love wherewith he loved us,

5 Even when we were dead in sins, hath <sup>a</sup>quickened us together with Christ, (by grace ye are saved;)

6 And hath raised *us* up together, and made *us* sit together in heavenly *places* in Christ Jesus:

12 That at that time ye were without Christ, being aliens from the commonwealth of Israel, and <sup>a</sup>strangers from the <sup>b</sup>covenants of promise, having no <sup>c</sup>hope, and <sup>d</sup>without God in the world:

13 But now in Christ Jesus ye who sometimes were far off are made nigh by the blood of Christ.

14 For he is our <sup>a</sup>peace, who hath made both one, and hath broken down the middle <sup>b</sup>wall of partition *between us*;

15 Having <sup>a</sup>abolished in his flesh the enmity, *even* the law of commandments *contained* in <sup>b</sup>ordinances; for to make in himself of twain one <sup>c</sup>new man, so making peace;

16 And that he might <sup>a</sup>reconcile both unto God in one body by the cross, having slain the enmity thereby:

17 And came and preached peace

and were by <sup>b</sup>nature the children of wrath, even as others.

4 But God, who is rich in <sup>a</sup>mercy, for his great love wherewith he loved us,

5 Even when we were dead in sins, hath <sup>a</sup>quickened us together with Christ, (by grace ye are saved;)

6 And hath raised *us* up together, and made *us* sit together in heavenly *places* in Christ Jesus:

7 That in the ages to come he might shew the exceeding <sup>a</sup>riches of his grace in *his* kindness toward us through Christ Jesus.

8 For by <sup>a</sup>grace are ye <sup>b</sup>saved through <sup>c</sup>faith; and that not of yourselves: *it is* the <sup>d</sup>gift of God:

9 Not of works, lest any man should <sup>a</sup>boast.

10 For we are his <sup>a</sup>workmanship, created in Christ Jesus unto good <sup>b</sup>works, which God hath before ordained that we should <sup>c</sup>walk in them.

11 Wherefore remember, that ye *be-*  
*ing* in time past Gentiles in the flesh,

*between us;*

15 Having <sup>a</sup>abolished in his flesh the enmity, *even* the law of commandments *contained* in <sup>b</sup>ordinances; for to make in himself of twain one <sup>c</sup>new man, so making peace;

16 And that he might <sup>a</sup>reconcile both unto God in one body by the cross, having slain the enmity thereby:

17 And came and preached peace to you which were afar off, and to them that were nigh.

18 For through him we both have access by one Spirit unto the Father.

19 Now therefore ye are no more <sup>a</sup>strangers and foreigners, but <sup>b</sup>fellowcitizens with the <sup>c</sup>saints, and of the <sup>d</sup>household of God;

20 And are built upon the foundation of the <sup>a</sup>apostles and <sup>b</sup>prophets, Jesus Christ himself being the chief <sup>c</sup>corner *stone*;

21 In whom all the building fitly framed together groweth unto an holy temple in the Lord:

## **New Testament Institute Student Manual**

**In Ephesians 2:8–10, Paul discussed the relationship between grace, faith, and good works. Ultimately, salvation comes through the merits of Jesus Christ’s work, not on our own. Paul called followers of Jesus Christ “[God’s] workmanship, created in Christ Jesus unto good works” (Ephesians 2:10). This places emphasis on the Lord’s work rather than on our own and teaches that our ability to perform good works stems from the change that the grace of Jesus Christ causes to take place within us when we turn to Him in faith (see also 1 Corinthians 15:10 and Philippians 2:13). Paul taught that we are not saved by either faith or works alone, as both are critical to salvation. Faith and works empower us to receive the merciful blessings of the Atonement of Jesus Christ.**



## **President Dieter F. Uchtdorf**

**“Because we have all ‘sinned, and come short of the glory of God’ [Romans 3:23] and because ‘there cannot any unclean thing enter into the kingdom of God’ [1 Nephi 15:34], every one of us is unworthy to return to God’s presence. ...**

**“... We cannot earn our way into heaven; the demands of justice stand as a barrier, which we are powerless to overcome on our own.**

**“But all is not lost.**

**“The grace of God is our great and everlasting hope.**



## **President Dieter F. Uchtdorf**

**“Through the sacrifice of Jesus Christ, the plan of mercy appeases the demands of justice [see Alma 42:15] ‘and [brings] about means unto men that they may have faith unto repentance’ [Alma 34:15].**

**“Our sins, though they may be as scarlet, can become white as snow [see Isaiah 1:18]. Because our beloved Savior ‘gave himself a ransom for all’ [1 Timothy 2:6], an entrance into His everlasting kingdom is provided unto us [see 2 Peter 1:11].**

**“The gate is unlocked! ...**



## President Dieter F. Uchtdorf

**“To inherit this glory, we need more than an unlocked gate; we must enter through this gate with a heart’s desire to be changed—a change so dramatic that the scriptures describe it as being ‘born again; yea, born of God, changed from [our worldly] and fallen state, to a state of righteousness, being redeemed of God, becoming his sons and daughters’ [Mosiah 27:25]. ...**

**“Grace is a gift of God, and our desire to be obedient to each of God’s commandments is the reaching out of our mortal hand to receive this sacred gift from our Heavenly Father.”**

*(“The Gift of Grace,” Apr. 2015 GC, Ensign or Liahona, May 2015, 108, 110).*

12 That at that time ye were without Christ, being aliens from the commonwealth of Israel, and <sup>a</sup>strangers from the <sup>b</sup>covenants of promise, having no <sup>c</sup>hope, and <sup>d</sup>without God in the world:

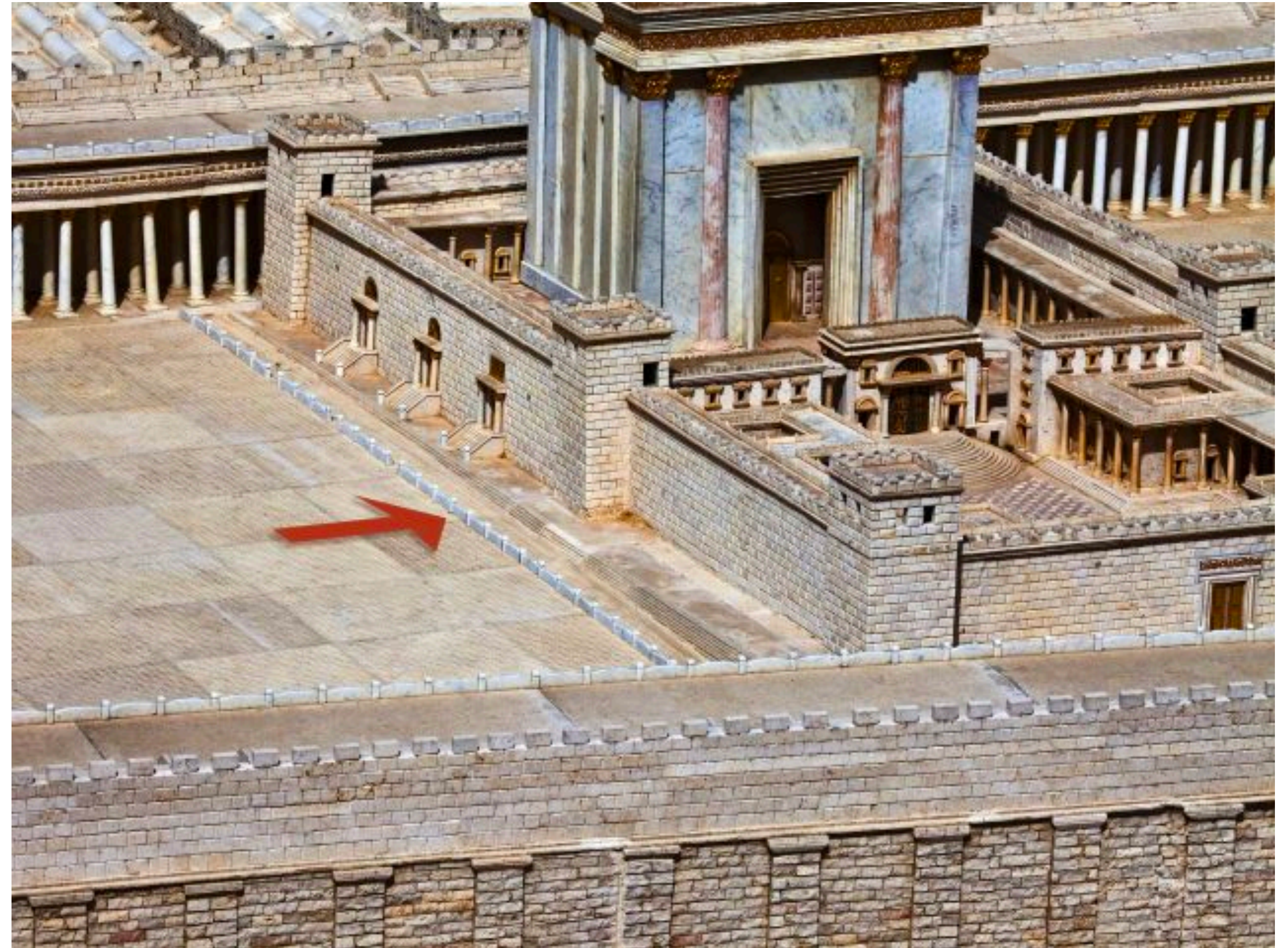
13 But now in Christ Jesus ye who sometimes were far off are made nigh by the blood of Christ.

14 For he is our <sup>a</sup>peace, who hath made both one, and hath broken down the middle <sup>b</sup>wall of partition *between us*;

15 Having <sup>a</sup>abolished in his flesh the enmity, *even* the law of commandments *contained* in <sup>b</sup>ordinances; for to make in himself of twain one <sup>c</sup>new man, so making peace;

16 And that he might <sup>a</sup>reconcile both unto God in one body by the cross, having slain the enmity thereby:

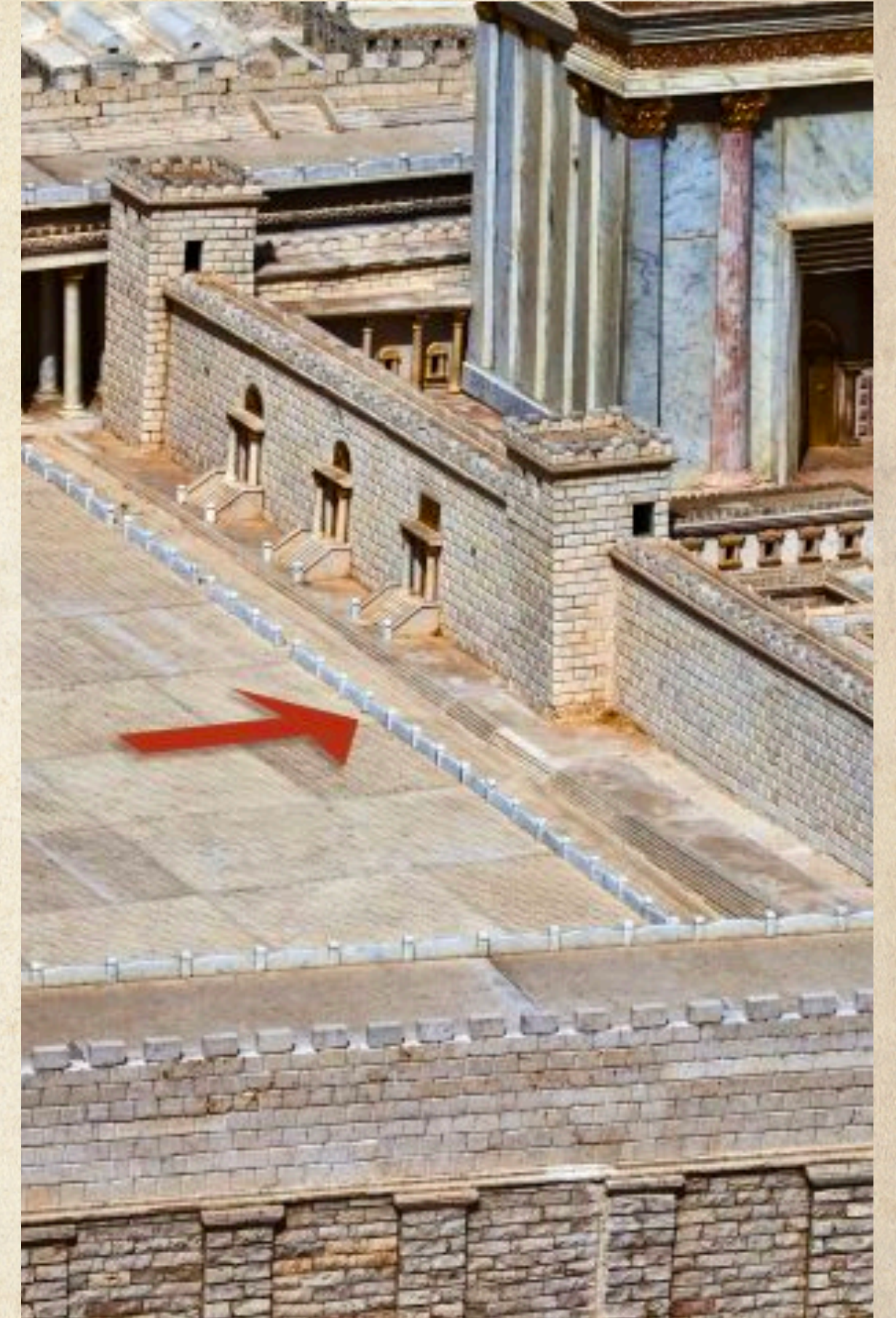
17 And came and preached peace to you which were afar off, and to





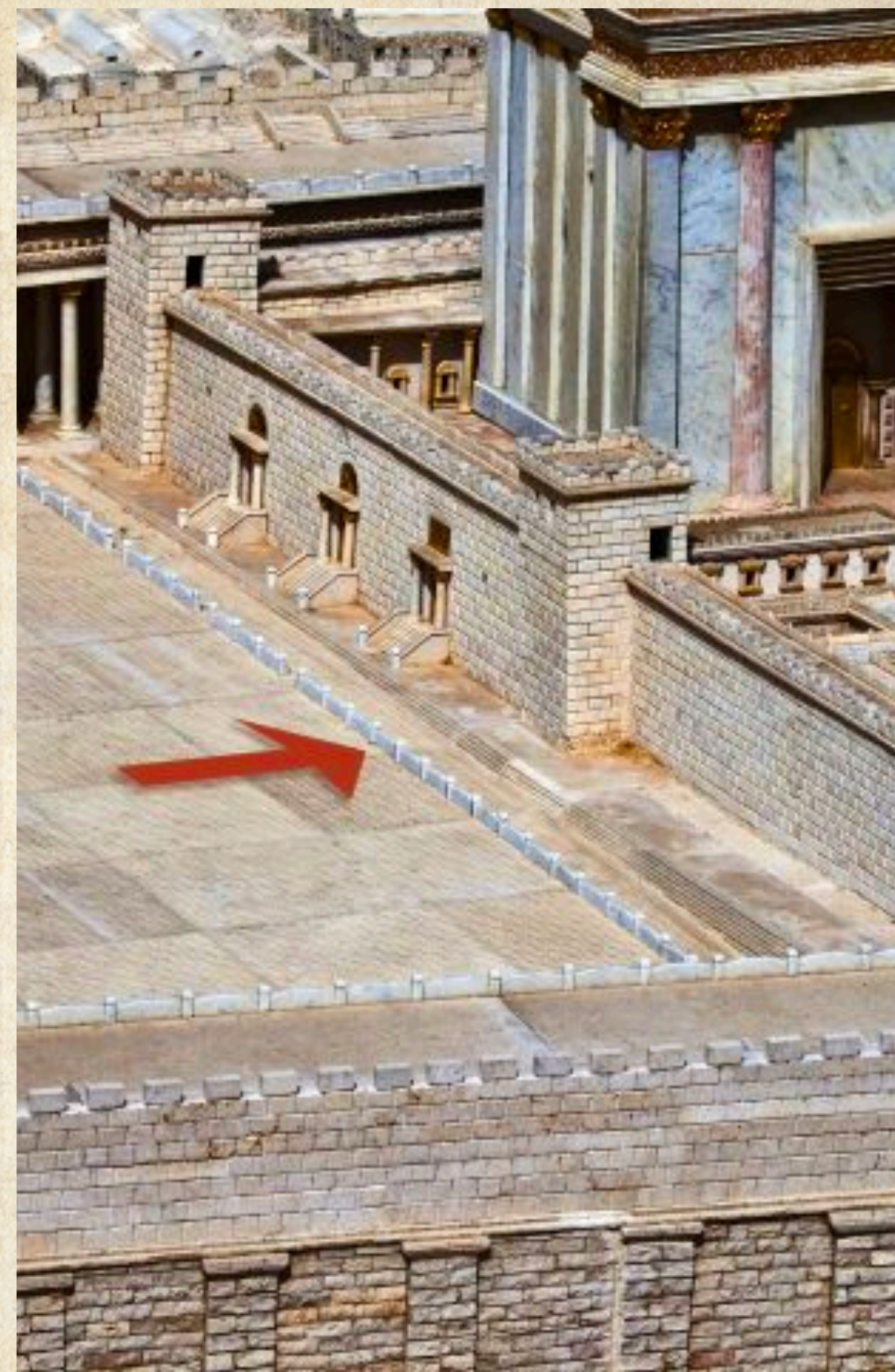
## New Testament Institute Student Manual

**“The temple in Jerusalem contained several courts or areas, and only certain types of people could enter each court. Gentiles were permitted to ascend the temple mount and enter the outer court, called the court of the Gentiles. The inner courts of the temple, however, were shielded from Gentile access by a special partition or wall that stood about one meter high. If a Gentile passed beyond this wall, he could be put to death. Archaeologists have discovered two of the marble blocks that made up this barrier, and they contain inscriptions in Greek and Latin that read: “No foreigner is to pass beyond the barriers surrounding the sanctuary. Whoever is caught doing so will have himself to blame for his death which will follow” (Richard Neitzel Holzapfel, Eric D. Huntsman, Thomas A. Wayment, Jesus Christ and the World of the New Testament [2006], 160).**



## New Testament Seminary Manual

During the time of Paul the Apostle, non-Jewish converts to Christianity (or those who formerly were Gentiles) may have felt like they did not fit in with the rest of the Church and may have felt more like “strangers and foreigners” ( Ephesians 2:19). For example, at the temple in Jerusalem, they would not have been allowed past the “wall of partition” ( Ephesians 2:14) to the more sacred areas of the temple where only Jews, including Jewish Christians, would have been able to go. In addition, Gentiles had previously not been offered the blessings of the gospel until Heavenly Father’s revelation to Peter (see Acts 10).



desires of the flesh and of the mind; and were by <sup>b</sup>nature the children of wrath, even as others.

4 But God, who is rich in <sup>a</sup>mercy, for his great love wherewith he loved us,

5 Even when we were dead in sins, hath <sup>a</sup>quickened us together with Christ, (by grace ye are saved;)

6 And hath raised *us* up together, and made *us* sit together in heavenly *places* in Christ Jesus:

7 That in the ages to come he might shew the exceeding <sup>a</sup>riches of his grace in *his* kindness toward us through Christ Jesus.

8 For by <sup>a</sup>grace are ye <sup>b</sup>saved through <sup>c</sup>faith; and that not of yourselves: *it is* the <sup>d</sup>gift of God:

9 Not of works, lest any man should <sup>a</sup>boast.

10 For we are his <sup>a</sup>workmanship, created in Christ Jesus unto good <sup>b</sup>works, which God hath before ordained that we should <sup>c</sup>walk in them.

11 Wherefore remember, that ye *being* in time past Gentiles in the flesh,

down the middle <sup>a</sup>wall of partition *between us*;

15 Having <sup>a</sup>abolished in his flesh the enmity, *even* the law of commandments *contained* in <sup>b</sup>ordinances; for to make in himself of twain one <sup>c</sup>new man, so making peace;

16 And that he might <sup>a</sup>reconcile both unto God in one body by the cross, having slain the enmity thereby:

17 And came and preached peace to you which were afar off, and to them that were nigh.

18 For through him we both have access by one Spirit unto the Father.

19 Now therefore ye are no more <sup>a</sup>strangers and foreigners, but <sup>b</sup>fellowcitizens with the <sup>c</sup>saints, and of the <sup>d</sup>household of God;

20 And are built upon the foundation of the <sup>a</sup>apostles and <sup>b</sup>prophets, Jesus Christ himself being the chief <sup>c</sup>corner stone;

21 In whom all the building fitly framed together groweth unto an holy temple in the Lord;

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21 In whom all the building fitly framed together groweth unto an holy temple in the Lord:

22 In whom ye also are builded together for an habitation of God through the Spirit.

## Mark 12:10

**10 And have ye not read this scripture; The stone which the builders rejected is become the head of the corner:  
(Quoting Psalm 118:22)**

15a Col. 2:14.

b TG Ordinance.

c TG Man, New,  
Spiritually Reborn.

16a TG Jesus Christ,  
Atonement through.

19a TG Gentiles; Stranger.

TG Faith.

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Ps. 100:3; Isa. 60:21;

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TG Good Works.

TG Walking with God.

## **New Testament Institute Student Manual**

**A cornerstone is a massive stone that is laid at the corner of a foundation to give strength and stability to the entire structure. A cornerstone can also be used to connect two adjoining walls to form a corner [But to align the foundations of the walls the corner stone must be perfectly square. Then one can trust that everything aligned with it will be perfect]. Paul used this imagery to explain that Jesus Christ provides strength and stability to the whole Church and that through Jesus Christ, Jewish and Gentile members of the Church are bound together (see Jacob 4:15–16; Psalm 118:22; Isaiah 28:16). All members become united, “fitly framed together [growing] unto an holy temple in the Lord.” All of this is made possible through the Atonement of Jesus Christ, who is the “chief corner stone” (Ephesians 2:20–21).**



## **Elder Jeffrey R. Holland**

**“The apostolic and prophetic foundation of the Church was to bless in all times, but especially in times of adversity or danger, times when we might feel like children, confused or disoriented, perhaps a little fearful, times in which the devious hand of men or the maliciousness of the devil would attempt to unsettle or mislead. ...”**



## Elder Jeffrey R. Holland

**“In New Testament times, in Book of Mormon times, and in modern times these officers form the foundation stones of the true Church, positioned around and gaining their strength from the chief cornerstone, ‘the rock of our Redeemer, who is [Jesus] Christ, the Son of God’ [Helaman 5:12]. ... Such a foundation in Christ was and is always to be a protection in days ‘when the devil shall send forth his mighty winds, yea, his shafts in the whirlwind, yea, when all his hail and his mighty storm shall beat upon you.’”**

*(“Prophets, Seers, and Revelators,” Oct. 2004, GC, Ensign or Liahona, Nov. 2004, 7).*

A brown paper bag is centered in the image. Overlaid on the bag is the text "Ephesians 3" in a blue, cursive font. The text is written across the front of the bag, with the "E" being significantly larger than the other letters. The bag has a slightly wrinkled texture and a soft shadow on the surface below it.

Ephesians 3



CHAPTER 3

*The Gentiles are fellow heirs with Israel—The love of Christ surpasses all understanding.*

FOR this cause I Paul, the prisoner of Jesus Christ for you Gentiles,

2 If ye have heard of the <sup>a</sup>dispensation of the grace of God which is given me to you-ward:

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2 With all lowliness and meekness, with longsuffering, <sup>a</sup>forbearing one another in love;

Prayer for Spiritual Strength

Unity in the Body of Christ

3 Endeavouring to keep the <sup>a</sup>unity of the Spirit in the bond of peace.

4 *There is one* <sup>a</sup>body, and one Spirit, even as ye are called in one hope of your calling;

5 One Lord, one <sup>a</sup>faith, one <sup>b</sup>baptism,

6 One God and <sup>a</sup>Father of all, who is above all, and through all, and in you all.

7 But unto every one of us is given <sup>a</sup>grace according to the measure of the gift of Christ.

8 Wherefore he saith, When he <sup>a</sup>ascended up on high, he led captivity captive, and gave gifts unto men.

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11 And he <sup>a</sup>gave some, <sup>b</sup>apostles; and some, <sup>c</sup>prophets; and some, <sup>d</sup>evangelists; and some, <sup>e</sup>pastors and <sup>f</sup>teachers;

12 For the <sup>a</sup>perfecting of the saints, for the work of the ministry, for the <sup>b</sup>edifying of the body of Christ:

13 Till we all come in the <sup>a</sup>unity of the faith, and of the <sup>b</sup>knowledge of the Son of God, unto a <sup>c</sup>perfect man, unto the measure of the stature of the fulness of Christ:

14 That we *henceforth* be no more <sup>a</sup>children, tossed to and fro, and

carried about with every wind of <sup>b</sup>doctrine, by the sleight of men, *and* cunning craftiness, whereby they lie in wait to deceive;

15 But speaking the <sup>a</sup>truth in love, may grow up into him in all things, which is the <sup>b</sup>head, *even* Christ:

16 From whom the whole body fitly joined together and compacted by that which every joint supplieth, according to the effectual working in the measure of every part, maketh increase of the body unto the edifying of itself in love.

17 This I say therefore, and testify in the Lord, that ye henceforth walk not as other <sup>a</sup>Gentiles walk, in the <sup>b</sup>vanity of their <sup>c</sup>mind,

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19 Who being <sup>a</sup>past <sup>b</sup>feeling have given themselves over unto lasciviousness, to work all uncleanness with greediness.

20 But ye have not so learned Christ;

21 If so be that ye have heard him, and have been taught by him, as the truth is in Jesus:

22 That ye <sup>a</sup>put off concerning the former conversation the <sup>b</sup>old man, which is corrupt according to the deceitful <sup>c</sup>lusts;

23 And be renewed in the spirit of your mind;

The New Life

The Mystery of the Gospel Revealed

3 2a TG Dispensations. 3a Col. 1:27 (26-27).

9a TG Mysteries of Godliness.

16a TG Treasure. b Col. 1:11.

3a TG Unity. 4a TG Church. 5a 1 Cor. 14:33; Eph. 4:13; D&C 1:30. TG Gospel. b TG Baptism, Essential; Baptism, Immersion. 6a Mal. 2:10; 1 Cor. 8:6. TG God the Father, Elohim.

c TG Prophets, Mission of. d Acts 21:8; 2 Tim. 4:5. TG Patriarch. e TG Bishop. f TG Teacher. 12a TG Priesthood, Magnifying Callings within. b TG Edification. 13a 1 Cor. 1:10; 14:33;

b Heb. 13:9. 15a TG Reproof. b Col. 2:19. TG Jesus Christ, Head of the Church. 17a 1 Thes. 4:5. b TG Vanity. c TG Mind. 18a D&C 10:2. TG Understanding.

## **New Testament Institute Student Manual**

**Paul wrote about “the mystery of Christ” that had been revealed to him (Ephesians 3:4). Here mystery refers to a sacred truth made known by revelation. The mystery Paul wrote about is that both Jews and Gentiles can become heirs of the gospel covenant through Christ. This was a doctrine that “in other ages was not made known unto the sons of men” (see Ephesians 3:3–6). Paul taught that all those who follow Christ take upon themselves His name and become His seed and “heirs of the kingdom of God,” just as the Book of Mormon teaches (Mosiah 15:11; see also Mosiah 27:25; Ephesians 3:15; the commentary for Ephesians 1:9–10; 3:3–6). These teachings are evidence of Paul’s sincerity and humility (see Ephesians 3:8). His prayer for the Ephesian Saints was that Christ would “dwell in [their] hearts by faith” and that they would come to know the love of Christ (Ephesians 3:17).**

*rael—The love of Christ surpasses all understanding.*

FOR this cause I Paul, the prisoner of Jesus Christ for you Gentiles,

2 If ye have heard of the <sup>a</sup>dispensation of the grace of God which is given me to you-ward:

3 How that by revelation he made <sup>a</sup>known unto me the mystery; (as I <sup>b</sup>wrote afore in few words,

4 Whereby, when ye read, ye may understand my knowledge in the <sup>a</sup>mystery of Christ)

5 Which in other ages was not made known unto the sons of men, as it is now <sup>a</sup>revealed unto his holy apostles and <sup>b</sup>prophets by the Spirit;

6 That the <sup>a</sup>Gentiles should be fellowheirs, and of the same body, and partakers of his promise in Christ by the gospel:

7 Whereof I was made a minister, according to the gift of the grace of God given unto me by the effectual

13 Wherefore I desire that ye faint not at my tribulations for you, which is your glory

14 For this cause I bow my knees unto the <sup>a</sup>Father of our Lord Jesus Christ,

15 Of whom the whole <sup>a</sup>family in heaven and earth is named,

16 That he would grant you, according to the <sup>a</sup>riches of his glory, to be <sup>b</sup>strengthened with might by his Spirit in the inner man;

17 That Christ may dwell in your hearts by faith; that ye, being <sup>a</sup>rooted and <sup>b</sup>grounded in love,

18 May be able to comprehend with all saints what is the breadth, and length, and depth, and height;

19 And to know the <sup>a</sup>love of Christ, which passeth knowledge, that ye might be filled with all the fulness of God.

20 Now unto him that is able to do exceeding abundantly above all that we ask or think, according to

A brown paper bag is positioned in the center of the image, serving as a background for the text. The bag is slightly wrinkled and has a natural, textured appearance.

*Ephesians 4*

access with confidence by the faith of him.  
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20 Now unto him that is able to do exceeding abundantly above all that we ask or think, according to the power that worketh in us,

21 Unto him be glory in the church by Christ Jesus throughout all ages, <sup>a</sup>world without end. Amen.

### CHAPTER 4

*There is one Lord, one faith, and one baptism—Apostles and prophets are essential to the Church—The Saints are exhorted to live righteously—They are sealed unto the day of redemption.*

I THEREFORE, the prisoner of the Lord, beseech you that ye walk <sup>a</sup>worthy of the <sup>b</sup>vocation wherewith ye are called,

2 With all lowliness and meekness, with longsuffering, <sup>a</sup>forbearing one another in love;

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Prayer for Spiritual Strength

Unity in the Body of Christ

3 Endeavouring to keep the <sup>a</sup>unity of the Spirit in the bond of peace.

4 *There is one* <sup>a</sup>body, and one Spirit, even as ye are called in one hope of your calling;

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15 But speaking the <sup>a</sup>truth in love, may grow up into him in all things, which is the <sup>b</sup>head, *even* Christ:

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22 That ye <sup>a</sup>put off concerning the former conversation the <sup>b</sup>old man, which is corrupt according to the deceitful <sup>c</sup>lusts;

23 And be renewed in the spirit of your mind;

The New Life

24 And that ye put on the <sup>a</sup>new man, which after God is created in <sup>b</sup>righteousness and true holiness.

25 Wherefore putting away <sup>a</sup>lying, speak every man <sup>b</sup>truth with his neighbour: for we are members one of another.

26 <sup>a</sup>Be ye angry, and sin not: let not the sun go down upon your <sup>b</sup>wrath:

27 Neither give place to the <sup>a</sup>devil.

28 Let him that stole <sup>a</sup>steal no more: but rather let him <sup>b</sup>labour, working with *his* hands the thing which is good, that he may have to <sup>c</sup>give to him that needeth.

29 Let no corrupt <sup>a</sup>communication proceed out of your mouth, but that which is good to the use of edifying, that it may minister grace unto the hearers.

30 And <sup>a</sup>grieve not the holy <sup>b</sup>Spirit of God, whereby ye are <sup>c</sup>sealed unto the day of redemption.

31 Let all bitterness, and wrath, and <sup>a</sup>anger, and clamour, and <sup>b</sup>evil <sup>c</sup>speaking, be put away from you, with all <sup>a</sup>malice:

32 And be ye <sup>a</sup>kind one to another, tenderhearted, <sup>b</sup>forgiving one another, even as God for Christ's sake hath forgiven you.

### CHAPTER 5

*The Saints are exhorted to avoid uncleanness and walk uprightly—Husbands and wives should love each other.*

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<sup>a</sup> TG Mysteries of Godliness.

<sup>16a</sup> TG Treasure.  
<sup>b</sup> Col. 1:11.

<sup>3a</sup> TG Unity.  
<sup>4a</sup> TG Church.  
<sup>5a</sup> 1 Cor. 14:33; Eph. 4:13; D&C 1:30.  
TG Gospel.  
<sup>b</sup> TG Baptism, Essential; Baptism, Immersion.  
<sup>6a</sup> Mal. 2:10; 1 Cor. 8:6.  
TG God the Father, Elohim.

<sup>c</sup> TG Prophets, Mission of.  
<sup>d</sup> Acts 21:8; 2 Tim. 4:5.  
TG Patriarch.  
<sup>e</sup> TG Bishop.  
<sup>f</sup> TG Teacher.  
<sup>12a</sup> TG Priesthood, Magnifying Callings within.  
<sup>b</sup> TG Edification.  
<sup>13a</sup> 1 Cor. 1:10; 14:33;

<sup>b</sup> Heb. 13:9.  
<sup>15a</sup> TG Reproof.  
<sup>b</sup> Col. 2:19.  
TG Jesus Christ, Head of the Church.  
<sup>17a</sup> 1 Thes. 4:5.  
<sup>b</sup> TG Vanity.  
<sup>c</sup> TG Mind.  
<sup>18a</sup> D&C 10:2.  
TG Understanding.

<sup>24a</sup> TG Man, New, Spiritually Reborn; Mission of Early Saints.  
<sup>b</sup> TG Righteousness.  
<sup>25a</sup> TG Lying.  
<sup>b</sup> TG Honesty; Truth.  
<sup>26a</sup> JST Eph. 4:26 *Can ye be angry, and not sin? . . .*  
<sup>b</sup> TG Anger.  
<sup>27a</sup> Mosiah 2:32 (32–33); 3 Ne. 11:29.

<sup>31a</sup> TG Anger.  
<sup>b</sup> TG Backbiting.  
<sup>c</sup> TG Slander.  
<sup>d</sup> TG Malice.  
<sup>32a</sup> TG Benevolence; Courtesy; Family, Love within; Kindness.  
<sup>b</sup> TG Forgive.  
<sup>5 1a</sup> GR imitators.  
1 Cor. 11:1;  
Philip. 3:17 (13–21).

20 Now unto him that is able to do exceeding abundantly above all that we ask or think, according to the power that worketh in us,

21 Unto him *be* glory in the church by Christ Jesus throughout all ages, <sup>a</sup>world without end. Amen.

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<sup>a</sup> TG Mysteries of Godliness.

<sup>b</sup> TG Creation;

16<sup>a</sup> TG Treasure.

<sup>b</sup> Col. 1:11.

TG Strength.

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**The word “one” appears seven times in Ephesians 4:4–6. Oneness and unity are important themes in Ephesians and in Paul’s other writings. Paul constantly preached about unity and prayed for unity among Church members (see Romans 12:5; 1 Corinthians 1:10; 2 Corinthians 13:11). In modern times, the Lord revealed to Joseph Smith that unity is a key law of the celestial kingdom (see D&C 105:3–5). There is only one true Lord, one true faith, one true baptism, and one true Father of all.**

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**Paul listed the offices of evangelist and pastor as part of the organizational structure of the Church (see Ephesians 4:11). An evangelist is “one who bears or proclaims the good news of the gospel of Jesus Christ” (Guide to the Scriptures, “Evangelist”; scriptures.lds.org). In latter-day revelation, patriarchs are described as being “evangelical ministers” (D&C 107:39–41). The Prophet Joseph Smith (1805–44) taught, “An evangelist is a Patriarch. ... Wherever the Church of Christ is established in the earth, there should be a Patriarch for the benefit of the posterity of the Saints, as it was with Jacob in giving his patriarchal blessing unto his sons” (Teachings of Presidents of the Church: Joseph Smith [2007], 140). A pastor is a shepherd or one who leads a flock—a fitting description of modern-day bishops, branch presidents, and stake and district presidents (see 1 Peter 5:2–4).**

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3a TG Unity.

4a TG Church.

c TG Prophets,  
Mission of.

b Heb. 13:9.

15a TG Reproof.

## **New Testament Institute Student Manual**

Paul recognized that a “unity of the faith” cannot be reached without the presiding leadership of living Apostles and others. **President Russell M. Nelson** quoted Paul’s teachings on the unity of the faith and then explained: “The ministry of the Apostles—the First Presidency and the Twelve—is to bring about that unity of the faith and to proclaim our knowledge of the Master. Our ministry is to bless the lives of all who will learn and follow the ‘more excellent way’ of the Lord [1 Corinthians 12:31; Ether 12:11]. And we are to help people prepare for their potential salvation and exaltation” (“Salvation and Exaltation,” Apr 2008 GC, Ensign or Liahona, May 2008, 7–8).

3 Endeavouring to keep the <sup>a</sup>unity of the Spirit in the bond of peace.

4 *There is one* <sup>a</sup>body, and one Spirit, even as ye are called in one hope of your calling;

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in the Lord, that ye henceforth walk not as other <sup>a</sup>Gentiles walk, in the <sup>b</sup>vanity of their <sup>c</sup>mind,

18 Having the <sup>a</sup>understanding darkened, being alienated from the life of God through the <sup>b</sup>ignorance that is in them, because of the <sup>c</sup>blindness of their <sup>d</sup>heart:

19 Who being <sup>a</sup>past <sup>b</sup>feeling have given themselves over unto lasciviousness, to work all uncleanness with greediness.

20 But ye have not so learned Christ;

21 If so be that ye have heard him, and have been taught by him, as the truth is in Jesus:

22 That ye <sup>a</sup>put off concerning the former conversation the <sup>b</sup>old man, which is corrupt according to the deceitful <sup>c</sup>lusts;

23 And be renewed in the spirit of your mind;

<sup>b</sup> Heb. 13:9.

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## **New Testament Institute Student Manual**

**Paul's counsel to "put off concerning the former conversation the old man" and to "put on the new man" (Ephesians 4:22, 24) used the imagery of setting aside old clothing and clothing oneself in righteousness. Paul devoted much of the rest of Ephesians to describing the Saints' "former conversation," meaning the unrighteous practices the Saints should abandon, and defining the higher, more saintly manner of living they should adopt.**

24 And that ye put on the <sup>a</sup>new man, which after God is created in ~~brighteousness and true holiness.~~

25 Wherefore putting away <sup>a</sup>lying, speak every man <sup>b</sup>truth with his neighbour: for we are members one of another.

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5 For this ye know, that no <sup>a</sup>whoremonger, nor <sup>b</sup>unclean person, nor covetous man, who is an idolater, hath any <sup>c</sup>inheritance in the kingdom of Christ and of God.

6 Let no man <sup>a</sup>deceive you with vain words: for because of these things cometh the <sup>b</sup>wrath of God upon the children of <sup>c</sup>disobedience.

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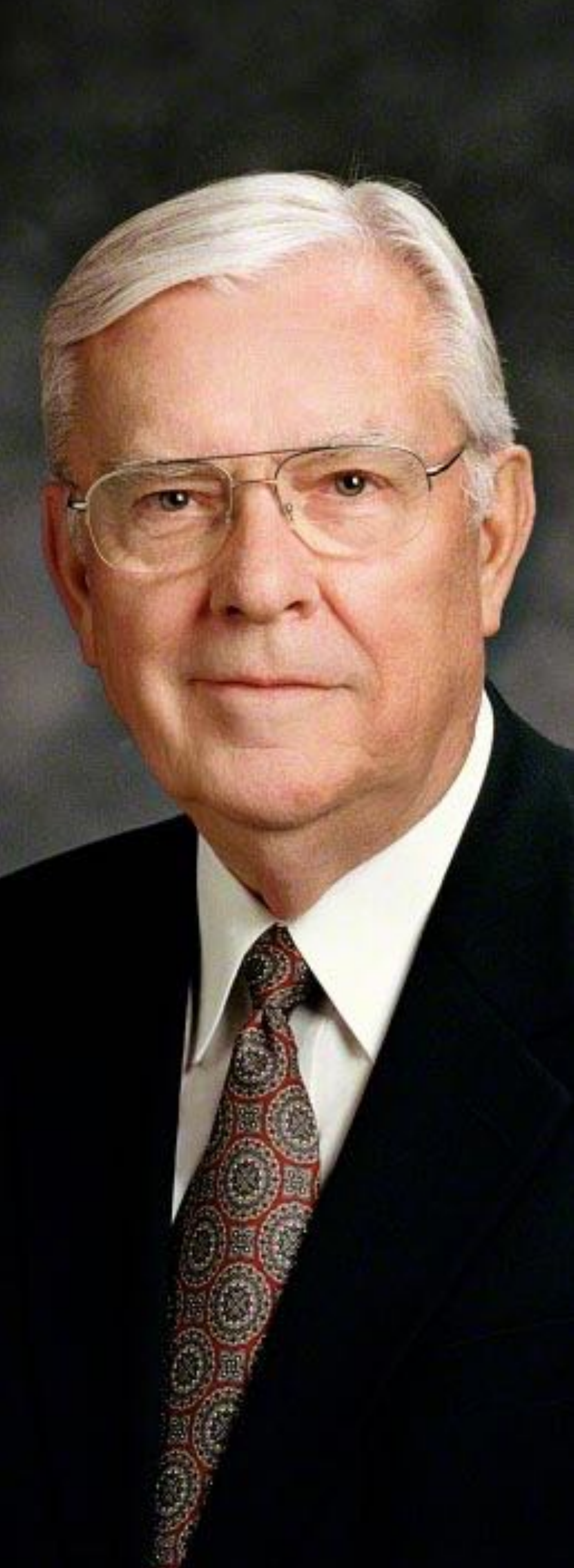
**The Joseph Smith Translation of Ephesians 4:26 changes the confusing instruction “Be ye angry, and sin not” to the question “Can ye be angry, and not sin?” (in Ephesians 4:26, footnote a). This change brings this verse into harmony with Paul’s other teachings about anger, such as his counsel to “let all bitterness, and wrath, and anger ... be put away from you” (Ephesians 4:31).**

**When Paul wrote, “Let not the sun go down upon your wrath” (Ephesians 4:26), he was teaching the Saints that they should not retire for the evening until they had overcome their angry thoughts. The Savior similarly taught about anger, as recorded in Matthew 5:22 and 3 Nephi 12:22.**

## Elder Lynn G. Robbins

**“A cunning part of [Satan’s] strategy is to dissociate anger from agency, making us believe that we are victims of an emotion that we cannot control. We hear, ‘I lost my temper.’ Losing one’s temper is an interesting choice of words that has become a widely used idiom. To ‘lose something’ implies ‘not meaning to,’ ‘accidental,’ ‘involuntary,’ ‘not responsible’—careless perhaps but ‘not responsible.’**

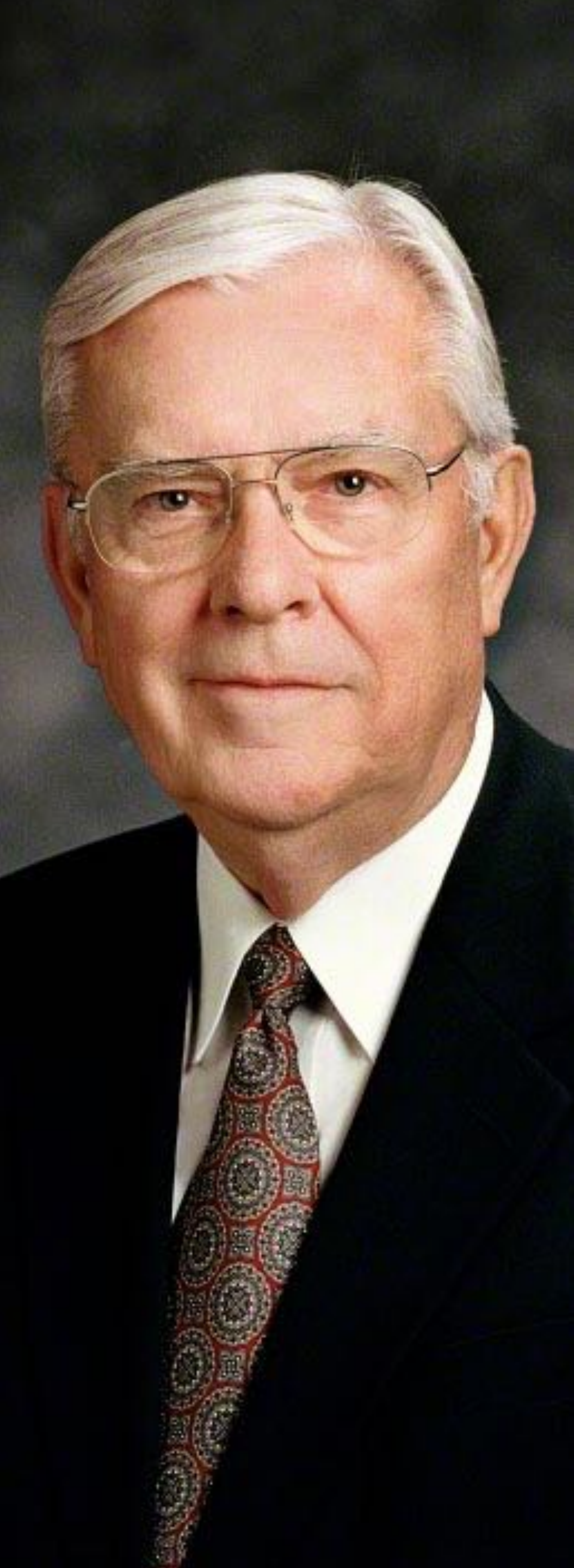
**“‘He made me mad.’ This is another phrase we hear, also implying lack of control or agency. This is a myth that must be debunked. No one makes us mad. Others don’t make us angry. There is no force involved. Becoming angry is a conscious choice, a decision; therefore, we can make the choice not to become angry. We choose!”** (*“Agency and Anger,” Apr. 1998 GC, Ensign, May 1998, 80*).



## **Elder M. Russell Ballard**

**“Oftentimes we are like the young merchant from Boston, who in 1849, as the story goes, was caught up in the fervor of the California gold rush. He sold all of his possessions to seek his fortune in the California rivers, which he was told were filled with gold nuggets so big that one could hardly carry them.**

**Day after endless day, the young man dipped his pan into the river and came up empty. His only reward was a growing pile of rocks. Discouraged and broke, he was ready to quit until one day an old, experienced prospector said to him, “That’s quite a pile of rocks you are getting there, my boy.”**

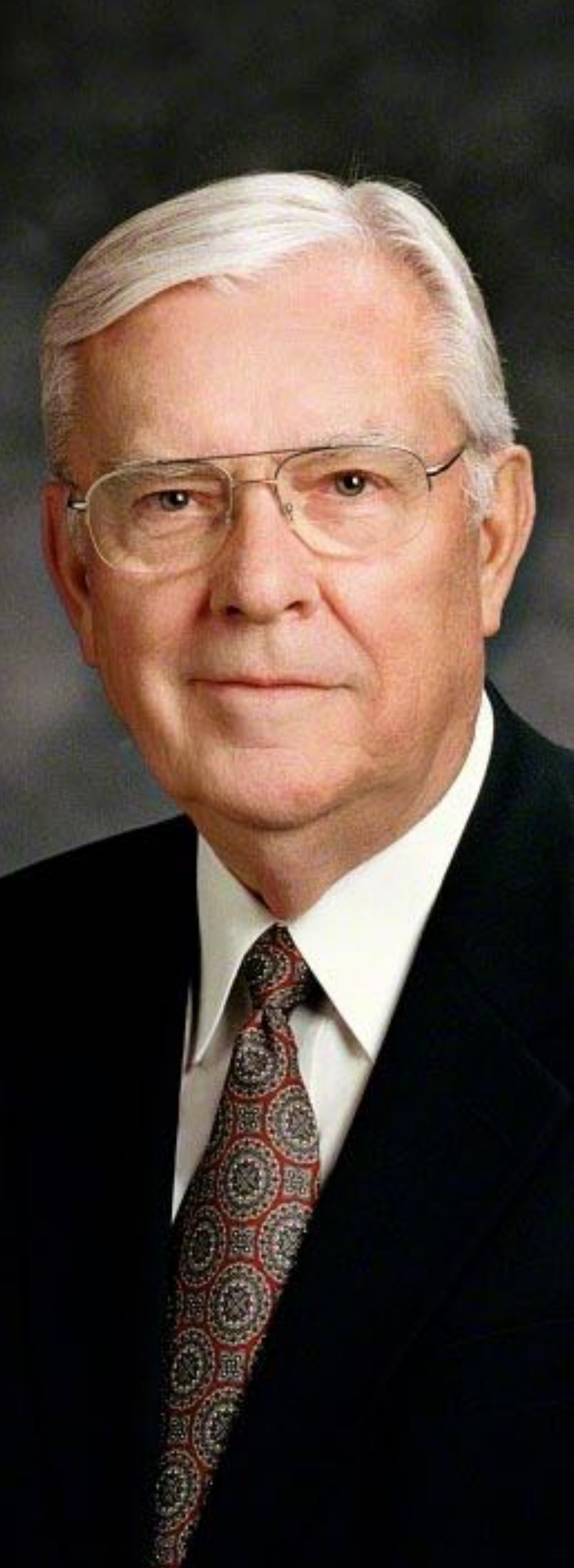


## **Elder M. Russell Ballard**

**The young man replied, “There’s no gold here. I’m going back home.”**

**Walking over to the pile of rocks, the old prospector said, “Oh, there is gold all right. You just have to know where to find it.” He picked two rocks up in his hands and crashed them together. One of the rocks split open, revealing several flecks of gold sparkling in the sunlight.**

**Noticing a bulging leather pouch fastened to the prospector’s waist, the young man said, “I’m looking for nuggets like the ones in your pouch, not just tiny flecks.”**



## **Elder M. Russell Ballard**

**The old prospector extended his pouch toward the young man, who looked inside, expecting to see several large nuggets. He was stunned to see that the pouch was filled with thousands of flecks of gold.**

**The old prospector said, "Son, it seems to me you are so busy looking for large nuggets that you're missing filling your pouch with these precious flecks of gold. The patient accumulation of these little flecks has brought me great wealth."**

*(M. Russell Ballard, "Finding Joy through Loving Service," Apr 2011 GC, Ensign or Liahona, May 2011, 46)*

Ephesians 5

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24 Therefore as the church is subject unto Christ, so *let* the wives *be* to their own husbands in every thing.

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18 And be not <sup>a</sup>drunk with wine, wherein is <sup>b</sup>excess; but be filled with the Spirit;

19 Speaking to yourselves in psalms and <sup>a</sup>hymns and spiritual songs, singing and making <sup>b</sup>melody in your heart to the Lord;

20 Giving <sup>a</sup>thanks always for all things unto God and the Father in the name of our Lord Jesus Christ;

21 <sup>a</sup>Submitting yourselves one to another in the fear of God.

22 <sup>a</sup>Wives, <sup>b</sup>submit yourselves unto your own husbands, as unto the Lord.

23 For the <sup>a</sup>husband is the head of the wife, even as Christ is the <sup>b</sup>head of the <sup>c</sup>church: and he is the saviour of the body.

24 Therefore as the church is subject unto Christ, so *let* the wives *be* to their own husbands in every thing.

30 For we are <sup>a</sup>members of his body, of his flesh, and of his bones.

31 For this cause shall a man leave his father and mother, and shall be joined unto his wife, and they two shall be <sup>a</sup>one flesh.

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14 Wherefore he saith, Awake thou that sleepest, and arise from the dead, and Christ shall give thee <sup>a</sup>light.

15 See then that ye walk circumspectly, not as fools, but as wise,

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27 That he might present it to himself a glorious church, not having spot, or wrinkle, or any such thing; but that it should be holy and without blemish.

28 So ought men to love their wives as their own bodies. He that loveth his <sup>a</sup>wife loveth himself.

29 For no man ever yet <sup>a</sup>hated his own <sup>b</sup>flesh; but nourisheth and cherisheth it, even as the Lord the church:

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## **New Testament Institute Student Manual**

**Paul taught that all members of the Church should submit themselves to one another, or in other words, place others ahead of themselves (see Ephesians 5:21). He then explained how the principle of submitting oneself applied in family and household relationships, starting with wives and husbands. For wives, this means submitting themselves to their husbands as they would to the Lord; for husbands, this means loving their wives as Christ loved the Church and gave Himself for it (see Ephesians 5:22, 25). If couples are truly united, then any sacrifice made on behalf of one's spouse inevitably brings blessings to oneself; thus, "he that loveth his wife loveth himself" (Ephesians 5:28).**



## President Gordon B. Hinckley

**“Happiness in marriage is not so much a matter of romance as it is an anxious concern for the comfort and well-being of one’s companion. Any man who will make his wife’s comfort his first concern will stay in love with her throughout their lives and through the eternity yet to come’ (Anchorage, Alaska, regional conference, 18 June 1995).”**

*(“Speaking Today: Excerpts from Recent Addresses of President Gordon B. Hinckley,” Ensign, Apr. 1996, 72).*

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A brown paper bag is positioned in the center of the image, serving as a background for the text. The bag is slightly wrinkled and has a natural, textured appearance.

*Ephesians 6*

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## Wives and Husbands

## Children and Parents

## Bondservants and Masters

## The Whole Armor of God

4 And, ye <sup>a</sup>fathers, <sup>b</sup>provoke not your <sup>c</sup>children to wrath: but bring them up in the nurture and admonition of the Lord.

5 <sup>a</sup>Servants, be obedient to them that are *your* <sup>b</sup>masters according to the flesh, with fear and trembling, in singleness of your heart, as unto Christ;

6 Not with eyeservice, as men-pleasers; but as the <sup>a</sup>servants of Christ, doing the <sup>b</sup>will of God from the heart;

7 With good will doing <sup>a</sup>service, as to the Lord, and not to men:

8 Knowing that whatsoever good thing any man doeth, the same shall he <sup>a</sup>receive of the Lord, whether *he* be bond or free.

9 And, ye <sup>a</sup>masters, do the same things unto them, forbearing threatening: knowing that your <sup>b</sup>Master also is in heaven; neither is there <sup>c</sup>respect of persons with him.

10 Finally, my brethren, be <sup>a</sup>strong in the Lord, and in the power of his might.

11 Put on the whole <sup>a</sup>armour of God, that ye may be able to stand against the wiles of the devil.

12 For we <sup>a</sup>wrestle not <sup>b</sup>against <sup>c</sup>flesh and blood, but against principalities, against powers, against the <sup>a</sup>rulers of the <sup>c</sup>darkness of this world, against spiritual <sup>f</sup>wickedness in high *places*.

13 Wherefore take unto you the whole armour of God, that ye may be able to withstand in the evil day, and having done all, to stand.

14 Stand therefore, having your

loins <sup>a</sup>girt about with <sup>b</sup>truth, and having on the <sup>c</sup>breastplate of <sup>d</sup>righteousness;

15 And your feet shod with the preparation of the gospel of <sup>a</sup>peace;

16 Above all, taking the shield of <sup>a</sup>faith, wherewith ye shall be able to quench all the fiery <sup>b</sup>darts of the wicked.

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18 <sup>a</sup>Praying always with all prayer and supplication in the Spirit, and watching thereunto with all <sup>b</sup>perseverance and supplication for all saints;

19 And for me, that utterance may be given unto me, that I may open my mouth boldly, to make known the <sup>a</sup>mystery of the gospel,

20 For which I am an ambassador in bonds: that therein I may speak <sup>a</sup>boldly, as I ought to speak.

21 But that ye also may know my affairs, *and* how I do, <sup>a</sup>Tychicus, a beloved brother and faithful minister in the Lord, shall make known to you all things:

22 Whom I have sent unto you for the same purpose, that ye might know our affairs, and *that* he might comfort your hearts.

23 Peace *be* to the brethren, and love with faith, from God the Father and the Lord Jesus Christ.

24 Grace *be* with all them that love our Lord Jesus Christ in <sup>a</sup>sincerity. Amen.

¶ Written from Rome unto the Ephesians by Tychicus.

12a TG Shame.

14a TG Jesus Christ, Light of the World;  
Light [noun].

17a TG Wisdom.

18a TG Drunkenness.

TG Submissiveness.

23a TG Marriage, Husbands.  
b TG Jesus Christ, Head of the Church.

c TG Church.

25a TG Family Patriarchal

30a 1 Cor. 6:15.

31a TG Marriage, Celestial;  
Unity.

32a TG Mysteries of  
Godliness.

33a TG Marriage Wives

4a TG Family, Love within;  
Family, Patriarchal;  
Marriage, Fatherhood.

b TG Provoking.

c TG Family, Children,  
Responsibilities toward.

5a Titus 2:9.

10a TG Strength.

11a Ps. 91:4;  
Rom. 13:12;  
2 Cor. 10:4 (3–6);  
1 Thes. 5:8;  
D&C 27:15 (15–18).

TG Chastity; Protection.

14a Isa. 11:5.

b TG Truth.

c Isa. 59:17; 61:10.

d TG Righteousness.

15a TG Peace of God.

16a TG Faith.

b 1 Ne. 15:24;

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10 Finally, my brethren, be <sup>a</sup>strong in the Lord, and in the power of

loins <sup>a</sup>girded with the belt of truth, having on the breastplate of righteousness.

15 And as your feet are shod with the preparation of the gospel of peace,

16 Above all, taking the shield of <sup>a</sup>faith, wherewith ye shall be able to quench all the fiery darts of the wicked.

17 And take the helmet of salvation, and the sword of the Spirit, which is the word of God:

18 <sup>a</sup>Praying always with an heart circumspicuous, watching, and being sober, with the hope of salvation, which is in God.

19 And let us not sleep, as others will, but let us watch and be sober.

20 For ye are not in the bonds of sin, but ye have put on the armor of God, that ye may be able to stand against the wiles of the devil.

21 But ye have not yet put on the breastplate of righteousness, neither have ye put on the helmet of salvation, nor have ye put on the shoes of the gospel of peace.

22 And ye have not taken up the shield of faith, wherewith ye shall be able to quench all the fiery darts of the wicked.

TG Submissiveness.  
<sup>a</sup> TG Marriage, Husbands.  
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31 <sup>a</sup> TG Marriage, Celestial; Unity.  
32 <sup>a</sup> TG Mysteries of Godliness.  
33 <sup>a</sup> TG Marriage, Wives.  
<sup>b</sup> TG Courtesy; Respect

## **New Testament Institute Student Manual**

**As part of his counsel on family relationships, Paul reiterated the commandment that children should honor their parents (see Ephesians 6:1–3). In For the Strength of Youth, Church leaders identified some ways children can do this: “Honor your parents by showing love and respect for them. Obey them as they lead you in righteousness. Willingly help in your home. Participate in wholesome family activities and traditions. Join your family in family prayer, family scripture study, and family home evenings. Keeping these commandments strengthens and unifies families” (For the Strength of Youth [booklet, 2011], 14–15).**

## NT Institute Manual

In New Testament times, slavery was a very common institution throughout the Roman Empire. Undoubtedly many Church members were either servants or had servants as part of their households. People became slaves by being captured in war, being sold to pay debts, or being kidnapped. Paul's counsel about how servants should act (see Ephesians 6:5–8) does not imply that he approved of the institution of slavery, but it teaches members of the Church living in a culture with servants and masters how those relationships should be guided by the gospel of Jesus Christ.

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## President Ezra Taft Benson

**“Satan is waging war against the members of the Church who have testimonies and are trying to keep the commandments.”**

*(“The Power of the Word,” Apr 1986 GC, Ensign, May 1986, 79.)*

things unto them, forbearing threatening: knowing that your <sup>b</sup>Master also is in heaven; neither is there <sup>c</sup>respect of persons with him.

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4a TG Family, Love within;  
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As he taught his readers how to defend themselves against spiritual wickedness, Paul drew upon the image of a soldier wearing armor (see also Romans 13:12; 2 Corinthians 10:3–7; 1 Thessalonians 5:8). Paul listed the parts of a soldier's gear in the order a soldier would put them on or take them in hand. Symbolically this showed how the gospel protects a person's overall spiritual soundness, including one's thoughts, intellect, feelings, and moral purity.





## President Harold B. Lee

**“We have the four parts of the body that the Apostle Paul said or saw to be the most vulnerable to the powers of darkness. The loins, typifying virtue, chastity. The heart typifying our conduct. Our feet, our goals or objectives in life and finally our head, our thoughts”**

*(Feet Shod with the Preparation of the Gospel of Peace, Brigham Young University Speeches of the Year [Nov. 9, 1954], 2).*



## President M. Russell Ballard

**“I like to think of this spiritual armor not as a solid piece of metal molded to fit the body but more like chain mail. Chain mail consists of dozens of tiny pieces of steel fastened together to allow the user greater flexibility without losing protection. I say that because it has been my experience that there is not one great and grand thing we can do to arm ourselves spiritually. True spiritual power lies in numerous smaller acts woven together in a fabric of spiritual fortification that protects and shields from all evil.”**

*(“Be Strong in the Lord,” Ensign, July 2004, 8).*



**Elder N. Eldon Tanner**  
("Put on the Whole Armor  
of God," Apr. 1979 GC)





**Elder N. Eldon Tanner**  
("Put on the Whole Armor  
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## **Elder Robert C. Oaks**

**“The weapons of eternal worth reflecting the whole armor of God are truth, righteousness, faith, prayer, and the word of God (see Eph. 6:13–18). These weapons are wielded in our minds, mouths, and movements. Every righteous thought, word, and deed is a victory for the Lord. ...**

**“The stakes are extremely high. The prizes are the very souls of the sons and daughters of God, their eternal salvation. And these souls will be won or lost on the basis of virtue and cleanliness, on the basis of charity and service, and on the basis of faith and hope” (“Who’s on the Lord’s Side? Who?” Apr 2005 GC, Ensign or Liahona, May 2005, 49–50).**

## **Questions to ask as you study the Armor of God:**

- **What spiritual concept did Paul relate to this piece of armor?**
- **What could the body part being protected by the armor represent spiritually?**
- **How do we put on this piece of the Lord's armor to receive His protection against evil?**

## Seeing Christ in the Armor of God

- **“loins girt about with truth”** (see Isaiah 11:5 ; John 14:6)
- **“breastplate of righteousness”** (see Isaiah 59:17 ; Philippians 3:9)
- **“feet shod with the preparation of the gospel of peace”** (see Isaiah 9:6 ; Matthew 5:9)
- **“shield of faith”** (see Moroni 7:33; Genesis 15:1)
- **“helmet of salvation”** (see Psalm 27:1 ; 1 Thessalonians 5:8 ; Mosiah 3:17 ; Doctrine and Covenants 93:8 ; Hebrews 5:9)
- **“sword of the Spirit, which is the word of God”** (see Doctrine and Covenants 6:2 ; 1 Nephi 15:23–24 ; Helaman 3:29–30)



## **President Boyd K. Packer**

**“The shield of faith is to be made and fitted in the family. No two can be exactly alike. Each must be handcrafted to individual specifications.**

**“The plan designed by the Father contemplates that man and woman, husband and wife, working together, fit each child individually with a shield of faith made to buckle on so firmly that it can neither be pulled off nor penetrated by those fiery darts.**





## President Boyd K. Packer

**“It takes the steady strength of a father to hammer out the metal of it and the tender hands of a mother to polish and fit it on. Sometimes one parent is left to do it alone. It is difficult, but it can be done.**

**“In the Church we can teach about the materials from which a shield of faith is made: reverence, courage, chastity, repentance, forgiveness, compassion. In church we can learn how to assemble and fit them together. But the actual making of and fitting on of the shield of faith belongs in the family circle.”**

*(“The Shield of Faith,” Apr 1995 GC, Ensign, May 1995, 8).*

12 For it is a <sup>a</sup>shame even to speak of those things which are done of them in secret.

13 But all things that are reprov'd are made manifest by the light: for whatsoever doth make manifest is light.

14 Wherefore he saith, Awake thou that sleepest, and arise from the dead, and Christ shall give thee <sup>a</sup>light.

15 See then that ye walk circumspectly, not as fools, but as wise,

16 Redeeming the time, because the days are evil.

17 Wherefore be ye not <sup>a</sup>unwise, but understanding what the will of the Lord *is*.

18 And be not <sup>a</sup>drunk with wine, wherein is <sup>b</sup>excess; but be filled with the Spirit;

19 Speaking to yourselves in psalms and <sup>a</sup>hymns and spiritual songs, singing and making <sup>b</sup>melody in your heart to the Lord;

20 Giving <sup>a</sup>thanks always for all things unto God and the Father in the name of our Lord Jesus Christ;

21 <sup>a</sup>Submitting yourselves one to another in the fear of God.

22 <sup>a</sup>Wives, <sup>b</sup>submit yourselves unto your own husbands, as unto the Lord.

23 For the <sup>a</sup>husband is the head of the wife, even as Christ is the <sup>b</sup>head of the <sup>c</sup>church: and he is the saviour of the body.

24 Therefore as the church is subject unto Christ, so *let* the wives *be* to their own husbands in every thing.

25 <sup>a</sup>Husbands, <sup>b</sup>love your <sup>c</sup>wives, even as Christ also loved the church, and gave himself for it;

26 That he might <sup>a</sup>sanctify and <sup>b</sup>cleanse it with the washing of water by the word,

27 That he might present it to himself a glorious church, not having spot, or wrinkle, or any such thing; but that it should be holy and without blemish.

28 So ought men to love their wives as their own bodies. He that loveth his <sup>a</sup>wife loveth himself.

29 For no man ever yet <sup>a</sup>hated his own <sup>b</sup>flesh; but nourisheth and cherisheth it, even as the Lord the church:

30 For we are <sup>a</sup>members of his body, of his flesh, and of his bones.

31 For this cause shall a man leave his father and mother, and shall be joined unto his wife, and they two shall be <sup>a</sup>one flesh.

32 This is a great <sup>a</sup>mystery: but I speak concerning Christ and the church.

33 Nevertheless let every one of you in particular so love his wife even as himself; and the <sup>a</sup>wife *see* that she <sup>b</sup>reverence *her* husband.

## CHAPTER 6

*Children should honor their parents—  
Servants and masters are judged by the same law—  
Saints should put on the whole armor of God.*

<sup>a</sup>CHILDREN, <sup>b</sup>obey your parents in the Lord: for this is right.

2 <sup>a</sup>Honour thy father and mother; (which is the first commandment with promise;)

3 That it may be well with thee, and thou mayest live long on the earth.

## Wives and Husbands

## Children and Parents

## Bondservants and Masters

## The Whole Armor of God

4 And, ye <sup>a</sup>fathers, <sup>b</sup>provoke not your <sup>c</sup>children to wrath: but bring them up in the nurture and admonition of the Lord.

5 <sup>a</sup>Servants, be obedient to them that are *your* <sup>b</sup>masters according to the flesh, with fear and trembling, in singleness of your heart, as unto Christ;

6 Not with eyeservice, as men-pleasers; but as the <sup>a</sup>servants of Christ, doing the <sup>b</sup>will of God from the heart;

7 With good will doing <sup>a</sup>service, as to the Lord, and not to men:

8 Knowing that whatsoever good thing any man doeth, the same shall he <sup>a</sup>receive of the Lord, whether *he* be bond or free.

9 And, ye <sup>a</sup>masters, do the same things unto them, forbearing threatening: knowing that your <sup>b</sup>Master also is in heaven; neither is there <sup>c</sup>respect of persons with him.

10 Finally, my brethren, be <sup>a</sup>strong in the Lord, and in the power of his might.

11 Put on the whole <sup>a</sup>armour of God, that ye may be able to stand against the wiles of the devil.

12 For we <sup>a</sup>wrestle not <sup>b</sup>against <sup>c</sup>flesh and blood, but against principalities, against powers, against the <sup>a</sup>rulers of the <sup>c</sup>darkness of this world, against spiritual <sup>f</sup>wickedness in high *places*.

13 Wherefore take unto you the whole armour of God, that ye may be able to withstand in the evil day, and having done all, to stand.

14 Stand therefore, having your

loins <sup>a</sup>girt about with <sup>b</sup>truth, and having on the <sup>c</sup>breastplate of <sup>d</sup>righteousness;

15 And your feet shod with the preparation of the gospel of <sup>a</sup>peace;

16 Above all, taking the shield of <sup>a</sup>faith, wherewith ye shall be able to quench all the fiery <sup>b</sup>darts of the wicked.

17 And take the helmet of <sup>a</sup>salvation, and the sword of the Spirit, which is the word of God:

18 <sup>a</sup>Praying always with all prayer and supplication in the Spirit, and watching thereunto with all <sup>b</sup>perseverance and supplication for all saints;

19 And for me, that utterance may be given unto me, that I may open my mouth boldly, to make known the <sup>a</sup>mystery of the gospel,

20 For which I am an ambassador in bonds: that therein I may speak <sup>a</sup>boldly, as I ought to speak.

21 But that ye also may know my affairs, *and* how I do, <sup>a</sup>Tychicus, a beloved brother and faithful minister in the Lord, shall make known to you all things:

22 Whom I have sent unto you for the same purpose, that ye might know our affairs, and *that* he might comfort your hearts.

23 Peace *be* to the brethren, and love with faith, from God the Father and the Lord Jesus Christ.

24 Grace *be* with all them that love our Lord Jesus Christ in <sup>a</sup>sincerity. Amen.

¶ Written from Rome unto the Ephesians by Tychicus.

## Final Greetings

12a TG Shame.

14a TG Jesus Christ, Light of the World; Light [noun].

17a TG Wisdom.

18a TG Drunkenness.

TG Submissiveness.

23a TG Marriage, Husbands.  
b TG Jesus Christ, Head of the Church.

c TG Church.

25a TG Family, Patriarchal

30a 1 Cor. 6:15.

31a TG Marriage, Celestial; Unity.

32a TG Mysteries of Godliness.

33a TG Marriage, Wives

4a TG Family, Love within; Family, Patriarchal; Marriage, Fatherhood.

b TG Provoking.

c TG Family, Children, Responsibilities toward.

5a Titus 2:9.

10a TG Strength.

11a Ps. 91:4;  
Rom. 13:12;  
2 Cor. 10:4 (3–6);  
1 Thes. 5:8;  
D&C 27:15 (15–18).

TG Chastity; Protection.

14a Isa. 11:5.

b TG Truth.

c Isa. 59:17; 61:10.

d TG Righteousness.

15a TG Peace of God.

16a TG Faith.

b 1 Ne. 15:24;